Evaluation of environmental health projects - a practical guide.

Unknown

Follow this and additional works at: https://digitalrepository.unm.edu/nhd

Recommended Citation
A Mental Health Resource Guide for Native Americans in Albuquerque

July 1995
# TABLE OF CONTENTS

## I. Treatment Services

- Alcohol and Drug Abuse
  - Counseling ........................................... 1
  - Twelve Step/Other Support Groups .................. 5
  - Inpatient Treatment ................................ 6
- Case Management ...................................... 8
- Children and Youth ................................... 11
- Consumer Support and Advocacy Groups ............. 15
- Crisis Services and Hot Lines ........................ 16
- Developmental Disabilities ............................ 17
- Domestic Violence ..................................... 19
- HIV/AIDS Counseling ................................ 19
- Mental Health Counseling and Therapy .............. 21
  - In-patient ........................................... 21
  - Out-patient ......................................... 22
- Psychosocial Rehabilitation .......................... 23
- Support Groups ....................................... 25

## II. Related Services

- Cultural/Recreational .................................. 25
- Education and Training ................................ 27
  - HIV/AIDS Education & Training ..................... 32
- Elderly .................................................. 33
- Employment ............................................ 35
- Financial Assistance .................................. 37
- Food, Clothing, and Furniture ....................... 40
- Housing/Shelter ....................................... 43
  - Day Shelters ........................................ 43
  - Children & Youth .................................... 44
  - Day Care ............................................ 45
  - General .............................................. 47
  - Developmentally Disabled ............................ 48
  - AIDS .................................................. 49
- Legal ..................................................... 49
- Medical/Health ........................................ 50
  - Dental ................................................ 52
  - Hospitals ............................................ 53
- Social Services ........................................ 55
- Transportation ....................................... 58
- Veterans .............................................. 59

## III. Native American Programs .......................... 60
A MENTAL HEALTH RESOURCE GUIDE FOR
NATIVE AMERICANS LIVING IN ALBUQUERQUE

About the guide

This guide was prepared by the Albuquerque Area Indian Health Board, Inc. under a grant from the Division of Mental Health, New Mexico Department of Health. Both the format and the contents are designed to be accessible and relevant to the Native American consumers of the services listed, who gave valuable input. The listings do not represent all the resources in the city of Albuquerque. We hope the readers of this guide will find an array of services to meet their needs. We welcome updates and additions from the community to keep this guide as accurate and inclusive as possible.

Using the guide

Listings are alphabetical within each section, and are cross-referenced if they appear in more than one section. They are marked by a pound sign (#). Native American programs are in bold print and marked by a star sign (*).
1. TREATMENT SERVICES

ALCOHOL AND SUBSTANCE ABUSE

COUNSELING SERVICES

#*Albuquerque Indian Center
7717 Zuni SE
Albuquerque, NM 87108
268-4418
Hours: Mon-Fri, 8-5 p.m.
Services: Alcohol counseling, women's support groups, co-dependency groups, youth outreach and prevention program, daily Twelve-step meetings afternoons and evenings
No fee
(See EMPLOYMENT, FINANCIAL ASSISTANCE, HOUSING, SUPPORT GROUPS)

#*All Indian Pueblo Council - "Two Worlds" Program (AIPC)
3939 San Pedro NE - Suite D
Albuquerque, NM 87190
884-3820
Hours: Mon-Fri 8-5 p.m., closed noon - 1 p.m.
Services: Individual and group counseling, health promotion, alcohol education, men and women's support groups, positive parenting, AA meetings.
No Fee
(See CASE MANAGEMENT, CHILDREN AND YOUTH, EDUCATION AND TRAINING, SUPPORT GROUPS)

CASAA Program
#UNM Mental Health Center
2350 Alamo SE
Albuquerque, NM 87106
768-0130
Hours: Mon - Fri, 6 a.m. - 7 p.m.
(information continued on next page)
Services: Out-patient alcohol and drug abuse programs for adolescents and young adults up to age 21 including assessment, detox monitoring, individual and family counseling, referral and follow-up services, specialized programs for women
Fees: Sliding scale, regulated fee $10-requires proof of income (See CASE MANAGEMENT, CHILDREN AND YOUTH, MENTAL HEALTH)

Counseling and Psychotherapy Institute
803 Tijeras NW
Albuquerque, NM 87102
243-2223
Hours: Mon - Fri, 9-5 p.m.
Services: Alcohol and drug education, assessment and counseling, intensive outpatient program, and program for co-dependents, men's and women's groups
Fees: Initial visit free, sliding scale

#Health Care for the Homeless
600 Coal SW
Albuquerque, NM
247-3361
Hours: Mon-Fri, 8-5 p.m.
Services: Substance abuse counseling for homeless men and women, live-in program for men only
No Fee
(See CASE MANAGEMENT, HIV AIDS, MEDICAL/HEALTH)

#*Indian Health Service
PHS Indian Hospital - Social Services Unit
801 Vassar Drive, NE (near Lomas)
Albuquerque, NM 87106
256-4000/4012
Hours: Mon - Fri, 8-5 p.m.
Services: Assessment, counseling, relapse prevention, in-patient referrals, aftercare counseling, AA meetings, Al-Anon, Ala-Teen meetings
No fee
(See MENTAL HEALTH TREATMENT, SOCIAL SERVICES)
Program
Department of Pediatrics
Camino de Salud
Socorro, NM 87131-5311

Home-based Substance Abuse Assessment and
TWELVE-STEP SUPPORT GROUPS

Alcoholics Anonymous
1923 Alvarado NE Suite 1
Albuquerque, NM 87110
266-1900

Adult Children of Alcoholics (ACOA)
256-8300

Al Anon and Al A Teen
262-2177

Narcotics Anonymous
260-7195

OTHER SUPPORT GROUPS

*All Indian Pueblo Council, Inc. - "Two Worlds" Program
3939 San Pedro NE
Albuquerque, NM 87190
884-3820
Hours: Mon - Fri 8-5 p.m., closed 12 noon - 1 p.m.
Services: Women's group Mon 5-6pm, Men's group every other Tuesday 5-6pm, positive parenting 2nd and 4th Wednesday
(See CASE MANAGEMENT, CHILDREN AND YOUTH, EDUCATION AND TRAINING)
High Teens
P.O. Box 37435
Albuquerque, NM 87176
265-6417  Call for meeting times
Services: Support for parents of youth using alcohol and drugs

Albuquerque Indian Center, Inc.
7717 Zuni SE
Albuquerque, NM 87108
268-4418
Hours: Mon - Fri  8-5 p.m.
Services: Positive Parenting Networking
(See ALCOHOL AND DRUGS, EMPLOYMENT, FINANCIAL ASSISTANCE)

INPATIENT TREATMENT

Charter/Heights Hospital
SouthEast Campus
5901 Zuni SE
Albuquerque, NM
265-8800 or 1-800- 874-2476
Hours: 24
Services: Adult addictive disease services, from assessment to aftercare, acute inpatient and intensive outpatient programs, medical detoxification, partial hospitalization

Northeast Campus
103 Hospital Loop
883-8777 or 1-800-688-6555
Services: Substance abuse treatment for adolescents, aftercare support groups and counseling, family participation
Fees: No fee for assessment and referral, Medicare and Medicaid (under age 21) accepted
(See MENTAL HEALTH TREATMENT)
#Hogares, Inc.
1218 Griegos Rd. NW
Albuquerque, NM 87107
345-8471
Hours: 24 (Call between 8 and 6 for intakes)
Services: Residential treatment for adolescent substance abusers, ages 13-18, continuum of services including on site educational program, family counseling, supervised living for chronic abusers
Fees: Accepts Medicaid, will help clients to get enrolled
(See CHILDREN & YOUTH, MENTAL HEALTH TREATMENT-INPATIENT)

#*Indian Health Service
PHS Indian Hospital
801 Vassar Dr. NE (at Lomas)
Albuquerque, NM 87103
256-4000
Hours: 24
Service: Medical detoxification for severe withdrawal symptoms, such as seizures, admission on a case to case basis, referrals to other hospitals
No fees, CIB required within 30 days

#Memorial Hospital
806 Central Ave. SE (at I-25)
Albuquerque, NM
247-0220
Services: Programs for adolescents 11-18 and adults, continuum of care from assessment and detoxification to aftercare, and relapse prevention, partial program for adolescents and adults, Challenge program for adolescents teaches life skills, provides education for grades 6-12, group and family therapy
Fees: Medicaid and other insurance accepted

*New Sunrise Regional Treatment Center
(operated through IHS Albuquerque Area office)
P.O. Box 219
San Fidel, NM 87049
552-6669
(information continued on next page)
Services: Alcohol Detox and treatment for chemical dependency. Culturally relevant multi-disciplinary services for Native American youth 12-19 and their families. Referrals may be made by any health care or substance abuse provider. No fee.

*Turquoise Lodge*
6000 Isleta Blvd., SW
Albuquerque, NM 87105
841-8978
Services: Medical detox, short term rehab for alcoholism and substance abuse, intensive relapse prevention and aftercare. Fees: Sliding scale, insurance accepted.

#Victory Outreach
South Men's Home
905 Atrisco SW
Albuquerque, NM
842-5394
Services: One year rehabilitation program, participation in fund-raising activities required. No fee, interview for admission.

Special Services Home for Women with Addictions
244-0854
Call for information, location is confidential.
Services: Six to nine month program for women who have been abused, sexually assaulted. No Fee.

**CASE MANAGEMENT**

#*All Indian Pueblo Council*
HICA (Helping Indian Children in Albuquerque) Program
3939 San Pueblo NE
Albuquerque, NM 87190
884-3820
(information continued on next page)
Hours: Mon - Fri 8-12 noon & 1-5 p.m.
Services: Comprehensive services, for children and youth 0-21 with suspected or diagnosed disability or chronic illness, parent advocacy, service coordination and family support
Nofee CIB required
(See ALCOHOL AND SUBSTANCE ABUSE, HIV/AIDS)

*Case Management Collaborative (Native American Caseworker)
4401 Silver SE, Suite B
Albuquerque, NM 87108
255-8446
Hours: Mon - Fri 9-5, p.m.
Services: Service coordination for youth and children ages 0-2 at risk for serious emotional disorders, neurobiological disorders or substance abuse issues. Will help family develop care plans, identify resources, work with school personnel and help families obtain Medicaid, if eligible
No fee

Children's Medical Services
NM Department of Health
7704 Second St., N.W.
Albuquerque, NM 87107
841-8211
Hours: Mon-Fri, 8-5 p.m.
Services: Case Management for medically fragile children

#Health Care for the Homeless
600 Coal Ave
Albuquerque
247-3361
Hours: Mon - Fri, 8-5 p.m.
Services: Mental health case management
No fee
(See ALCOHOL AND SUBSTANCE ABUSE)
**Indian Health Service**  
**PHS Indian Hospital**  
801 Vassar Dr., N.E.  
Albuquerque, NM  
256-4000  
Services: Case Management for seriously mentally ill

**R.O.H.C. (Recreation, Health and Occupation Center)**  
617 Truman NE  
Albuquerque NM 87110  
262-1601  
(information continued on the next page)  
Hours: Mon - Fri, 8-5 p.m.  
Services: Comprehensive case management for severely psychiatrically disabled adults  
No fee  
(See CULTURAL/RECREATIONAL)

**Share Your Care, Inc.**  
5301 Ponderosa NE  
3801 Rio Rancho Blvd  
Albuquerque, NM 87110  
Rio Rancho, NM 87124  
881-8982  
897-9025  
Hours: Mon - Fri, 8-5 p.m.  
Services: Case management for disabled clients  
Fees: Sliding scale  
(See DEVELOPMENTALLY DISABLED, HOUSING - ADULT DAYCARE)

**University Of New Mexico**  
Mental Health Center  
Continuing Care Clinic  
843-2853  
Hours: Mon - Fri, 8-5 p.m.  
Services: Case management services for clients in treatment  
(See Children and Adolescents, Mental Health Treatment)  
Fees, sliding scale  
(See ALCOHOL AND DRUGS, MENTAL HEALTH-OUTPATIENT)

**Urban Indian Health and Human Services, Inc.**  
4100 Silver SE  
Albuquerque, NM 87108  
(information continued on next page)
262-2481
Hours: Mon - Fri 8-5 p.m. closed 12 noon - 1 p.m.
Services: Working with children and families to coordinate services, making referrals for other services
No Fee
(See ALCOHOL AND DRUGS, CHILDREN AND YOUTH, MENTAL HEALTH TREATMENT, MEDICAL)

#Youth Development, Inc. (YDI)
1710 Centro Familiar Blvd. SW
Albuquerque, NM 87105
873-1604
(information continued on the next page)
Hours: Mon - Fri 8-5 p.m.
Services: Case management for clients in therapy
No Fee
(See CHILDREN AND ADOLESCENTS) No fee

CHILDREN AND YOUTH

*Albuquerque Area Indian Health Board, Inc.
301 Gold Ave SW
Albuquerque, NM 87102
764-0036
Hours: Mon - Fri, 8-5 p.m.
Services: Early intervention program for children 0-12 and family members, individual and family therapy, school based counseling and consultation
No fee
(See HIV/AIDS, MEDICAL, SOCIAL SERVICES)

Albuquerque Family and Child Guidance Center
117 Montclaire SE
Albuquerque, NM 87108
266-8774
Hours: 8-5 p.m.
Services: Individual counseling and therapy for children
Fees
#All Faiths Receiving Center
3409 Avenida Aventura NW
Albuquerque, NM 87107
345-8938
Hours: 24 hours 7 days a week
Services: Residential treatment for children 6-12, group and family therapy, support groups for parents, sexual abuse treatment program, children’s safehouse for investigating sexual abuse, treatment foster care
(See HOUSING/SHELTER - TEMPORARY)
No fee

#All Indian Pueblo Council, Inc.
3939 San Pedro NE
Albuquerque Nm 87190-3256
884-3820
Hours: Mon - Fri, 8-5 p.m. Closed 12 noon - 1 p.m.
Services: Service coordination for children with special needs
(See ALCOHOL AND DRUGS, CASE MANAGEMENT, EDUCATION AND TRAINING, SUPPORT GROUPS)

#Alta Mira Specialized Family Services, Inc.
800 Rio Grande NW Suite 19
Albuquerque, NM 87194-7040
842-9948
Hours: Mon - Fri, 8-4:30 p.m.
Services: Family services for children 0-3 and their families, at risk or developmentally delayed, home-based services available, short term respite care for children with developmental disabilities
Fees: Sliding scale, Medicare, Medicaid accepted
(See DEVELOPMENTAL DISABILITIES)

#City of Albuquerque
Department of Community Centers
Child Development Office
2200 University SE
Albuquerque NM 87160
768-6080
Hours: Mon - Fri, 8-5 p.m.
(information continued on next page)
Services: Programs for low income children and families, family advocated, home visits, emergency assistance, needs assessment and child development activities
(See FOOD, HOUSING/SHELTER - DAY CARE)

# Desert Hills Center for Youth and Families
5309 Sequoia NW
Albuquerque, NM
836-7330
Hours: 24 hours
Services: Day programs, group home settings and in-patient mental health treatment programs for youth 11-18 assessment, including individual counseling, art therapy, group and family therapy, home based behavior management training, anger management groups,
Fees: Accepts Medicaid, Champus
(See MENTAL HEALTH)

# Hogares
1218 Griegos Rd. NW
Albuquerque, NM 87197
345-8471
Hours: Mon & Wed 8:30-6 p.m., Tues & Thurs 8:30-6:45 p.m., Fri 8:30-5:30 p.m.
Services: Residential treatment for children and adolescents, victims of abuse and neglect, abusing drugs and alcohol, emotionally disordered, family oriented treatment services, out-patient family counseling for troubled adolescents, therapeutic foster care for adolescents, day treatment for adolescent with emotional problems
(See ALCOHOL AND DRUGS, MENTAL HEALTH IN-PATIENT)

# New Mexico Department of Children, Youth and Families (CYFD)
Teen Parent Services
500 San Mateo NE Suite 500
841-2973
Hours: Mon - Fri, 8-5 p.m.
Services: Counseling, parenting skills, child development and child care, to help teen mothers stay in school
No Fee
(See SOCIAL SERVICES)
Peanut Butter and Jelly Therapeutic Preschool
1101 Lopez, SW
Albuquerque NM 87105
877-7060
Hours: Mon-Fri, 9-11:30 a.m. & 12:30-3 p.m.
Services: Early intervention for children, birth 5 at risk for emotional
disturbance and developmental deviations, parent training,
counseling for parents, prison outreach program for parents and
children of inmates in Grants and Los Lunas correctional facilities
No fees

UNM Programs for Children
2600 Marble NE
Albuquerque, NM 87131
843-2190
Hours: Mon-Fri, 8-4 p.m.
Services: Therapy for children and youth up to age 18
Fees: Sliding scale, Medicaid, insurance accepted
(See ALCOHOL AND DRUGS, CASE MANAGEMENT, CRISIS
INTERVENTION)

*Urban Indian Health and Human Services, Inc.
4100 Silver SE
Albuquerque, NM 87108
Hours: Mon - Fri 8-5 p.m. closed 12 noon 1 p.m.
Services: Psychodiagnostic evaluation, counseling and therapy,
case management, school consultation
No Fee
(See ALCOHOL AND DRUG ABUSE, CASE MANAGEMENT,
MEDICAL/HEALTH, MENTAL HEALTH)

Youth Development, Inc.
6301 Central (Main office)
Albuquerque, NM 87105
873-6038
Hours: Mon - Fri, 8-4:30 p.m.
(information continued on next page)
Services: Over 30 programs for children, youth and families throughout the city, including prevention and intervention for youth violence, drug use, gang involvement; counseling for individuals and families, recreation activities, music, drama, art, sports, residential treatment, job training
No fee
(See EDUCATION AND TRAINING)

CONSUMER SUPPORT AND ADVOCACY GROUPS

Alliance for the Mentally Ill
1720 Louisiana Blvd. NE
Albuquerque, NM
(information continued on the next page)
254 - 0643
Hours: Mon - Fri, 9-4:30 p.m.
Services: Native American family advocacy project

New Mexico Advocates for Children and Families
P.O. Box 26666
Albuquerque, NM 87125
841-1710
Hours: Mon - Fri, 8-5 p.m.
Services: Advocacy for prevention programs for children and youth, child care resource and toy center

#*National Indian Council on Aging, Inc.
City Centre Suite 510 W
64 Uptown Blvd. NE
Albuquerque, NM 87110
888-3302
Hours: 8-5 p.m.
Services: Advocacy on a federal level to gain better policies for elderly Native Americans and Native Alaskans
(See ELDERLY, EMPLOYMENT)
Parents for Behaviorally Different Children
1720 Louisiana Blvd. NE
Albuquerque, NM 87110
273-7237
Hours: Mon-Fri, 9-5 p.m.
Services: Self-help advocacy and training for parents with behaviorally different children

PRO (Parents Reaching Out)
1127 University Blvd. NE
Albuquerque, NM 87102
865-3700
Hours: Mon - Fri, 8-5 p.m.
Services: Support for families with disabled member, assistance in making informed decisions, workshops for parents on managing systems and advocating for their children

Protection and Advocacy System, Inc.
1720 Louisiana NE, Suite 204
Albuquerque, NM 87110
256-3100
Hours: Mon - Fri, 8:30-5 p.m.
Services: Advocacy for people with HIV/AIDS disabilities, client assistance project and mental health advocacy

CRISIS INTERVENTION

Agora - UNM Crisis Center
Student Union Bldg.(SUB), Room 20B
277-3010

Crisis Line, Suicide Crisis Line: 265-7557
National Suicide Hotline - 1-800-333-4444

Presbyterian Kaseman Hospital
8300 Constitution NE
291-2555
Services: In-patient adult crisis stabilization, including detox
In extreme emergencies, report to Kaseman emergency room
#UNM Mental Health Center:
Emergency/Suicide Crisis
2400 Marble NE
843-2800
Hours: 7 day a week, 24 hour walk-in crisis office for emergencies, suicide prevention phone service
Fees

Rape Crisis Center
1025 Hermosa SE
266-7711
Hours: 7 days, 24 hours
Services: 24 hour counseling for victims of sexual assault and abuse and family members, referrals for medical and legal help
No fee
(See CHILDREN AND YOUTH, MENTAL HEALTH TREATMENT)

Other emergency /Hotline Numbers:
APD (Police) 911
Child Abuse/Neglect - 841-7960
Domestic Violence - 841-6430
Parenting Crisis - 344-7727

DEVELOPMENTAL DISABILITIES

#Adelante Development Center
4906-A Jefferson NE
Albuquerque, NM 87109
883-1102
Hours: Mon - Fri, 8:15-4:30 p.m.
Services: Vocational training/employment program for adults, supported employment and non-vocational placements in community settings, social skills training
(See PSYCHOSOCIAL REHABILITATION)

#Alta Mira Specialized Family Services, Inc.
88 Rio Grande NW
Albuquerque, NM 87194-7040&2
842-9948
Hours: Mon - Fri, 8-4:30 p.m.
Services: Education, family counseling, physical, occupational, speech, home based services - for children birth through 3 at risk or developmentally delayed 
Fees: Sliding scale, Medicaid and Medicare accepted
(See CHILDREN AND YOUTH)

#Division of Vocational Rehabilitation(DVR) - NM Dept of Education
11811 Menaul NE 841-4560
300 San Mateo NE 841-6450
3311 Candelaria Center, NE 841-8800
2929 Coors NW 841-8752
Hours: Mon - Fri, 8-5 p.m.
Services: Vocational rehabilitation for mentally or physically disabled people, medical diagnostic services, vocational and academic training, guidance and counseling  (No fee)

#Dungarvin New Mexico
P.O. Box 8919
Albuquerque, NM 87198-8919
266-4013
Hours: Mon - Fri, 8:30-5 p.m.
Services: Housing and program services for developmentally disabled people
Fees: Accepts DD waiver
(See HOUSING/SHELTER - DEVELOPMENTALLY DISABLED)

#Share Your Care, Inc.
5301 Ponderosa NE 3801 Rio Ranch Blvd.
Albuquerque, NM 87110 Rio Rancho, NM
897-9025 881-8982
Hours: Mon-Fri, 8-5 p.m.
Services: Therapeutic activities in day care setting, case management, caregivers support group, life skills
Fee: Sliding scale
(See CASE MANAGEMENT, HOUSING/SHELTER - ADULT DAYCARE, PSYCHOSOCIAL REHABILITATION)
DOMESTIC VIOLENCE

Albuquerque Police Department
DART Domestic Response Team
768-2110

Women's Community Association
Domestic Violence Family Program
P.O. Box 225363
Albuquerque, NM 87125
247-8066
Hours: Crisis: 7 days, 24 hours
Groups: Mon-Saturday
Services: Domestic violence counseling abusers and partners of abusers, groups for juvenile abusers (See HOUSING/SHELTER TEMPORARY)

HIV/AIDS

Albuquerque Area Indian Health Board, Inc.
301 Gold Ave. SE
Albuquerque, NM 87102
764-0036
Hours: Mon - Fri, 8-5 p.m.
Services: Pre and post HIV diagnosis counseling, advocacy, emotional support, referrals, technical assistance, training, education (See CHILDREN AND YOUTH, MEDICAL, MENTAL HEALTH, SOCIAL SERVICES)
No fee

Bernalillo County Health Department
1111 Stanford Dr. NE
Albuquerque, NM 87106
841-4780
Hours: Mon-Thurs, 8-11 a.m. & 1-4 p.m.
Services: Counseling for STD and HIV diagnosis; partner notification
Health Care for the Homeless
P.O. Box 25141
Albuquerque NM 87125-5141
247-3361
Hours: Mon - Fri, 8-5 p.m.
Services: AIDS education and outreach
(See ALCOHOLISM AND SUBSTANCE ABUSE, MEDICAL/HEALTH)
No fees

New Mexico AIDS Services
4200 Silver SE, Suite D
Albuquerque, NM 87108
266-0911
Hours: Mon - Fri, 9-5 p.m.
Services: Pre and post HIV diagnosis counseling, referral services for diagnosed individuals
No fees

New Mexico Association of People Living with AIDS
Aids Center
111 Montclaire SE
Albuquerque, NM 87108
266-0342 or 1-800-658-6717
Hours: Mon, 9-5 p.m.
Services: Art therapy, children's art therapy, meditation group, guided imagery, hypnosis for stress relief, pain management
No fees

First Nations Community Health Source
UIHHS, Inc.
4100 Silver S.E.
Albuquerque, NM 87108
262-2481
Hours: Mon-Fri, 8-5 p.m. closed 12 noon - 1 p.m.
Services: Counseling for women of child bearing
(See ALCOHOL AND DRUGS, CASE MANAGEMENT, MENTAL HEALTH TREATMENT-OUTPATIENT, MEDICAL)
MENTAL HEALTH TREATMENT

IN-PATIENT

#Charter/Heights Hospital
5901 Zuni SE
Albuquerque, NM
265-8800
Services: Psychiatric treatment services, children through geriatrics,
Fees: Medicaid accepted for youth under 21, insurance accepted
(See ALCOHOL AND DRUGS)

#Hogares, Inc.
12 Griegos NW
Albuquerque, NM 87107
345-8471
Hours: Intakes 8am - 6pm
Services: Treatment services for emotionally troubled children 13 - 17,
outpatient and day treatment programs, on-site school
Fees: Accepts only Medicaid - will help with enrollment

Memorial Hospital
806 Central Avenue S.E.
Albuquerque, NM
247-0220
Services: Full continuum of psychiatric care for adolescents and adults

Presbyterian Kaseman Hospital
8300 Constitution NE
Albuquerque, NM
291-2555
Services: In-patient unit for children and youth, ages 4-17
treatment of adult psychiatric disorders and substance abuse
Fees: Medicaid accepted
UNM Medical Center
Children's Psychiatric Hospital
1001 Yale Blvd. NE
Albuquerque, NM
843-2996
Services: In-patient treatment for emotionally troubled adolescents
Fees

OUT-PATIENT

**Albuquerque Area Indian Health Board, Inc.**
301 Gold Ave. SW
Albuquerque, NW 87102
764-0036
Hours: Mon - Fri, 8-5 p.m.
Services: Early Intervention program for children 2-12, individual and family counseling, school consultation and technical assistance (See CHILDREN AND YOUTH, HIV/AIDS, MEDICAL, SOCIAL SERVICES)
No fees

Family Nurturing Center
4517 Fourth NW
Albuquerque, NM 87107
343-1989
Hours: Mon - Fri, 9-5 p.m.
Services: Family therapy, parenting and family life skills
Fees: Sliding scale

**Indian Health Service**
**PHS Indian Hospital**
801 Vassar Dr. NE
Albuquerque, NM
256-4083
Hours: Mon - Fri, 8-4 p.m.
Services: Evaluation and assessment, counseling and therapy (See ALCOHOL AND DRUG ABUSE, CASE MANAGEMENT, SOCIAL SERVICES)
No fees, CHIP required
#Rio Rancho Counseling Services
(Presbyterian Medical Services)
1424 Deborah Road, Suite 101
Rio Rancho NM 87124
896-0928
Hours: Mon - Fri, 8-5 p.m.
Services: Evaluation, assessment, individual and group counseling and therapy, case management, crisis intervention, psychosocial rehabilitation
Fees (SEE ALCOHOL AND DRUGS, PSYCHOSOCIAL REHABILITATION)

#UNM Mental Health Center, Inc.
2600 Marble NE
Albuquerque, NM 87106
843-2800
Hours Mon-Fri, 8-5 p.m.
Services: Assessment, treatment planning, counseling and therapy for all ages, case management, psychosocial rehabilitation
(See CASE MANAGEMENT, CHILDREN AND ADOLESCENTS, PSYCHOSOCIAL REHABILITATION)

#*First Nations Community Health Source
4100 Silver SE
Albuquerque, NM 87108
262-2481
Hours: Mon - Fri, 8-5 p.m. closed 12 noon - 1 p.m.
Services: Full range of psychological services including assessment and treatment, couples counseling, family therapy
No fees
(See ALCOHOL AND DRUGS, CASE MANAGEMENT, CHILDREN AND YOUTH, MEDICAL)

PSYCHOSOCIAL REHABILITATION

Training for people in social skills, coping strategies, problem solving, relationship skills and other activities of daily living, group and individual sessions depending on the needs of the person for severely mentally disabled, as part of mental health treatment.
#Adelante Development Center
4906 A Jefferson NE
Albuquerque, NM 87109
883-1102
Hours: Mon - Fri, 8-5 p.m.
(See EMPLOYMENT)

#Recreation, Health and Occupational Center, Inc.
617 Truman NE
Albuquerque, NM 87110
262-1601
Mon - Fri, 8:15-4:30 p.m.
(See DEVELOPMENTAL DISABILITIES, EMPLOYMENT)

#Rio Rancho Counseling Services
Presbyterian Medical Services
1424 Deborah Road Suite 101
Albuquerque, NM 87124
896-0928
Hours: 8-5 p.m.
(See ALCOHOL AND DRUGS, MENTAL HEALTH TREATMENT)

#St. Martin's Hospitality Center, Inc.
1200 Fourth St. NW
Albuquerque, NM 87125
764-8231
Hours: Mon - Fri, 8-2 p.m., Sun 7:30-10 a.m.
No fees
(See HOUSING/SHELTER)

#Share Your Care, Inc.
5301 Ponderosa NE 3801 Rio Rancho Blvd.
Albuquerque, NM 87176 Rio Rancho, NM 87124
881-8982 897-9025
Mon - Fri, 8-5 p.m.
(See CASE MANAGEMENT, DEVELOPMENTAL DISABILITIES,
HOUSING - ADULT DAYCARE)
# University of New Mexico
Mental Health Center
Psychosocial Rehabilitation Program
2600 Marble NE (West of Vassar)
Albuquerque, NM 87108
843-2964

Hours: Mon-Fri, 9-3 p.m., Wed, 9-1 p.m.
Fees, Medicaid accepted

Skills development classes in a milieu setting - adjustment to daily living skills, social skills, community support for employment
(SEE ALCOHOL AND DRUG ABUSE, CHILDREN AND YOUTH, MENTAL HEALTH TREATMENT)

**SUPPORT GROUPS**

<table>
<thead>
<tr>
<th>Group</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anger Control Group</td>
<td>345-7020</td>
</tr>
<tr>
<td>Coping with Trauma</td>
<td>884-9411</td>
</tr>
<tr>
<td>Couples in Healing (Sexual Abuse)</td>
<td>243-2335</td>
</tr>
<tr>
<td>Couples Support Group</td>
<td>275-1442</td>
</tr>
<tr>
<td>Depression Support Group</td>
<td>884-9411</td>
</tr>
<tr>
<td>Diabetes Support Group</td>
<td>292-4681</td>
</tr>
<tr>
<td>Divorce/Separation Support Group</td>
<td>247-9521</td>
</tr>
<tr>
<td>Grief and Bereavement Support Group</td>
<td>296-5118</td>
</tr>
<tr>
<td>High Teens Parent Support Group</td>
<td>265-6417</td>
</tr>
<tr>
<td>Incest Survivors Anonymous</td>
<td>294-3621</td>
</tr>
<tr>
<td>Manic-Depressive Association</td>
<td>857-3778</td>
</tr>
<tr>
<td>Parents Anonymous</td>
<td>266-3506</td>
</tr>
</tbody>
</table>

**II. RELATED SERVICES**

**CULTURAL/RECREATIONAL**

#*Albuquerque Indian Center
7717 Zuni SE
Albuquerque, NM 87108

(information continued on next page)
268-4418  
Hours: Mon - Fri, 8-12 noon, 1-5 p.m.  
Services: Recreational activities for youth, social activities, cultural awareness program, Native language classes  
(See ALCOHOL AND DRUGS) 

#City of Albuquerque  
Department of Community Services  
Community Centers - Call for locations  
768-3490  
Hours: Mon - Fri, 8-5 p.m.  
Services: Latchkey programs, recreational activities 

Community Recreation Office  
767-6585  
Hours: Mon - Fri, 8-5  
Services: Before and after school recreation Programs at various elementary schools  
Call for nearest location  
No fees 

Therapeutic Recreation Programs  
330 Roma NE  
Albuquerque, NM 87102  
764-1525  
Hours: Mon-Fri, 8-5 p.m.  
Summer program Mon - Fri, 9-2:30 p.m.  
Services: Seasonal programs with special activities for children with and without disabilities at six city locations  
Fees: Free except $10 for summer program  
(See CHILDREN AND YOUTH, FOOD, HOUSING/SHELTER - DAYCARE) 

*Indian Pueblo Cultural Center  
2401 Twelfth St. NW  
Albuquerque, NM 87104  
843-7270  
Hours: 7 days a week, closed on major holidays  
Services: Traditional dance performances, special events, meetings and symposiums, Native American food  
Fee: Donation
# R.H.O.C. (Recreation, Health and Occupation Center)
617 Truman NE
Albuquerque, NM 87110
262-1601
Hours: Mon - Fri, 8:15 - 4:30 p.m.
Services: Social and recreational activities for adult clients with mental illness
No fees
(See CASE MANAGEMENT)

EDUCATION AND TRAINING

Albuquerque Public Schools

New Futures School
5400 Cutler NE
Albuquerque, NM 87110
883-5680
Services: Alternative high school for pregnant teens and teen parents, regular education and special needs classes, personal and life skills counseling, day care for children, health counseling, health services for mothers and infants

School-On-Wheels
129 Hartline SW
247-0489
Services: Work study program for dropouts ages 16-18, evening school, job corps

Special Education:
842-3741
Hours: 8-4:30 p.m.
Services for children with mental, emotional, learning disabilities, and gifted children. Evaluation required for special programs
APS Indian Education Department  
Montgomery Complex  
3315 Louisiana NE  
Albuquerque, NM 87110  
880-3995  
Hours: Mon-Fri, 8-4:30 p.m.  
Services: Programs provide school supplies from 8/15 - 9/15 (no other reimbursement), in-school and after school tutoring (until 8 pm), professional development resource and curriculum teachers for Native American students in APS

Albuquerque T-VI  
525 Buena Vista SE (Main Campus)  
Albuquerque, NM 87106  
224-3000  
(information continued on next page)  
Hours: Admissions office: Mon-Thurs, 8-4:30 p.m./Administration: Mon-Fri, 8-5 p.m.  
Services: A.A. degree, certificate programs in business, health, technology and trade occupation, GED preparation and testing, adult education, skills workshops  
Fee: Registration $20, Tuition fees $26.50 per credit hour, prep classes are free, Lab fees vary from $5 to $20

#*American Indian Graduate Center  
4520 Montgomery Blvd. NE  
Albuquerque, NM 87109  
881-4584  
Hours: Mon - Fri, 8-4 p.m.  
Graduate Fellowships for full-time students in Master's, doctoral and law programs. Application deadline is May 1st  
(See FINANCIAL ASSISTANCE)

*American Indian Student Services  
University of New Mexico campus  
277-6343  
Hours: Mon - Fri, 8-5 p.m.  
Services: Educational support services for UNM students
**American Indian Law Center**  
University of New Mexico Law School Bldg.  
277-5462  
Hours: Mon - Fri, 8-4:30 p.m.  
Services: Two month Summer Institute for Pre-Law students entering Law School in the fall, living stipend included, application required

#Class and Cradle Learning Center  
808 Menaul Blvd. NW  
Albuquerque, NM 87107  
242-6363  
Hours: Mon - Fri, 6:30 a.m. - 6 p.m.  
Services: Extended child care, preschool and kindergarten for children 6 weeks to 12 years  
No Fees  
(See DAYCARE - CHILDREN)

**EPICS (Education for Parents of Indian Children with Special Needs)**  
P.O. Box 788  
Bernalillo, NM 87004  
867-3396  
Hours: Mon - Fri, 8-5 p.m.  
Services: Training and information for parents of children and youth with special needs, developed by Native American parents or consultants assisted by parents, distribution of training materials, collaboration with school systems, state agencies, tribes and parent organizations nationally, grants for Native American parents to become trainers in their community

**Headstart Programs**  
9924 Menaul NE  
Albuquerque, NM  
Main office: 291-1361  
Hours: 8-5 p.m.  
Services: School year educational, health and nutritional programs for low-income children ages 3-5. Intakes at beginning of July for following school year
Locations include:

 Centro de Amor  
 309 Stover SW (betw. 3rd and 4th, N. of Bridge  
 Part day (9:30-2:30)  
 Double session (8:30-12 and 1-4:30  
 Full day (7:30-5 - parent needs to be at school or work  
 32 hours weekly)

 La Mariposa Headstart  
 801 Mountain Road NW 87102 (at Edith)  
 244-3331  
 Double session and full day(see above)  
 For other locations, call main office  
 No fees

 **Headstart Parent and Child Center Program**  
 2520 Virginia NE (near Wyoming and Menaul)  
 Albuquerque, NM  
 (information continued on the next page)  
 291-9394  
 Hours:  9:30 - 2:30 Wed and Fri  
 Services: Parent training sessions for parents with children from 0-2 years of age; home based sessions for pregnant mothers and parents with children under one year

 **Futures for Children**  
 9600 Tennyson Street N.E.  
 Albuquerque, NM 87122  
 821-2828  
 Hours: Mon - Fri,  8-5 p.m.  
 Services: Educational incentive program for Indian teens, leadership training program, community action projects to facilitate self-help, educational counseling for program participants

 **Job Corps Center**  
 1500 Indian School Rd. NW  
 Albuquerque, NM 87104  
 842-6500  
 Hours: Mon - Fri,  8-5 p.m.  
 Service: Vocational training and job placement
**Native American Studies, UNM**  
1812 Los Lomas (UNM Campus)  
277-3917  
Albuquerque, NM 87131  
Hours: Mon - Fri, 8-5 p.m.  
Services: Educational support including tutoring, student library, computers, educational programs including interdisciplinary degree

**National Indian Youth Council**  
318 Elm Street SE  
Albuquerque, NM 87102  
247-2251  
Hours:  
Services: JTPA program, employment skills training  
No Fees  
(See EMPLOYMENT)

**Southwest Indian Polytechnic Institute (SIPI)**  
9169 Coors Rd. NW  
Albuquerque, NM 87184  
897-5346  
Hours: Mon - Fri, 8-noon and 1-4:30 p.m.  
Services: Business technology, occupational technology and general education courses, A.A., A.S., AAS degrees, Certificates of Completion, GED, and continuing education

**Talent Search Program:** Early intervention project beginning in 7th grade to assist students in completing secondary education and continuing postsecondary education - tutoring, career and academic counseling, assistance in locating programs and completing postsecondary school applications  
(See ALCOHOL AND DRUGS, MEDICAL - DENTAL)

UNM Center on Aging  
Indian Geriatric Program  
1836 Lomas NE  
Albuquerque, NM 87131  
277-0911  
Hours: Mon - Fri 8-4:30 p.m.  
(information continued on next page)
Services: University based courses, community based (certificate courses, ad hoc workshops on Indian aging for Native American elders for service providers.

#Youth Development, Inc
6301 Central Ave. NW
Albuquerque, NM 87105
831-6038
Hours:
Services: GED program, other educational assistance
(See CHILDREN AND YOUTH)

HIV/AIDS EDUCATION AND TRAINING

#*Albuquerque Area Indian Health Board, Inc.
HIV/AIDS Prevention Project
301 Gold Ave. SE
Albuquerque, NM 87102
764-0036
Hours: 8-5
Services: HIV risk reduction education, street outreach, training, information and referral, technical assistance and material distribution
(See CHILDREN AND YOUTH, MEDICAL, SOCIAL SERVICES)

#*All Indian Pueblo Council, Inc.
"Two Worlds" HIV/AIDS Prevention Project
3939 San Pedro NE, Suite D
Albuquerque, NM 87110
884-3820
Hours: 8-5 p.m. closed noon - 1
Services: HIV/AIDS training and education, policy development, technical assistance, Native American video library, material distribution
(See ALCOHOL AND DRUGS, CASE MANAGEMENT)

HIV Coordinating Council
4200-B Silver Ave. SE
Albuquerque, NM 87108
(information continued on next page)
266-1553
Hours: Mon - Fri, 9-5 p.m.
Services: Technical assistance for providers only

*Indian Health Service
Headquarters West AIDS Activities Office
5300 Homestead Rd. NE Room 308
Albuquerque, NM 87110
837-4116
Hours: Mon - Fri, 9-5 p.m.
Services: HIV/AIDS education, in-service training, technical assistance

#Urban Indian Health and Human Services, Inc.
4100 Silver Ave. SE
Albuquerque, NM 87108
262-2481
Hours: Mon - Fri, 8-5 p.m.
Services: HIV/AIDS education, brochure distribution
(See ALCOHOL AND SUBSTANCE ABUSE, MENTAL HEALTH TREATMENT, MEDICAL)

ELDERLY

Catholic Social Services
1410 Coal Ave. SW
Albuquerque, NM
247-9521
Hours: Mon - Fri 8-5 p.m.
Services: Transportation

#City of Albuquerque
Department of Senior Affairs
714 Seventh St. SW
Albuquerque, NM 87102
764-6405
Hours: Mon - Fri, 8-5 p.m.
(information continued on next page)
Services: Meals at community centers and home delivered, companion program, home repair and fitting for disabled people, legal service, case management, day care for frail elders, intergenerational activity program, volunteer programs including Foster Grandparent program, transportation
(See FOOD, TRANSPORTATION for details)
No fee

Eldercare, NM, Inc.
3107 Eubank NE
Albuquerque, NM 87112
296-3024
Hours: Mon - Fri, 8-4:30 p.m.
Service: In home caretakers, companions, shopping, transportation
Fees: Sliding scale

Encino Houses
609 Encino Place NE
Albuquerque, NM 87102
247-4185

412 Alvarado SE
266-7736
Service: Elderly housing -section 8 rent subsidy for apartments

*National Indian Council on Aging, Inc.
City Centre Suite 510 W
6400 Uptown Blvd. NE
Albuquerque, NM 87110
888-3302
Hours: 8-5 p.m.
Services: Employment services for people 55 and older
(See EMPLOYMENT)

#Share Your Care, Inc.
5301 Ponderosa NE 3801 Rio Rancho Blvd.
Albuquerque, NM 87110 Rio Rancho, NM 87124
881-8982 897-9025
Hours: Mon - Fri, 8-5 p.m.
(information continued on next page)
Services: Day care for frail elderly, social activities, caregiver support, life skills enhancement
(See CASE MANAGEMENT, DEVELOPMENTAL DISABILITIES)
(See EMPLOYMENT)

EMPLOYMENT

#Adelante Development Center
4609-A Jefferson NE
Albuquerque, NM 87131
883-1102
Hours: Mon - Fri, 8:15 - 4:30 p.m.
Services: Vocational training and employment program for developmentally disabled adults
(See PSYCHOSOCIAL REHABILITATION)

#*Albuquerque Indian Center, Inc.
7717 Zuni SE
Albuquerque, NM 87108
268-4418
Hours: Mon - Fri, 8-5 p.m.
Services: Employment assessment, basic skills training, community networking
(See ALCOHOL AND DRUGS, FINANCIAL ASSISTANCE, SUPPORT GROUPS)

Career Services for Persons with Disabilities
4401-A Lomas NE
Albuquerque, NM 87110
265-5200
Hours:
Service: Vocational rehabilitation
Division of Vocational Rehabilitation
Area II - 11811 Menaul Blvd. NE 841-4560
Area V - 3311 Candelaria Rd. NE 841-8800
Area VI- 2929 Coors NW, Suite 102 841-8752
Office with special attention for those with mental illness:
Area VIII- 300 San Mateo NE 841-6450

Consumer Office of Peer Employment (COPES - DVR)
For those with a mental illness
1-800-224-7005 or (505) 827-3739
Hours: Mon- Fri, 8-5 p.m.
Services: For individuals with physical or mental disabilities - skills evaluation, vocational training, selective placement, financial assistance to attend school and job placement

Goodwill Industries of NM
5000 San Mateo NE
Albuquerque, NM 87109
881-6401
Hours: 8-4:30 p.m.
Services: On site- vocational evaluations, work adjustment and work services in a controlled, sheltered environment. Community-based job development and placement for people with developmental disabilities

#*National Indian Council on Aging, Inc.
City Centre Suite 510 W
6400 Uptown Blvd. NE
Albuquerque, NM 87110
888-3302
Hours: 8-5 p.m.
Services: Subsidized employment up to 20 hours weekly for elders 55 and older, employment training provided (See ELDERLY)

#*National Indian Youth Council
318 Elm St. SE
Albuquerque, NM 87102
247-2251
Hours:
(information continued on next page)
Services: Career counseling, career goal setting, job search development, job training and placement
(See Consumer advocacy)

New Mexico Department of Labor
401 Broadway NE
Albuquerque, NM 87103
841-8518
Hours: Mon - Fri, 8-5 p.m.
(information continued on the next page)
Services: Lists job opportunities, has JTPA program for job training and education, processes claims for unemployment compensation
No fees

Labor Service Center
501 Mountain Rd. NE
841-9300
Hours: Mon- Fri, 8-5 p.m.
Services: Job training and placement, maintains extensive listing of job opportunities, handles unemployment insurance claims

#Recreation, Health and Occupation Center (R.H.O.C.)
617 Truman NE
Albuquerque, NM 87110
262-1601
Hours: Mon - Fri, 8-5 p.m. some evenings and weekends
Services: Work assessments, pre-vocational skills development, work adjustment services and employment support services
#(See CASE MANAGEMENT and SOCIAL SERVICES)
No fees

FINANCIAL ASSISTANCE

#*Albuquerque Indian Center, Inc.
7717 Zuni SE
Albuquerque, NM 87108
268-4418
(information continued on next page)
Hours: Mon- Fri, 8-5 p.m.
Services: Short term emergency assistance, food, shelter, clothing and transportation
(See ALCOHOL & DRUGS, EMPLOYMENT, SUPPORT GROUPS)

American Indian Graduate Center
4520 Montgomery Blvd. NE, Suite 1-B
Albuquerque, NM 87109
881-4584
Hours: 8 - 4 p.m.
(information continued on the next page)
Graduate Fellowships for full time students in Masters, doctoral and law programs, application deadline is May 1st
(See EDUCATION)

Consumer Credit Counseling Services
2727 San Pedro NE Suite 117
Albuquerque 87110
884-6601
Hours: Mon - Fri, 8-5 p.m.
Services: Money management counseling

Economic Opportunity Board
2010 Bridge SW
Albuquerque, NM 87105
768-5500
Hours: Mon - Fri, 8-5 p.m.
Services: Financial Assistance with first month's rent and deposit for homeless people, other emergency assistance

Futures for Children
805 Tijeras NW
Albuquerque, NM 87102
247-4700
Hours:
Services: Financial aid for education (See EDUCATION)

New Mexico Department of Human Services
Income Support Division
841-9601
Food stamps, AFDC
Child Support Enforcement
841-2300
(See SOCIAL SERVICES for office locations, details)

St. Vincent de Paul Society
714 Fourth St. SW
Albuquerque, NM 87102
242-2989
Hours: Mon - Fri, 9 a.m.-2:30 p.m.
(information continued on the next page)
Emergency: Emergency assistance- food, utilities, rent - home visits required to assess need

#The Salvation Army
409 Broadway (at Lead)
Albuquerque, NM 87102
242-1416
Hours: 8:30 - 12 noon and 1-3:30 p.m. Can drop in
Services: Food, shelter, rental assistance (with eviction notice), utility assistance, Nov.-May, clothing vouchers to use in thrift store, furniture with proof of income and rent receipt or lease agreement
(See FOOD, CLOTHING, FURNITURE)

United Way Help Line
Hours: Mon - Fri, 9-5 p.m.
247-3671
Matches people with needs with agencies that provide assistance.

#*Urban Indian Health & Human Services, Inc.
4100 Silver SE
Albuquerque, NM 87108
262-2481
Hours: Mon - Fri 8-5 p.m., closed noon to 1:00 p.m.
Services: Emergency food vouchers, housing for out of town hospital stays.
UTILITIES

PNM Budget Billing: 246-5700
Gas Co. Budget Billing: 246-7474
Project Unite 247-4230

FOOD, CLOTHING, FURNITURE

FOOD

Albuquerque Rescue Mission
509 2nd Street SW
Breakfast and dinner, Mon - Sat

#City of Albuquerque
Nutrition Program for Seniors
848-1399
Call for nearest location
(information continued on the next page)
Services: Lunches for people 60 and older (and spouses) from 11:30-12:15. Centers open from 9 am, with recreational activities for seniors including bingo, and day trips
Fee: $1 if possible, otherwise free
(See ELDERLY)

Summer Food Program for Children
764-1747
Call for nearest location
Services: Provides breakfast and lunch during school break during June and July at different schools, parks, community centers

Good Shepherd Center
218 Iron SW
Breakfast, Lunch, Dinner, 7 days a week
New Mexico Department of Children Youth and Families
Family Nutrition Bureau
2329 Wisconsin Ne Suite B
Albuquerque, NM 87110
328-2665
Hours: Mon - Fri, 8-5 p.m.
Services: Meals for children under 12 with mental or physical disabilities with home day care provider or enrolled at a non-profit day care center

Summer Food Program: 328-2665
Services: Meals for children on school year food programs

Necessities of Life Food Bank
4302 Central SE
Albuquerque, NM 87108
266-0911
Hours: Please call
Services: Supplementary food service with people with HIV

Noonday Ministry
101 Broadway NE
Albuquerque, NM
Lunch: Tues - Fri

Project Share
1515 Yale SE
Dinner: Sun, Mon, Thurs, Sat 5pm

Restoration Ministries
824 San Mateo NE
Dinner: Friday at 5 p.m.

Roadrunner Food Bank
1119 Edith SE
247-6777
8 a.m. - 3:30 p.m. (Closed noon until one)
Commodities program
#Salvation Army
400 John SW
Breakfast and dinner: 7 days a week
(See FINANCIAL ASSISTANCE, CLOTHING)

CLOTHING & FURNITURE

Clothing Bank, Bernalillo County PTA
120 Woodland NW
Albuquerque, NM 87107
344-7481
Hours: Mon - Fri, 8:30-1 p.m.
Service: Clothing bank for school age children

St. Vincent de Paul Society Thrift Stores
714 Fourth Street SW
Albuquerque, NM 87102
242-2989
Hours: Mon - Fri 9 - 2:30pm
Free clothing, furniture with proof of housing

1596 Five Points SW
247-1859
Mon - Sat 9-5

#Salvation Army Thrift Stores
411 Broadway SE
Hours: Mon - Fri, 9-5 p.m.

4501 Silver SE
Hours: Mon-Sat , 9-5 p.m.
Clothing and furniture with proof of residence
(See FINANCIAL ASSISTANCE)

The Storehouse
106 Broadway NE
842-6491
Emergency: 842-6499
Hours: 9 a.m. - 11:30 a.m.
Clothing ,furniture (Free with a letter of referral stating need)
HOUSING/SHELTER

HOMELESS

DAY SHELTERS

Noon Day Ministry
101 Broadway NE
247-3611
Hours: Tues - Fri, 9 a.m. - 2 p.m.
Laundry, showers, telephones

St. Martin's Hospitality Center
1201 Third St. NW
843-9405
Hours: Mon-Fri, 8 a.m. - 2 p.m.
Breakfast, mail service, telephones, showers, clothing, Sunday brunch

EVENING SHELTERS

Barrett House
905 Brother Mathias St. NW
243-4887
Hours: Mon - Sun, 4 p.m. - 9 a.m.
Meals, clothing for women and children only

Good Shepherd Center
218 Iron SW
243-2527
Hours: 6 p.m. - 9 a.m.
Breakfast every day except Thurs, dinner every day except Thurs, lunch on Sat and Sun, clothing provided

Haven of Love Rescue Mission
4025 Isleta Blvd. SW
Albuquerque, NM 87105
877-9915
Joy Junction
4500 Second St. SW
877-6967
Hours: 24 admissions
Transportation to and from facility, meals, clothing, religious services on Sun (required)
Families, women

Rescue Mission
509 2nd St. SW
242-3171
Hours: Admissions from 4 p.m. - 7 p.m.
Men only

Salvation Army
400 John NE
242-3112
Hours: From 6 p.m.
Women only, meals and clothing

Albuquerque Shelter for Victims of Domestic Violence
P.O. Box 336
Albuquerque, NM 87103
247-4219
Hours:
Services: 30 day shelter, food, clothing for mother and children, referral and supportive services

CHILDREN AND YOUTH

All Faiths Receiving Home
3408 Avenida Aventura NW
Albuquerque, NM 87197
345-8938
Hours: 24 hours, 7 day a week
Services: Temporary and emergency shelter for non-delinquent children (up to age 12)
Amistad
2929 Barcelona SW
Albuquerque, NM 87106
345-1416 (after 8/95 - 877-0371)
Services: 24 hour shelter for runaway teens, ages 12-18

New Day
1817 Sigma Chi NE
Albuquerque, NM 87106
247-9559
Shelter for teens, ages 13-17; 14-30 day placements

The Shelter
124 Pennsylvania SE
Albuquerque, NM 87108
256-0429
5-10 days shelter for teens up to age 17

Youth Development, Inc.
831-6038
Short term runaway shelter, transitional living training
(See Children and Adolescents)

DAY CARE

CHILDREN

Catholic Social Services
Ahead Program
1701 Broadway
Albuquerque, NM
842-0837
Hours: 7-5 p.m.
Services: Day care for teen parents 19 and under during school or work.
City of Albuquerque
Parent and Child Development Center
700 Fourth St. SW
Albuquerque, NM 87102
Hours: Mon - Fri, 6:30-5:30 p.m.
Services: Child care for children 3-5 from low income parents who are working or in training programs. Children must be toilet trained. Parents must be working or going to school.
Fees: Sliding Scale
(See CHILDREN AND YOUTH, CULTURAL/RECREATIONAL, FOOD)

Class and Cradle Learning Center
808 Menaul NE
Albuquerque, NM 87107
242-6363
Hours: Mon - Fri, 6:30 a.m. - 6 p.m.
Services: Child care for children 6 weeks to 12 years old
(See EDUCATION)
No fee

Cuidando Los Ninos
1701 Broadway SE
843-6899
Hours: 7:30 a.m. - 5:30 p.m.
Services: Day care for children 0-5 whose families are homeless
No Fee

Christina Kent Day Nursery
423 Third Street SW
Albuquerque, NM 87102
242-0557
Hours: Mon - Fri, 7:30-5:30 p.m.
Services: Daycare and preschool for children 2-6 from low income families. Parents must be working 30 hours weekly. Waiting list
Fees: Sliding scale
#Headstart Programs
(See EDUCATION)
La Mesa Community Day Care and Preschool
7401 Copper NE
Albuquerque 87108
268-8043
Hours: Mon-Fri 6:30 a.m. - 6 p.m.
Services: Child care for children 6 weeks - kindergarten
Fees: Sliding scale

ADULTS

Cornucopia
P.O. Box 12250
Albuquerque, NM 87195-2250
877-1310
Hours: Mon - Fri, 8-4:30 p.m.
Services: Adult day care for young disabled adults and frail elderly, hot lunch and snacks

Share Your Care, Inc.
5301 Ponderosa NE
Albuquerque, NM 87110
881-8982

3801 Rio Rancho Blvd.
Rio Rancho, NM 87124
897-9025

Hours: Mon-Fri 8-5
Services: Adult day care for frail elderly and disabled adults, therapeutic activities, group interaction, care giver support group

GENERAL

Albuquerque Housing Services
Low Rent and Section 8 housing
764-3900
Catholic Social Services 247-0442

HUD Subsidized Housing Projects
625 Truman NE 87110

Multifamily Division: 262-6272
Public Housing Division: 262-6303
HELP Transitional Housing: 265-3717
Landlord/Tenant Hotline: 256-9442

Women's Housing Coalition
115 Second St. SW
Albuquerque, NM 87102
247-8643
Hours: Mon - Fri, 9-4:30 p.m.
Services: Affordable housing, referrals for single, very low income and homeless women

DEVELOPMENTALLY DISABLED

CASA, Inc.
3201 Christine NE
Albuquerque, NM 87111
298-7609
Hours:
Services: Independent and semi-independent living for high functioning developmentally disabled adults.
Fee: $500 per month

Casa Angelica
5629 Isleta Blvd. SW
Albuquerque, NM 87105
877-5763
Hours: Mon - Fri, 9-5 p.m.
Services: Home for developmentally disabled children from birth to 18, placements after that in the community
Fees: Medicaid accepted
Transitional Living Services  
4020 Central SE  
Albuquerque 87108  
268-5295  
Hours: Mon - Fri, 8:30-5 p.m.  
Services: 24 hour supervised residential services, semi-independent apartment program, and independent living program for persons with psychiatric disability

**AIDS**

Albuquerque House  
Albuquerque, NM  
243-3203  
Seriously ill people living with AIDS

Emmaus House  
NM AIDS Services  
Albuquerque, NM  
266-0911  
Low rent dwellings for people living with AIDS

**LEGAL**

American Civil Liberties Union  
P.O. Box 80915  
Albuquerque, NM 87198  
266-5915  
Hours: Mon - Fri, 9 a.m. - 4:30 p.m.  
Services: Help determining if constitutional rights are violated, referrals, some cases accepted  
No fees

Bar Association of New Mexico  
400 Gold SW, Suite 260  
Albuquerque, NM 87102  
243-2615  
(information continued on next page)
Hours: 9-11 a.m. and 1:30 - 3:30 p.m.
Services: Referrals to lawyers
No fee

Legal Aid Society
1021 Tijeras NE, Suite 3100
Albuquerque, NM 87103
243-7871
Hours: Mon - Fri, 8:30 - 5 p.m.
Services: Legal services to low income people in civil cases, including income maintenance, housing domestic violence, divorce and consumer matters

MEDICAL/HEALTH

24 hour hotline for medication information: 244-7140

Abortion and Reproductive Health Services
120 Vassar SE, Suite A
Albuquerque, NM 87106
265-9511
Hours: 8-4:30 Mon, Tues, Thurs, Fri Wed 8 a.m. - 7:30 p.m.
Services: Pregnancy termination, tubal ligations
Fees: Sliding scale

#*Albuquerque Area Indian Health Board, Inc.
301 Gold Ave. SW
Albuquerque, NM 87102
764-0036
Hours: Mon - Fri, 8-5 p.m.
Services: HIV/AIDS risk-reduction, street outreach program, counseling, audiology program
(See CHILDREN AND YOUTH, HIV/AIDS)

#*All Indian Pueblo Council, Inc.
3939 San Pedro NE
Albuquerque, NM
884-3820
(information continued on next page)
Hours: Mon - Fri, 8-5 p.m.  Closed noon - 1 p.m.
Services: Hearing screening for children, youth and adults, referrals through PHS Indian Hospital
(See: ALCOHOL AND DRUGS, CASE MANAGEMENT, EDUCATION AND TRAINING)

#Health Care for the Homeless, Inc.
410 6th Street SW
Albuquerque, NM
242-4644
Hours: Walk-in Mon,T,Th,Fr, 7:30-noon, Mon 1-4 p.m., Wed 9-noon
Services: Primary medical care, eye clinic
No fee
(See ALCOHOL AND DRUGS, CASE MANAGEMENT)

#*Indian Health Service
PHS Indian Hospital
801 Vassar NE
Albuquerque, NM 87106
256-4000
Hours: Mon, Tue, Wed, & Fri 8-4 p.m., Thurs 1-4 p.m., Walk-in clinic Mon-Fri 1-4 p.m.
Services: Walk-in medical clinic, urgent care, full range of out-patient medical services, public health nursing health education, home visits, coordination of patient care, medical social work services
Requires CIB
(See ALCOHOL AND DRUGS, MENTAL HEALTH TREATMENT, SOCIAL SERVICES)

#*Urban Indian Health and Human Services, Inc.
4100 Silver Ave. SE
Albuquerque, NM 87108
262-2481
Hours: 8 a.m. - 5 p.m. (closed noon to 1pm)
Services: Primary health care, pregnancy screening, newborn assessment, child assessment, adult disease monitoring, Women, Infants and Children Program (WIC) for nutrition and food supplements for pregnant women, HIV screening, pharmacy, and radiology.
(See ALCOHOL AND DRUGS, FINANCIAL ASSISTANCE, MENTAL HEALTH TREATMENT)
University of New Mexico  
School of Medicine  
*Indian's Children Program  
272-3000  
Services: Diagnostic and treatment consultation services for children 0-21 suspected of disabilities, including FAS, FAE. Referrals are usually through schools, pre-school programs, mental health centers

Young Children's Health Center  
SouthEast Heights Health Office  
7525 Zuni SE  
Albuquerque, NM 87108  
841-4635  
Hours: Mon and Tues 9-noon, 1-4:30 p.m.  
Wed 10:30 - noon, 1-4:30 p.m.  
Thurs 1-4:30 p.m.  
Services: Pediatric clinic, well child services, immunizations, prenatal care and family planning

DENTAL

Community Dental Services, Inc.  
2116 Hinkle SE Bldg A(near Gibson and Broadway)  
Albuquerque, NM 87102  
843-7493  
Hours: Mon-Fri, 7 a.m.-4 p.m. Fri 7-12 noon  
Services: Dental services for low-income families  
Fees: Sliding scale based on income

Health Care for the Homeless  
1000 Gold Ave. SW  
Albuquerque, NM  
242-8288  
Hours: Tues - Fri 8:15 a.m. - 8:00 p.m.

#*SiPI (Southwestern Indian Polytechnic Institute)  
IHS Dental Center  
Coors Blvd. NW  
Albuquerque, NM 87125
897-5306
Hours: Mon-Fri, 8-5 p.m., Emergency hours Mon, Wed, Tues, & Fri 8-10 a.m. and 1-3 p.m., T 10-3 p.m.
Services: Full dental services
No fees CIB required

HOSPITALS

Health South Rehabilitation Hospital
7007 Jefferson NE
Albuquerque, NM
344-9478
Fees

Horizon Specialty Hospital
235 Elm Street NE
Albuquerque, NM
842-5550
Services: Long term acute care, physical rehabilitation
Fees: Accepts Medicaid, Medicare, private insurance.

#*Indian Health Service
PHS Indian Hospital
801 Vassar Dr. NE
Albuquerque, NM
256-4000
No fee, CIB required

Lovelace Medical Center
5400 Gibson Blvd. SE
Albuquerque, NM
262-7000
Fees

Presbyterian Hospital Presbyterian Kaseman Hospital
1100 Central Ave. SE 8300 Constitution Ave. NE
Albuquerque, NM Albuquerque, NM
St. Joseph Medical Center
601 Dr. Martin Luther King Jr. Ave. NE
Albuquerque, NM
291-2000
Fees

St. Joseph Northeast Heights Hospital
4701 Montgomery NE
Albuquerque, NM
888-7800
Fees

St. Joseph Rehabilitation Hospital
505 Elm Street NE
Albuquerque, NM
244-4700

**UNM Health Centers**

Cancer Center
900 Camino de Salud NE
Albuquerque, NM
277-4946
Fees

Carrie Tingley Hospital (Children-orthopedic, rehab)
1127 University Blvd.
272-5200
Fees but will accept patients who cannot pay

Children's Hospital of NM
2211 Lomas NE
272-5437
Fees

Family Practice Center
2400 Tucker NE
272-1722
University Hospital
2211 Lomas NE
272-5437
Sliding scale, no charge for outpatient services if referred by
Albuquerque Indian Hospital physician

Veterans Affairs Medical Center
2100 Ridgecrest Dr. SE
Albuquerque, NM
265-1711
No fees to honorably discharged veterans

SOCIAL SERVICES

#*Albuquerque Area Indian Health Board, Inc.
Family Services Program
301 Gold SE
764-0036
Hours: Mon - Fri, 8-5 p.m.
Family Support Services: Family preservation services including help
finding housing, employment, legal representation, child advocacy,
child protection services
(See CHILDREN AND YOUTH, HIV/AIDS) No fee

#*Albuquerque Indian Center
7717 Zuni SE
Albuquerque, NM 87108
268-4418
Hours: 7-5 p.m.
Services: Emergency assistance, food and clothing bank, limited
financial assistance for severe emergencies; community education,
employment listing
(See ALCOHOL AND DRUGS, CULTURAL/RECREATIONAL)
No fee
Big Brothers & Big Sisters
5400 Phoenix NE Suite 200
Albuquerque, NM 87110
837-9223
Hours: Mon - Fri, 8-5 p.m.
Services: Adult companionship for children and youth 8-14 primarily from single parent families
No fee

Catholic Social Services
1410 Coal Avenue S.W.
Albuquerque, NM
247-9521
Hours: Mon-Fri, 8-5 p.m.
Services: Homecare

City of Albuquerque
Human Rights Office
City Government Center
1 Civic Plaza, Room 501
Albuquerque, NM 87103
768-2980
Hours: Mon - Fri, 8-5 p.m.
Service: Help for any type of discrimination

#Department of Community Services
Child Development Office
2200 University SE 768-6080
Hours: Mon - Fri, 8-5 p.m.
Services: Emergency housing, utility, food financial assistance, job development and referral, needs assessments of children, case management, family advocates for low income families
(See CASE MANAGEMENT)

#Department of Community Services
768-3490
Services: Recreation, latchkey programs, food services for children under 18 and people over 18 with mental or physical disabilities
(See CULTURAL, RECREATIONAL)
**Indian Health Service**

**PHS Indian Hospital**

Social Work Services  
801 Vassar Dr. NE  
256-4012  
Hours: Mon-Fri, 8-4:30 p.m.  
Services: Medical social work services including coordination of care, family support, home health care, equipment procurement, nursing home and rehab placement, grief intervention, child/elderly abuse and neglect assessment, counseling  
(See ALCOHOL AND DRUGS, MEDICAL, MENTAL HEALTH)

# New Mexico Department of Children, Youth and Families  
Social Services Division  
Central Telephone Intake - 841-7960  
Hours: Mon-Fri, 8-5 p.m.  
Services: Adoption, foster care and child protective services, including receiving and investigating child abuse and neglect complaints  
(See CHILDREN AND YOUTH, FOOD AND CLOTHING)

New Mexico Department of Human Services  
Income Support Division  
North Bernalillo County:  
1011 Lamberton Place NE  
841-7700  
SouthEast Bernalillo County:  
1401 Williams SE  
841-2600  
Southwest BC  
1720-C Bridge SW  
841-2300  
Hours: Mon-Fri, 7-5 p.m.  
Services: Financial assistance - AFDC for children, food stamps, Medicaid, job search and education for AFDC and food stamp recipients
Child Support Enforcement Division:
10801 Lomas NE
841-4400
Hours: Mon - Fri, 8-5 p.m.

600 Second St. NW 6th Floor
841-9601
Hours: Mon - Fri, 7:30 - 6 p.m.
Services: Assistance in collecting child support from parents legally obligated to pay, location of absent parent, establishment of paternity, enforcement of court orders, collection of support payments

TRANSPORTATION

Public

#City of Albuquerque
Office of Senior Affairs
848-1356
Hours: Reservations taken from 8am on the day before appointment
Services: Provides mini-bus transportation for seniors 60+ to medical and dental appointments, shopping, government agencies on appointment basis as well as to meal sites, or any other location within Bernalillo county
(See ELDERLY)
No fee

SUN TRAN
843 - 9200
Hours: 7 days a week
Services: City buses - routes within the city of Albuquerque
Fees: Cash .75 for adults, $21 monthly, .25 for students - $9 monthly
Tokens: Adults - 20 for $15/Students -20 for $5
SUN VAN
764-1550
Hours: Mon - Thurs, 6:30 a.m. - 7:30 p.m., Fri - Sat 6:30 a.m. - 8:30 p.m.
Sun 8 a.m. - 5:30 p.m.
Services: Transportation for people with handicaps, physician certificate required, reservations at least 24 hours in advance

TAXIS

Albuquerque Cab Co.
883-4888
Hours: 24 hour service

St. Martin's Hospitality Center
1201 Third NW
Albuquerque, NM
843-6212
Hours: Mon - Fri 8-12 noon
Services: Traveller's Aid

Yellow Cab Co.
247-8888
Hours: 24 hour service

VETERANS

Department of Veterans Affairs
Regional Office
500 Gold SW
Albuquerque, NM 87102
766-3361
Hours:
Services: Financial aid, compensation, pensions, burial, other benefits
No fees
V. A. Medical Center
2100 Ridgecrest Dr., S.E.
Albuquerque, NM 87108
265-1711
Hours:
Services: Inpatient and outpatient medical services, psychological services and social work services

VET H.E.L.P.
126 Jackson NE
Albuquerque, NM 87198
265-9696
Hours: Mon - Fri, 9-5 p.m.
Services: Case management, referrals and coordination of services
No fees

III. NATIVE AMERICAN SERVICE PROVIDERS

Albuquerque Area Indian Health Board, Inc.
301 Gold Avenue SW Suite 105
Albuquerque, NM 87102
764-0036
Hours: Mon - Fri, 8-5 p.m.
Services: See CHILDREN AND YOUTH, EDUCATION AND TRAINING, HIV/AIDS, MEDICAL/HEALTH, MENTAL HEALTH, SOCIAL SERVICES

Albuquerque Indian Center, Inc.
7717 Zuni SE
Albuquerque, NM
268-4618
Hours: Mon - Fri, 8-5 p.m.
Services: See ALCOHOL AND DRUGS, EMPLOYMENT, FINANCIAL ASSISTANCE, SUPPORT GROUPS
**APS Indian Education Program**  
Montgomery Complex  
3315 Louisiana Blvd NE  
Albuquerque, NM 87110  
Hours: Mon - Fri, 8-4:30 p.m.  
Services: See EDUCATION

**All Indian Pueblo Council, Inc.**  
3939 San Pedro NE, Suite D  
Albuquerque, NM 87110  
884-3820  
See ALCOHOL AND DRUGS, CASE MANAGEMENT, CHILDREN AND YOUTH, EDUCATION AND TRAINING, MEDICAL/HEALTH

**Indian Health Service**  
Albuquerque Service Unit  
801 Vassar Dr. NE  
Albuquerque, NM 87106  
Hours: 8-4 p.m.  
Services: See ALCOHOL AND DRUGS, MEDICAL/HEALTH, MENTAL HEALTH, SOCIAL SERVICES

**National Indian Council on Aging**  
City Centre Suite 510 W  
64 Uptown Blvd. NE  
Albuquerque, NM 87110  
883-3302  
Services: See ELDERLY, EMPLOYMENT

**National Indian Youth Council, Inc.**  
318 Elm St. SE  
Albuquerque, NM 87102  
247-2251  
Hours: Mon - Tues, 8-5 p.m.  
Services: See EDUCATION AND TRAINING, EMPLOYMENT

Urban Indian Health and Human Services, Inc.  
4401 Silver SE  
Albuquerque, NM 87108  
262-2481  
(information continued on next page)
Hours: Mon - Fri, 8-5 p.m. closed noon - 1 p.m.
Services: See ALCOHOL AND DRUGS, CASE MANAGEMENT, CHILDREN AND YOUTH, MEDICAL/HEALTH, MENTAL HEALTH