UNM-Taos Massage Therapy Certificate Program

Academic Program Review

Compiled by Susan Myers, LMT #2180

July 11, 2024

Executive Summary

Overview

The University of New Mexico-Taos (UNM-Taos) Massage Therapy Certificate Program, established in 2008, provides comprehensive training in integrative health and massage therapy. The program aligns with the mission of UNM-Taos to offer quality education and prepare students for professional careers in massage therapy.

Program History

- Established: 2008
- **State Board Registration:** Received on 01/02/2008 and renewed annually.
- **Previous Review:** Conducted for 2013-2017, with detailed findings and subsequent improvements implemented based on recommendations.

Program Mission

The program aims to:

Massage Therapy Certificate: Prepare students for state licensure exams with 650 hours of training.

Goals and Assessment

Massage Therapy

- o Training competent massage therapy professionals.
- o Ensuring employment success and professional advancement.
- o Achieving state licensure.

Curriculum

The program offers a detailed curriculum over three semesters, focusing on both theoretical and practical aspects of massage therapy. Courses include Massage Techniques, Anatomy, Physiology, Ethics, and various specialized modalities. The program also requires elective credits from related fields.

Organizational Structure

The program is overseen by:

- **Dean of Instruction:** Randi Archuleta, Ph.D.
- Department Chair: Josh Wright, BS, NR-Paramedic
- **Program Coordinator:** Susan Myers, LMT
- **Faculty:** Including both full-time and adjunct lecturers with extensive experience in massage therapy.

Accreditation and Licensure

- Licensure Exam: MBLEx (Massage and Bodywork Licensing Exam) by FSMTB (Federation of State Massage Therapy Boards).
- **Performance:** Consistent success in licensure exams and employment for graduates.

Vision and Mission Alignment

The program emphasizes the medical model of massage therapy, preparing high-caliber entry-level therapists for the medical field. It supports UNM-Taos's commitment to offering integrative health education and fostering professional readiness.

Continuous Improvement

The program employs rigorous assessment methods, including direct observation and testing, to ensure high standards of student learning outcomes. It continuously evaluates and improves based on data and feedback, ensuring alignment with industry standards and campus objectives.

Conclusion

The UNM-Taos Massage Therapy Certificate Program demonstrates a strong commitment to quality education and professional preparation in the field of massage therapy. Through continuous assessment and alignment with institutional goals, the program effectively supports students in achieving licensure and employment success.

1. Program's History, Vision, & Mission

1A: An executive Summary that provides a one- to two-page summary/abstract of the information contained with the program review.

1B: A brief description of the history of the program under review.

The UNM-Taos Massage Therapy Certificate Program received their New Mexico Massage Therapy Board Registration No. 035 on 01/02/2008. This registration has been renewed yearly (10/31) since.

1C: A brief description of the previous Program Review for the program. The description should note when the last review was conducted. The description should also provide a summary of the findings from the Curricula Committee's final report and how the program addressed the Committee's recommendations.

The previous Program Review was presented by Kirstie Bender Segarra, PhD, LMT covering 2013-2017 You can find the full-length report in the Appendix.

Synopsis of the Previous Program Review

Program Mission

The UNM Taos Integrative Health and Medical Massage Program offers two distinct pathways:

1. Holistic Health and Healing Arts Certificate:

- **Purpose**: Introduces students to holistic health careers.
- **Focus**: Self-care, self-healing, promoting longevity and optimal health.
- Outcome: Prepares students for further study in holistic health-related careers.
- Integrative Massage Therapy Certificate:
 - **Purpose**: Prepares students for the state licensure exam for massage therapy.
 - **Focus**: 650 contact hours of training.
 - **Outcome**: Graduates can sit for the licensure exam and pursue entry-level employment in massage therapy.

Program Goals

2. Holistic Health and Healing Arts (HHHA):

- Provide a comprehensive education in holistic health.
- Maximize academic and career opportunities in integrative health.
- Teach stress reduction and mindfulness practices.
- Prepare students for transfer to higher degree programs or specialized training.
- Integrative Massage Therapy:
 - Train competent professionals for therapeutic massage.
 - Ensure successful employment and professional advancement.
 - Promote strong interpersonal relationships in the field.
 - Achieve state licensure in massage therapy.

Program Assessment

3. HHHA Assessment Goals:

- Goal #1: Provide a well-rounded education in holistic health and wellbeing.
- Student learning outcomes and performance measures are regularly assessed.
- Recommendations for improvement are based on data analysis.
- Integrative Massage Therapy Assessment:
 - Goal #1: Train high-quality professionals in therapeutic massage.
 - Employment success and licensure attainment are key performance indicators.
 - Continuous evaluation and improvements based on assessment results.

This program review highlights the mission, goals, and assessment strategies of the Integrative Health and Medical Massage Program, ensuring alignment with overall campus objectives and industry standards.

1D: A brief description of the organizational structure and supervision of the program, including a diagram of the organizational structure.

Randi Archuleta, PhD. Dean of Instruction Josh Wright, BS, NR-Paramedic, Department Chair Susan Myers, LMT Program Coordinator/Lecture 1 Kirstie Bender Segarra, PhD, LMT/Lecturer 2 Antonio Quintana, LMT Adjunct Faculty Robyn O'Boyle, LMT Adjunct Faculty Tamara Fraser, LMT Adjunct Faculty Alexandra Augustine, LMT Adjunct Faculty Assistant

> Randi Archuleta, PhD Dean of Instruction

Josh Wright, Department Chair

Susan Myers, LMT

Program Coordinator

Lecturer 1

Antonio Quintana, LMT **Adjunct Faculty**

Robyn O'Boyle, LMT Tamara Fraser, LMT

Kirstie Bender Segarra, PhD, LMT

Adjunct Faculty

Adjunct Faculty

Lecturer 2

Alexandra Augustine, LMT

Adjunct Faculty Assistant

1E: Information regarding specialized/external program accreditations associated with the unit including a summary of findings from the last external review (if applicable).

MBLEx – Massage and Bodywork Licensing Exam given by FSMTB – Federation of State Massage Therapy Boards.



MBLEX SCHOOL PERFORMANCE REPORT

08/01/2008 - 01/20/2024

UNM Taos – Ranchos De Taos New Mexico

	Number of Exams Administered	Number of Candidates Passed	Pass Rate %
School			
First Exam Attempt	34	29	85.3%
Repeat Exam Attempts	2	2	100%
State			
State			
First Exam Attempt	2229	1785	80.1%
Repeat Exam Attempts	390	155	39.7%
		<u>, </u>	
Nation			
First Exam Attempt	251, 399	184,714	73%
Repeat Exam Attempts	57,006	22,706	40%

If you have any questions regarding this information, please email schoolsupport@fsmtb.org.

MBLEx SCHOOL PERFORMANCE REPORT

01/01/2023 - 12/31/2023

UNM Taos – Ranchos De Taos New Mexico

	Number of Exams Administered	Number of Candidates Passed	Pass Rate %
School		200	
First Exam Attempt	4	4	100%
Repeat Exam Attempts	0	0	0%
State			
First Exam Attempt	139	109	78.4%
Repeat Exam Attempts	30	10	33.3%
Nation			
First Exam Attempt	13,294	9,397	71%
Repeat Exam Attempts	3,804	1,425	37%

1F: Provide a brief overview of the vision and mission of the program and how the program fits into the vision and mission of UNM.

UNM-Taos Massage Therapy Program designed for students seeking an opportunity to become a licensed massage therapist in the State of New Mexico. The program's mission is to offer an integrative health and holistic approach to massage therapy while gaining a strong basic knowledge and experience so that upon graduation and successful completion of the program you can obtain your license to practice massage therapy in the State of New Mexico. This program emphasizes the Medical Model of Massage Therapy and graduating high caliber entry level therapist to work in the medical field of massage therapy. We are offering an entry level program of 650 hours. UNM-Taos is dedicated to guiding you through the process so you will be prepared to successfully take the National Exam for Massage Therapy (MBLEx) and will mentor students and alumni looking to obtain employment as a massage therapist.

The central mission of the Health Sciences Holistic Studies Department Massage Therapy program is to prepare students as an allied Health Care team member for a professional career licensed Massage Therapist. The faculty are dedicated to giving students the academic and clinical educational foundation necessary to become a successful Licensed Massage Therapist (LMT). Our comprehensive curriculum is taught by faculty with a wide range of expertise from working in the massage therapy field. Together, our goal is to provide an environment for students to impart the knowledge needed, and develop hands-on skills to prepare for national testing which is a requirement for licensure.

2. Curriculum

2A: Outline the curriculum for the program and state its relevance. Include a description of the general education component. If your program encompasses terminal degrees/certificates that are not offered on Main Campus, please state so.

The Massage Therapy Certificate Program at UNM-Taos is not offered on Main Campus.

2024 – 2025 Degree Plan for Core MAS Classes

Semester I - Fall

- MAS 250 Massage I (5)
- MAS 253 Deep Tissue (3)
- MAS 260 Ethics (3)
- MAS 280 Anatomy & Physiology (3)

Semester 2 – Spring

- MAS 251 Massage II (4)
- MAS 254 Myofascial Myoskeletal (3)
- MAS 258 Eastern Modalities Thai Massage (3)
- MAS 259 Exercise Physiology (3)

Semester 3 - Summer

- MAS 252 Massage III (3)
- MAS 255 Clinic (6)

Plus (8) Credit Hours of Electives from HHHA, MAS, NUTR

2B: Describe the contributions of the program to other units/programs on the campus (offering pre-reqs for other programs, cross-listed courses, etc.). If appropriate, provide details on how the program aligns with program requirements on UNM Main Campus.

This vocational training program requires eight credit hours of Electives from HHHA, MAS and NUTR. In the future, we would like to see the program expanded to include a pathway to obtain an Associates of Applied Science in Massage Therapy.

2C: Describe the modes of delivery used for teaching courses (i.e., distance learning).

This program is an in person, face to face, 650 contact hour presentation approved by the state board. We have a massage suite classroom with electric tables, medical models, charts, and IT equipment which includes:

computer with a hook up into a Clear View screen.

Cameras from two different angles and speakers throughout the room.

Each class has an online component through Canvas.

3. Continuous Assessment & Improvement

3A: Please include the program assessment plan and report that you submitted to the CARC for evaluation.

Integrative Massage Therapy 2018/2019

Academic Programs

Record for Assessment of Student Learning Outcomes

The University of New Mexico

Title of Degree or Certificate Program	Degree Level (Certificate, Associate, Bachelors, Master's, etc.)
Integrative Massage Therapy	Certificate

Name of Academic Department (if relevant): Integrative Health & Medical Massage

Name of College/School/Branch: UNM-Taos Academic Year/Assessment Period: 2018/2019

Submitted By (include email address): Kirstie Segarra, ksegarra@unm.edu

Date Submitted to College/School/Branch for Review: May 9, 2019

Date Reviewed by College Assessment and Review Committee (CARC) or the equivalent:

State whether ALL of the program's student learning outcomes (SLOs) are targeted/assessed/measured within one year, two years, OR three years: One year target.

If the program's SLO's are targeted/assessed/measured within two years or three years, please state whether this assessment record focuses on SLOs from the first year, second year, or third year: First year assessment.

Describe the actions and/or improvements that were implemented during the previous reporting period (provide relevant evidence):

First year reporting under this format. No previous changes to report.

Program Goal #1: Train competent and high-quality professionals prepared to serve the community in therapeutic massage.

Student Learning Outcomes	UNM Student Learning Goals (Knowledge, Skills, and/or Responsibili ty)	Assessmen t Measures incl. Measure Type (Direct or Indirect)*	Performa nce Benchma rk	Data Results*	Data Analysis*	Recommenda tions for Improvement/ Changes*
To apply knowledge of anatomy, physiology, and kinesiology.	To apply knowledge of anatomy, physiology, and kinesiology.	Direct Observatio n and testing by faculty.	70% complianc e	Exceeds Complia nce at 93% (23 students)	Average of Test Scores and Attendance/Partici pation Records	No Change
To perform entry-level massage therapy skills.	To perform entry-level massage therapy skills.	Direct Observatio n and testing by faculty.	70% complianc e	Exceeds Complia nce at 93% (23 students)	Average of Test Scores and Attendance/Partici pation Records	No Change
To distinguish indicators/ contraindicat ions for therapeutic massage.	To distinguish indicators/ contraindicat ions for therapeutic massage.	Direct Observatio n and testing by faculty.	70% complianc e	Exceeds Complia nce at 93% (23 students)	Average of Test Scores and Attendance/Partici pation Records	No Change
To apply massage therapy theory to practice.	To apply massage therapy theory to practice.	Direct Demonstra tion by student and observatio n by faculty.	70% complianc e	Exceeds Complia nce at 93% (23 students)	Average of Test Scores and Attendance/Partici pation Records	No Change

То		То	Direct	70%	Exceeds	Average of Test	No Change
demo	nstrate	demonstrate	Observatio	complianc	Complia	Scores and	
profe	ssional	professional	n by	e	nce at	Attendance/Partici	
code	of	code of	faculty and		93% (23	pation Records	
ethics	S.	ethics	class		students)		
			discussion				

Based on the data results and analysis provided for the student learning outcome(s) listed in the table above, for EACH student learning outcome, please state if the outcome was met, partially met, or not met. Briefly explain why: The outcome was met above compliance based on the measurements used in the classroom and testing. Program goal was met and exceeded expectations. No change recommended.

Program Goal #2: Demonstrate a successful employment record in the field through employment retention and professional advancement.

Student Learning Outcomes	UNM Student Learning Goal (Knowledge, Skills, and/or Responsibility	Assessme nt Measures *	Performan ce Benchmar k	Results*	Analysis *	Recommendatio ns for Improvement/ Changes*
To apply knowledge of anatomy, physiology, and kinesiology.	To apply knowledge of anatomy, physiology, and kinesiology.	Indirect Survey of Students	Successful completion of MBLEX Exam and Employmen t	Exceeds Benchma rk at 60% (7 of 11 Students)	Survey of Students . Students have taken MBLEX from Summer 2018 Cohort and obtained New Mexico License.	This cohort has been successful in taking national exam and obtaining licensure as well as job placement.
To perform entry-level	To perform entry-level	Indirect	Successful completion	Exceeds Benchma	Survey	This cohort has been successful

massage therapy skills.	massage therapy skills.	Survey of Students	of MBLEX Exam and Employmen t	rk at 60% (7 of 11 Students)	Students . Students have taken MBLEX from Summer 2018 Cohort and obtained New Mexico License.	in taking national exam and obtaining licensure as well as job placement.
To distinguish indicators/ contraindications for therapeutic massage.	To distinguish indicators/ contraindications for therapeutic massage.	Indirect Survey of Students	Successful completion of MBLEX Exam and Employmen t	Exceeds Benchma rk at 60% (7 of 11 Students)	Survey of Students . Students have taken MBLEX from Summer 2018 Cohort and obtained New Mexico License.	This cohort has been successful in taking national exam and obtaining licensure as well as job placement
To apply massage therapy theory to practice.	To apply massage therapy theory to practice.	Indirect Survey of Students	Successful completion of MBLEX Exam and Employmen t	Exceeds Benchma rk at 60% (7 of 11 Students)	Survey of Students . Students have taken MBLEX from Summer 2018 Cohort	This cohort has been successful in taking national exam and obtaining licensure as well as job placement

					and obtained New Mexico License.	
To demonstrate professional code of ethics	To demonstrate professional code of ethics	Indirect Survey of Students	Successful completion of MBLEX Exam and Employmen t	Exceeds Benchma rk at 60% (7 of 11 Students)	Survey of Students . Students have taken MBLEX from Summer 2018 Cohort and obtained New Mexico License.	This cohort has been successful in taking national exam and obtaining licensure as well as job placement

Based on the data results and analysis provided for the student learning outcome(s) listed in the table above, for EACH student learning outcome, please state if the outcome was met, partially met, or not met. Briefly explain why: The results are to be determined as some of this cohort still has to take the national exam in order to find placement in employment. Some students are still completing their final licensing process and this is typical in this field. When they complete licensure we will be able to offer career placement support. Program goal was met and exceeded expectations. No change recommended.

Program Goal #3: Demonstrate the ability to initiate and maintain strong interpersonal relationships in their field.

Student Learning Outcomes UNM Student Learning Goal (Knowledge , Skills, and/or Responsibili ty)	Assessm ent Measure s*	nce	Results*	Analysis*	Recommenda tions for Improvement / Changes*
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To apply knowledge of anatomy, physiology, and kinesiology.	To apply knowledge of anatomy, physiology, and kinesiology.	Direct Observat ion and testing by faculty.	70% complianc e	Exceeds Complia nce at 90% (25 students)	Average of Test Scores and Attendance/Partici pation Records	No Change
To perform entry-level massage therapy skills.	To perform entry-level massage therapy skills.	Direct Observat ion and testing by faculty.	70% complianc e	Exceeds Complia nce 90% (25 students)	Average of Test Scores and Attendance/Partici pation Records	No Change
To distinguish indicators/ contraindicat ions for therapeutic massage.	To distinguish indicators/ contraindicat ions for therapeutic massage.	Direct Observat ion and testing by faculty.	70% complianc e	Exceed Complia nce 90% (25 students)	Average of Test Scores and Attendance/Partici pation Records	No Change
To apply massage therapy theory to practice.	To apply massage therapy theory to practice.	Direct Observat ion and testing by faculty.	70% complianc e	Exceeds Complia nce at 90% (25 students)	Average of Test Scores and Attendance/Partici pation Records	No Change
To demonstrate professional code of ethics	To demonstrate professional code of ethics	Direct Observat ion and testing by faculty.	70% complianc e	Exceeds Complia nce at 90% (25 students)	Average of Test Scores and Attendance/Partici pation Records	No Change

Based on the data results and analysis provided for the student learning outcome(s) listed in the table above, for EACH student learning outcome, please state if the outcome was met, partially met, or not met. Briefly explain why: Program goal was met and exceeded expectations. No change recommended.

Program Goal #4: Successfully receive New Mexico State licensure or equivalent in massage therapy.

Student Learning Outcomes	UNM Student Learning Goal (Knowledge, Skills, and/or Responsibilit y)	Assessme nt Measures	Performan ce Benchmar k	Results*	Analysis *	Recommendati ons for Improvement/ Changes*
To apply knowledge of anatomy, physiology, and kinesiology.	To apply knowledge of anatomy, physiology, and kinesiology.	Indirect Survey of Students	Successful completion of MBLEX Exam and Employme nt	Exceeded benchmar k, 100% (7 of 11 students surveyed who have taken MBLEX)	Survey of Test Scores used and successfu l completi on of licensure.	No Change
To perform entry-level massage therapy skills.	To perform entry-level massage therapy skills.	Indirect Survey of Students	Successful completion of MBLEX Exam and Employme nt	Exceeded benchmar k, 100% (7 of 11 students surveyed who have taken MBLEX)	Survey of Test Scores used and successfu l completi on of licensure.	No Change
To distinguish indicators/ contraindications for therapeutic massage.	To distinguish indicators/ contraindications for therapeutic massage.	Indirect Survey of Students	Successful completion of MBLEX Exam and Employme nt	Exceeded benchmar k, 100% (7 of 11 students surveyed who have taken MBLEX)	Survey of Test Scores used and successfu l completi on of licensure.	No Change
To apply massage therapy theory to practice.	To apply massage therapy theory to practice.	Indirect Survey of Students	Successful completion of MBLEX Exam and	Exceeded benchmar k, 100% (7 of 11	Survey of Test Scores used and	No Change

			Employme nt	students surveyed who have taken MBLEX)	successfu l completi on of licensure.	
To demonstrate professional code of ethics	Survey of Students	Indirect	Successful completion of MBLEX Exam and Employme nt	Exceeded benchmar k, 100% (7 of 11 students surveyed who have taken MBLEX)	Survey of Test Scores used and successfu l completi on of licensure.	No Change

Based on the data results and analysis provided for the student learning outcome(s) listed in the table above, for EACH student learning outcome, please state if the outcome was met, partially met, or not met. Briefly explain why: Program goal was met and exceeded expectations. No change recommended.

UNM Generic Annual Program Assessment Report Massage Therapy 2018.docx

Please include a narrative consisting of:

• The student learning outcomes for the program

Program Goal #1: Train competent and high quality professionals prepared to serve the community in therapeutic massage.

Program Goal #2: Demonstrate a successful employment record in the field through employment retention and professional advancement.

Program Goal #3: Demonstrate the ability to initiate and maintain strong interpersonal relationships in their field.

Program Goal #4: Successfully receive New Mexico State licensure or equivalent in massage therapy.

Student Learning Outcomes:

How they are communicated to students

Syllabi, discussed in class, modeled by faculty

Changes/improvements to the student learning outcomes

Update syllabi and announcement made in class.

Yearly review preparing for new cohort.

• How clear and measurable the SLOs are

Benchmarks and data tracking procedures need to be documented and implemented.

• Direct and indirect assessment methods that are used

Grading Matrix published in syllabi, Discussions, Quizzes, Midterm, Final, Demonstrating hands-on skills, and cohort interaction.

3B: Explain how the student learning outcomes for the program are communicated to students, faculty, and stakeholders.

SLOs are stated in each syllabus and verbally communicated to each class.

3C: Describe the results of assessment activities, and how they are used to support quality teaching & learning and overall program improvements.

In development.

4. Students - Recruitment, Enrollment, & Trends

4A: Provide details on student recruitment practices (including items related to ease of transfer/articulation) and admission criteria for the program.

Webpage, Program Catalog, Enrollment Agreement, Application Form, Articulation Form w/SFCC, Admissions Criteria

4B: Provide an analysis of enrollment trends, persistence, and graduation trends (are students transferring?). Please include any available information on demographics (gender, ethnicity, nontraditional, etc.) as it pertains to your program.

(Insert graphs – Trends and Demographics – Alejandra Villalobos Melendez, Ed.D., St. Institutional Researcher)



INSTITUTIONAL RESEARCH

Date: 2/28/2024

For: Susan Myers, LMT

Massage Therapy Program Coordinator University of New Mexico, Taos

Content: Certificate in Massage Therapy trends and demographics

Created By: Alejandra Villalobos Meléndez, Ed.D., Sr. Institutional Researcher

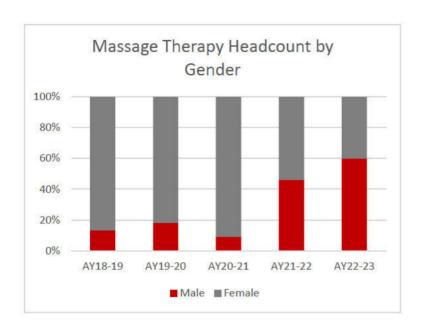
Executive Office

University of New Mexico, Taos

Sources: MyReports: Current Enrollment Unduplicated, Awards

Status: FINAL

CERT Massage Therapy Headcount by Gender										
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24				
Male	2	2	1	6	3	3				
Female	13	9	10	7	2	10				
Total	15	11	11	13	5	13				
Male	13%	18%	9%	46%	60%	23%				
Female	87%	82%	91%	54%	40%	77%				



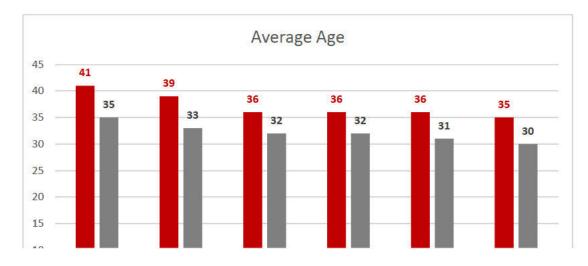
CERT Massage Therapy Headcount by Race/Ethnicity										
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24				
Total	15	11	11	13	5	13				
American Indian						1				
Hispanic	4	6	6	4	2	4				
White	11	5	5	7	3	7				
American Indian	0%	0%	0%	0%	0%	8%				
Hispanic	27%	55%	55%	31%	40%	31%				
White	73%	45%	45%	54%	60%	54%				

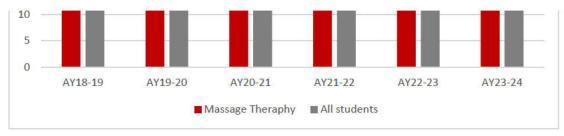


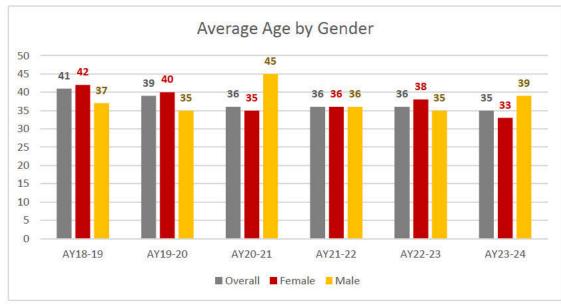
	CERT Mass	age Therap	y Average A	ge by Gend	ler	
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24
Overall	41	39	36	36	36	35
Female	42	40	35	36	38	33
Male	37	35	45	36	35	39
	All d	egree-seeki	ng, home st	tudents		
Overall	35	33	32	32	31	30
Female	36	34	32	33	31	30
Male	35	32	31	30	31	31

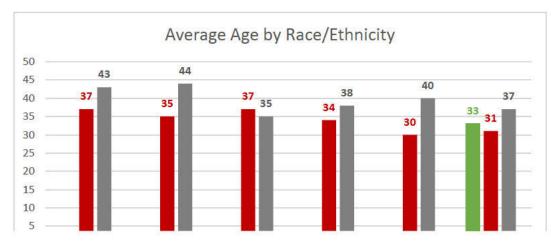
Massage Theraphy students are 4 to 6 years older than the average degree-seeking student at UNM-Taos.

	CERT Massa	age Therapy	Average A	ge by Ethni	city	
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24
American Indian						33
Hispanic	37	35	37	34	30	31
White	43	44	35	38	40	37
To the Control of the	All d	egree-seeki	ing, home s	tudents		
American Indian	33	33	30	32	34	29
Hispanic	33	30	30	29	28	28
White	39	37	36	35	35	35





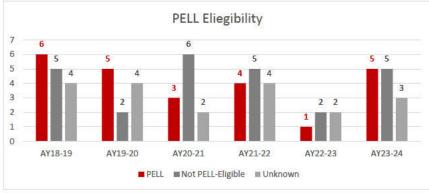


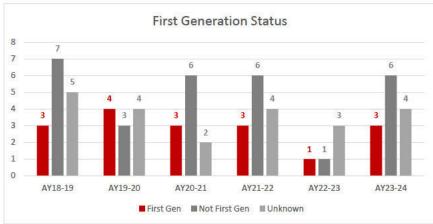




C	ERT Massag	ge Therapy .	Average Ag	e by PELL St	atus	
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24
Total	15	11	11	13	5	13
PELL	6	5	3	4	1	5
	40%	45%	27%	31%	20%	38%
Not PELL-Eligible	5	2	6	5	2	5
Unknown	4	4	2	4	2	3

C	ERT Massage	Therapy Av	erage Age b	y First Gen	Status	
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24
Total	15	11	11	13	5	13
First Gen	3	4	3	3	1	3
	20%	36%	27%	23%	20%	23%
Not First Gen	7	3	6	6	1	6
Unknown	5	4	2	4	3	4

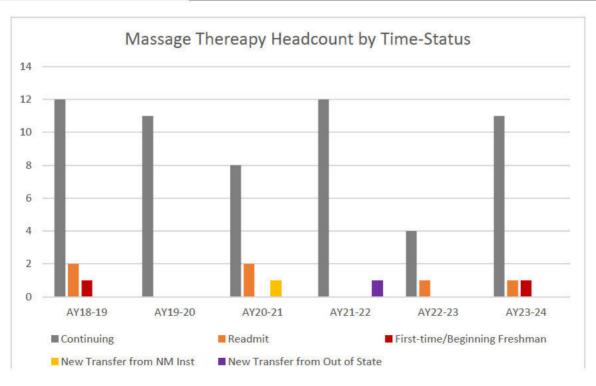


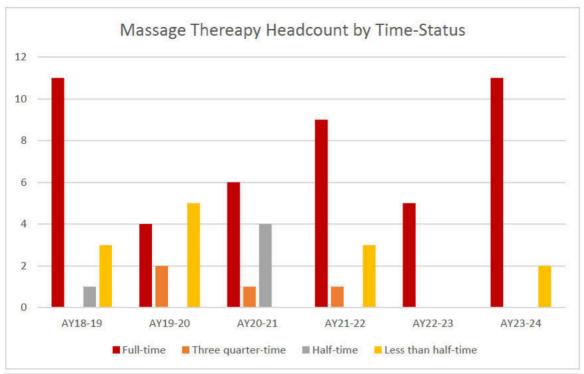


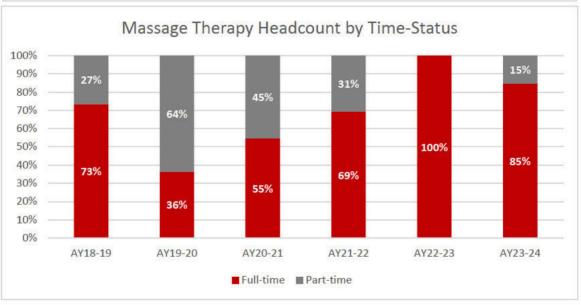
CERT Ma	ssage Thera	py Headcou	ınt by Time	-Status		
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24
Total	15	11	11	13	5	13
Full-time	11	4	6	9	5	11
Three quarter-time		2	1	1		
Half-time	1		4			
Less than half-time	3	5		3		2
Part-time	4	7	5	4	0	2
Full-time	73%	36%	55%	69%	100%	85%
Part-time	27%	64%	45%	31%	0%	15%
Three quarter-time	0%	18%	9%	8%	0%	0%
Half-time	7%	0%	36%	0%	0%	0%
Less than half-time	20%	45%	0%	23%	0%	15%

CERT Massage	CERT Massage Therapy Headcount by Student Population Status										
	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23	AY23-24					
Total	15	11	11	13	5	13					
Continuing	12	11	8	12	4	11					
Readmit	2		2		1	1					
First-time/Beginning Freshman	1					1					
New Transfer from NM Inst			1								
New Transfer from Out of State				1							

CERT Massage Therapy Average Load									
AY18-19 AY19-20 AY20-21 AY21-22 AY22-23 A									
SCH	19	15	18	17	19	24			

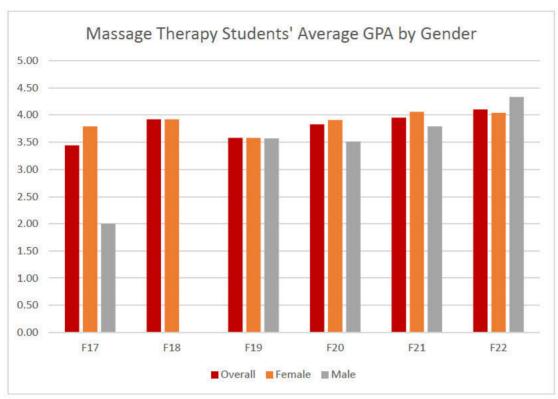


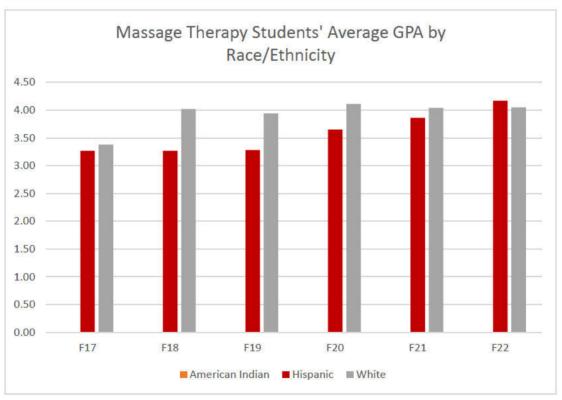




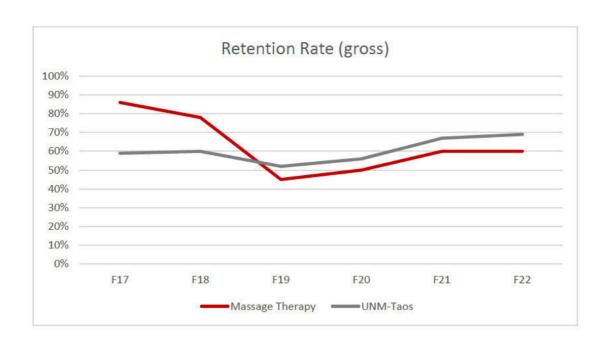
Massage Therapy Average GPA by Gender									
	F17	F18	F19	F20	F21	F22			
Overall	3.44	3.92	3.58	3.83	3.95	4.10			
Female	3.79	3.92	3.58	3.91	4.06	4.04			
Male	2.00		3.57	3.51	3.79	4.33			
	All deg	ree-seeking	, home stud	lents					
Overall	3.19	3.24	3.21	3.33	3.42	3.43			
Female	3.24	3.31	3.35	3.40	3.44	3.44			
Male	3.09	3.11	3.01	3.22	3.38	3.42			

	Massage Therapy Average GPA by Ethnicity								
	F17	F18	F19	F20	F21	F22			
American Indian									
Hispanic	3.27	3.27	3.28	3.65	3.86	4.17			
White	3.38	4.02	3.94	4.11	4.04	4.05			
	All deg	ree-seeking	, home stud	lents					
American Indian	3.10	2.93	3.08	3.17	3.35	3.03			
Hispanic	3.02	3.10	3.10	3.13	3.28	3.30			
White	3.69	3.57	3.51	3.72	3.70	3.75			



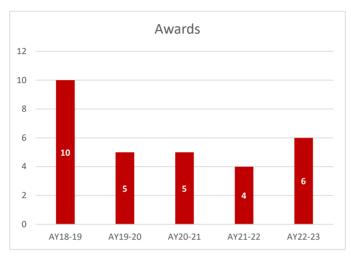


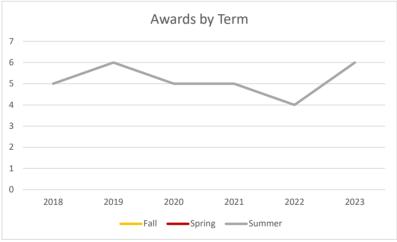
Retention Rate									
Cohort	F17	F18	F19	F20	F21	F22			
Massage Therapy	86%	78%	45%	50%	60%	60%			
UNM-Taos	59%	60%	52%	56%	67%	69%			



Awards by Term											
CERT Massage Therapy	2018	2019	2020	2021	2022	2023					
Fall	3										
Spring		1									
Summer	5	6	5	5	4	6					

Awards by Academic Year									
CERT Massage Therapy	AY18-19	AY19-20	AY20-21	AY21-22	AY22-23				
Awards	10	5	5	4	6				





4C: Describe program advisement and any other student support services that are provided by the program. Include any types of library or learning resources that are associated with the program.

UNM-Taos has a proactive admissions, advising and student services team

UNMTaosAdmissions@unm.edu

You can book can appointment with admissions here:

https://outlook.office365.com/owa/calendar/UNMTaosAdmissions1@unmm.onmicrosoft.com/bookings

Admissions

Baley Byers – Director of Admissions & Recruitment

Vickie Alvarez

Tasha Santistevan

Financial Aid

Christal Martinez

Gary Matney

Kyla Katz

Supervisor of Academic Advisement kkatz1@unm.edu

TaosAdvise@unm.edu

Kyla runs the team for Academic Advisement

Deazia Cardines

Will Ensign-Church

Jacob Pacheco

Trio Team

Mayra Guterriez-Ramirez

Angelique Vargas

Juan Juarez

Cami Hartman

Lead Community Health Worker, Student Resource Navigation chartman8@unm.edu

Cami can help you with setting up for student success.

Accommodation/Accessibility Statement:

In accordance with UNM Policy 2310 and the Americans with Disabilities Act (ADA), academic accommodations may be made for any student who notifies the instructor of the need for accommodation. It is imperative that you take the initiative to bring such needs to the instructor's attention, as he or she may not legally be permitted to inquire. Students who require assistance in emergency evacuations should contact the instructor as to the most appropriate procedures to follow. Contact Accessibility Services, at the Center for Academic Success and Achievement (CASA), to coordinate accommodations and services CASA is located in the Pathways building on the Klauer Campus and can be reached at 575.737.6257.

Title IX Statement:

To meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered "responsible employees." This designation requires that any report of gender discrimination, which includes sexual harassment, sexual misconduct and sexual violence, made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office Compliance, Ethics and Equal Opportunity (ceeo.unm.edu). For more information on the campus policy regarding sexual misconduct and reporting, see: https://policy.unm.edu/university-policies/2000/2740.html.

Respectful and Responsible Learning:

We all have shared responsibility for ensuring that learning occurs safely, honestly, and equitably. Submitting material as your own work that has been generated on a website, in a publication, by an artificial intelligence algorithm, by another person, or by breaking the rules of an assignment constitutes academic dishonesty. It is a student code of conduct violation that can lead to a disciplinary procedure. Please ask me for help in finding the resources you need to be successful in this course. I can help you use study resources responsibly and effectively. Off-campus paper writing services, problem-checkers and services, websites, and AIs can produce incorrect or misleading results. Learning the course material depends on completing and submitting your own work. UNM preserves and protects the integrity of the academic community through multiple policies including policies on student grievances (Faculty Handbook D175 and D176), academic dishonesty (FH D100), and respectful campus (FH CO9). These are in the Student Pathfinder (https://pathfinder.unm.edu) and the Faculty Handbook (https://handbook.unm.edu).

Academic Integrity Statement:

All instructors MUST add their policy regarding the use of Generative AI and any related consequences of misuse. * See appendix 4 for examples.

The policy of the University of New Mexico addresses the fact that academic honesty is one of the basic steps toward personal and academic development. Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters.

At UNM, academic dishonesty includes, but is not limited to, dishonesty in quizzes, tests, or assignments; claiming credit for work done by others; or the use of unauthorized use of generative AI / ChatGPT, hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University; and nondisclosure or misrepresentation in filling out applications or other University records. The University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or otherwise fails to meet the standards. Any student judged to have engaged in academic dishonesty in coursework may receive a reduced or failing grade for the work in question and/or for the course.

The University's full statement on academic dishonesty and the consequences for failure to comply is available online at <u>UNM Pathfinder Academic Dishonesty</u>.

Netiquette Statement:

Standards of courtesy and respect must be always maintained in our online classrooms. Join in the discussion but remember that this is still a classroom setting and that respect and consideration are crucial for any intellectual discussion. Name-calling and personal attacks are not permitted. Any violation of the standards of appropriate behavior online may result in your being dropped from this course and reported to the Dean of Instruction. Netiquette details for discussions can be found at UNM Canvass Netiquette Guidelines.

Dropping the course:

Students should not assume that nonattendance results in being dropped from the class. It is the student's responsibility to initiate drops or complete withdrawals utilizing <u>UNM Office of the Registrar or LoboWeb</u>

Citizenship and/or Immigration Status:

All students are welcome in this class regardless of citizenship, residency, or immigration status. Your professor will respect your privacy if you choose to disclose your status. As for all students in the class, family emergency-related absences are normally excused with reasonable notice to the professor, as noted in the attendance guidelines above. UNM as an institution has made a core commitment to the success of all our students, including members of our undocumented community. The Administration's welcome is found on our website: http://undocumented.unm.edu/.

UNM-Taos Library:

All students are encouraged to utilize library services as an additional resource for this course. Please visit: UNM-Taos Library

CASA (Center for Academic Success and Achievement):

All students are encouraged to utilize the CASA tutoring services offered free through UNM-Taos: UNM Taos CASA

Resources if You Need Help:

Student Support: Academic and basic needs support (accessing services such as food, housing, emergency funds, behavioral/medical health, childcare etc.) are available to students by filling out the Student Support Request (SSR) Form. Filling out this form will generate an email to the support service indicated (you may select more than one). A support service staff will reach out to you using the contact information provided. Please click the link UNM Taos Student Support Request

Timelycare Platform:

Medical as well as counseling is now available to students for 24/7 access to virtual care services. If students have questions, they can contact Cami at (575) 737-3697 or by e-mail at chartman8@unm.edu . https://timelycare.unm.edu/

NM Crisis Hotline:

If you or a loved one is experiencing any kind of emotional crisis, mental health or substance use concern, you can find help 24 hours a day, seven days a week, by calling the NM crisis and access line or peer to peer warmline 1-855-NMCRISIS (662-7474)

Due Process/Student Grievance Procedure:

If a student has a problem in class that cannot be handled by talking directly to the instructor, which would be the first step, the appropriate person to contact is the Program Coordinator or Department Chair if there is not a Program Coordinator for that course, in the program you are enrolled in. You can find Program Coordinators and Department Chairs online under the UNM Taos Department page for Academic Affairs. The Dean of Instruction/Chief Academic Officer is the last step if all matters remain unresolved.

UNM-Taos Safety, Masking:

UNM is a mask friendly, but not a mask required, community. If you are experiencing COVID-19 symptoms, please do not come to class. If you do need to stay home, please communicate with me. Let me, an advisor, or another UNM staff member know that you need support so that we can connect you to the right resources. Please be aware that UNM will publish information on websites and email students about any changes to our public health status and community response.

Up to date information related to UNM's COVID response can be found at the following link: https://www.unm.edu/covid/.

4D: Describe any student success and retention initiatives in which the program participates, including faculty-to-student ratios.



June 20, 2023

UNM-Taos Massage Therapy Certificate Program

Student Massage Clinic Funds

Since 2009 the UNM-Taos Student Massage Clinic brought in monies that were used "to support scholarships for teachers, teacher assistants, academic materials and student scholarships for tuition, books and supplies in the Holistic Studies department", located at the Massage Suite, Rm 118, Rio Grande Hall, Health Sciences Campus, UNM-Taos. These monies were received from public donations of \$25 per student massage. This year, 2023, we have raised the donation amount to \$30. In two weeks, we have already worked with 58 members of the public and are completely booked this week with 32 appointments.

I would like to propose the disbursement of these funds in the following manner:

1. Students receive \$5 per massage completed.

Reasoning – Not all clients tip. This is a way for the program to show appreciation for and build excitement regarding the hard work the students give during the Massage Therapy Clinic.

Many of the current students are raising families. That extra \$30 per week is a bag of groceries.

2. Encourage the students to complete their national exams – MBLEx reimbursement The current price for taking the MBLEx is \$265.

Reasoning – I would like to propose that cohort members can bring a receipt for test enrollment and successful completion – and then the program will reimburse the exam fee.

Once completed, the graduated certificate holder will still need to pay for New Mexico State License, Professional Insurance and start-up costs for their own businesses. With the fund created and supplied by the clinic portion of the program, UNM-Taos Massage Therapy Certificate Program can help to defer this exam cost so that these additional investment costs will be within reach of the newly minted Massage Therapists.

How the numbers shake out - \$30 per treatment

6 students working 6 massages per week - 36 clients x \$30= \$1080/week - 8 weeks = appx \$8640 \$5 per massage -appx \$30/week - 6 massages/student/week= $\frac{$180/week}{}$ - 8 weeks = appx \$1440 \$7200

MBLEx cost \$265 x 6= \$1590

UNM-Taos Massage Therapy Clinic Fund Donation Total = appx \$5610

With this strategy, the program will still clear approximately \$5610 to be used to support scholarships for teachers, teacher assistants, academic materials and student scholarships for tuition, books and supplies for the UNM-Taos Massage Therapy Program. I have worked with Thomas to set up a funds deposit through his office to care for the remainder of the funds.

Please see the attached page. Perhaps we need to update or resubmit a properly named Fund Establishment Form. 202159-025036 Holistic Health.pdf

All clients fill out a student review. Some comments -

*Overall great experience. *Very impressive for so early in their career. *Wow, so I've had deep tissue work before in shoulders, but they really went way beyond my expectations as a student! They were not afraid and knew exactly what they were doing. *Very calming presence. I felt cared for, and my requests were respected.

Thank you for your attention to this request.

Please contact me with any questions.

Kind regards,

Susan Myers

Student Massage Clinic Funds 2023.docx

Projected Numbers for Student Clinic 2024 - 11 students/appx 462 treatments -

4E: Please describe post-graduate success of the students, and how that is measured. Where are the typically placed / employed? Include transfers, if applicable

Please see the following 2022 UNM-Taos Curriculum Committee Application



UNM-Taos Massage Therapy Certification Program School License #35 since 2008

Application to University of New Mexico -Taos Curriculum Committee Department of Holistic Studies under Health Sciences University of New Mexico-Taos

1157 County Road 110 Ranchos de Taos, NM 87557 (575) 737-6200

Program E-mail: taosimt@unm.edu

Susan Myers, LMT#2180 Coordinator of the UNM-Taos Massage Therapy Certification Program Office Number (575) 741-7808

E-mail: myers77@unm.edu

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Program Overview & Goals - page 2

State Mandated Program requirements – page 3

UNM-Taos Syllabi content – page 7

MAS 250 - Massage Therapy I - page 10

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MAS 252 – Massage Therapy III – page 22

Conclusion - page 27



2022 Summary of UNM-Taos Integrative Massage Program

The University of New Mexico-Taos is a community college accredited by Higher Education Department (HED) of New Mexico. The program's first cohort in medical massage was the academic year of 2008/2009. As of 2022, we have graduated 14 classes totaling 114 students (see chart below). Our pass rate for the MBLEX (national exam for licensure in massage therapy) is 98%. The curriculum at UNM-Taos is certified by the curriculum committees within the university system at our branch campus and main campus as well as Higher Learning Commission (HLC). We are an accredited public institution for higher learning, which operates with higher standards and requirements than private institutions due to regulations by HLC and national accreditation. Our student handbooks and procedures are all published as unm.edu.

Our programs have standard learning outcomes and student learning outcomes which we assess/review annually to determine success and need for specific changes.

The emphasis in our curriculum is to produce professional massage therapists. Training massage therapist with technical skills in massage therapy for treatment of pain and dysfunction in the soft tissues is our focus. In the clinic program students gain hands-on experience in working with the local population with a variety of medical conditions and states of health and well-being. This prepares our students to enter into the arena of massage therapy upon graduation and licensure.

Number of Students who	
Graduated by Cohort	
Graduated August 2009	9
Graduated August 2010	9
Graduated August 2011	10
Graduated August 2012	9
Graduated August 2013	7
Graduated August 2014	10
Graduated August 2015	8
Graduated August 2016	6
Graduated August 2017	10
Graduated August 2018	11
Graduated August 2019	6
Graduated August 2020	6
Graduated August 2021	9
Graduated August 2022	4

Category	Number of Graduates	Percentage
Total Students Graduated	114	0.50877193
Total Employed in Massage Therapy Field	58	
Total Students passed MBLEX	63	
Students who did not pass MBLEX (Not all students choose to take the national exam)	1	
students choose to take the hational exam)		
Pass Rate of MBLEX	98%	98%
	98% 10	98% 9%
Pass Rate of MBLEX Native American and Curandismo	1000	Contract



Student continuing other Advanced Education before getting a License	2	
Received Out of State License and Employed	18	
Student who completed training with us from another school	7	
Students Incomplete due to COVID Closure 2020	9	

Program Goal #1: Train competent and high-quality professionals prepared to serve the community in therapeutic massage.

Program Goal #2: Demonstrate a successful employment record in the field through employment retention and professional advancement.

Program Goal #3: Demonstrate the ability to initiate and maintain strong interpersonal relationships in their field.

Program Goal #4: Successfully receive New Mexico State licensure or equivalent in massage therapy.



Certificate in Integrative Massage Therapy Program* UNM-Taos

Program Coordinator: Susan Myers LMT

650 Hours Program

The 650 Certificate in Integrative Massage Therapy is designed for individuals who would like to sit for the state licensure exam, which is required for entry-level employment in massage therapy. The 650 program meets the minimum requirements to sit for the licensure exam. Formal application and acceptance into the program is required before enrolling in class with a MAS prefix.

Program Requirements (Totaling 36-38 credits)

Course Number	Required Courses	Offered	State Requirements Met
	R	equired Courses	
MAS 250	Massage Therapy I 5 credits (Required) (75 contact hours)	Fall Only Tuesday 9am – 2:30 pm (1/2 hour lunch)	Massage Therapy Theory 25 Massage Therapy Practice 15 Anatomy & Physiology 13 Contraindications 15 Kinesiology 5 Pathology 2
MAS 251	Massage Therapy II 4 credits (Required) (60 contact hours)	Spring Only Tuesday 10am – 2:30pm (1/2 hour lunch)	Massage Therapy Theory 20 Massage Therapy Practice 10 Business 10 Anatomy 2 Contraindication and Pathology 20
MAS 252	Massage Therapy III 3 credits (Required) (45 contact hours)	Summer Only Wednesday 10am – 4:30 pm (1/2 hour lunch)	Anatomy 3 Business 5 Contraindication and Pathology 15 Hydrotherapy 10 First Aid/CPR 8
MAS 253	Deep Tissue Techniques in Massage Therapy I 3 credits (Required) (45 contact hours)	Fall Only Thursday 12:00- 2:30 pm	Physiology 5 Massage Therapy Theory 5 Massage Therapy Practice 5 Kinesiology 17.5 Contraindications and Pathology 12.5
MAS 254	Myofascial and Myoskeletal Techniques in Massage Therapy 3 credits (45 contact hours)	Spring Only Thursday 12:00- 2:30 pm	Anatomy & Physiology 20 Advanced medical massage and structural integration techniques 15 Kinesiology 5 Pathology 5
MAS 255	Clinical Practicum in Massage Therapy 6 credits (90 contact hours)	Summer Only Thursday/Friday 12:00-6:00 pm	Clinic 90 60 hours of hands on clinical training hours, 30 hours of specific training in contraindications and pathology as related to Oncology massage, HIV/Aids, HEPC, Elderly Care, Diabetes, Acute and Chronic Medical conditions.
MAS 259	Exercise Physiology	Spring Only	Physiology 5

^{*} Revised November 2022



	3 credits	Thursday 12:00	Vinasialagy 20
	•	Thursday 12:00-	Kinesiology 20
	(45 contact hours)	2:30 pm	Massage
			Pathology 15
MAS 260	Cultural Diversity	Fall Only	Ethics 45
	Competency & Cross	Wednesday 3:00-	
	Cultural Ethical Issues	5:30 pm	
	3 credits		
	(45 contact hours)		
MAS280	Massage Anatomy &	Fall Only	Anatomy & Physiology 20
	Physiology	Wednesday 12:00-	Pathology 20
	3 credits	2:30 pm	Practice 5
	(45 contact hours)	•	
You can c	hoose one or both of the follo	wing (at least one mus	t be taken to fulfill requirements):
HHHA 116	Oriental Medicine: An	Fall Only	Theory 20
	Introduction 3 credits	TBA	Practice 25
MAS 270	Oriental Medicine:	Spring Only	Theory 20
	Advanced Hands-On	Wednesday 3:00-	Practice 25
	Techniques	5:30 pm	Specifically Shiatsu, Oriental
	•	•	Medicine, Cupping and Moxabustion.
			Includes training of TENS units.

Electives

Required courses outlined above totaling 36-38 credits/540-570 contact hours. The remaining 6-9 credits/90-135 contact hours is needed to complete certification and any of the following electives may be chosen to obtain 650 hours certification. Student will need to take 2-3 classes from list below totaling 6-9 credits. **One credit hour is 15 contact hours of instruction.**

Course Number	Course Title	Offered
MAS 257	Balinese Traditional Massage 1-3 credits	TBA
MAS 258	Thai Massage 1- 3 credits	TBA
HHHA 104	Hatha Yoga 3 credits	TBA
HHHA 101	Introduction to Healing Arts 3 credits	Fall Only
НННА 115	Ayurveda: The Science and the Arts of Life and Longevity 1-3 credits	TBA
НННА 102	Meditation, Consciousness and Self-Healing 3 credits	Fall Only
НННА 263	Yoga and Psychology of Chakras 3 credits	TBA
НННА 262	Yoga and Anatomy Trains 3 credits	Spring Only
НННА 105	Tai Ji and Qi Gong 3 credits	TBA
NUTR 120	Nutrition for Health 3 Credits	TBA
MAS 260	Cranial Sacral I	TBA
MAS 265	Cranial Sacral II	TBA
MAS Topics 293	1 to 3 credits	All
HHHA Topics 293	Credits	All

Total Credits = 44 credits



Syllabi reflecting request of an addition of One Credit Hour for Core Classes Required to receive a UNM-Taos Massage Therapy Certificate



UNM-TAOS LAND ACKNOWLEDGEMENT

The University of New Mexico-Taos sits on the traditional homelands of the Red Willow People of Taos Pueblo. The original peoples of current-day New Mexico Pueblo, Navajo, and Apache since time immemorial, have deep connections to the land and have made significant contributions to the broader community statewide. We honor the land itself and those who remain stewards of this land throughout the generations and also acknowledge our committed relationship to Indigenous peoples. We gratefully recognize our history and work to maintain healthy, fruitful relationships with our neighbors for generations to come.

Disclaimer:

The instructor reserves the right to alter this syllabus to better meet the learning needs of the students. Minor changes will be announced in class, major ones provided in writing.

Accommodation Statement:

In accordance with UNM Policy 2310 and the Americans with Disabilities Act (ADA), academic accommodations may be made for any student who notifies the instructor of the need for accommodation. It is imperative that you take the initiative to bring such needs to the instructor's attention, as he or she are not legally permitted to inquire. Students who require assistance in emergency evacuations should contact the instructor as to the most appropriate procedures to follow. Contact Accessibility Services, at the Center for Academic Success and Achievement (CASA), to coordinate accommodations and services CASA is located on the Klauer Campus, TSPH West, and can be reached at 575.737.3695.

Title IX Statement:

In an effort to meet obligations under Title IX, UNM faculty, Teaching Assistants, and Graduate Assistants are considered "responsible employees" by the Department of Education (see pg. 15 - http://www2.ed.gov/about/offices/list/ocr/docs/qa-201404-title-ix.pdf). This designation requires that any report of gender discrimination which includes sexual harassment, sexual misconduct and sexual violence made to a faculty member, TA, or GA must be reported to the Title IX Coordinator at the Office of Equal Opportunity (oeo.unm.edu). For more information on the campus policy regarding sexual misconduct, see: https://policy.unm.edu/university-policies/2000/2740.html

Academic Integrity Statement:

The policy of the University of New Mexico addresses the fact that academic honesty is one of the basic steps toward personal and academic development. Each student is expected to maintain the highest standards of honesty and integrity in academic and professional matters.

At UNM, academic dishonesty includes, but is not limited to, dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or without the University; and nondisclosure or misrepresentation in filling out applications or other University records. University reserves the right to take disciplinary action, up to and including dismissal, against any student who is found guilty of academic dishonesty or otherwise fails to meet the standards. Any student judged to have engaged in academic dishonesty in coursework may receive a reduced or failing grade for the work in question and/or for the course.

The University's full statement on academic dishonesty and the consequences for failure to comply is available online at http://pathfinder.unm.edu/campus-policies/academic-dishonesty.html.

Netiquette Statement: Standards of courtesy and respect must be always maintained in our online classrooms. Join in the discussion, but remember that this is still a classroom setting and that respect and consideration are crucial for any intellectual discussion. Name-calling and personal attacks are not permitted. Any violation of the standards of appropriate behavior online may result in your being dropped from this course and reported to the Dean of Instruction. The University's full statement on netiquette is available online at http://online.unm.edu/help/learn/students/intro-to-online-tools/netiquette.html



Dropping the course: Students should not assume that nonattendance results in being dropped from the class. It is the student's responsibility to initiate drops or complete withdrawals utilizing http://registrar.unm.edu/ or LoboWeb at http://my.unm.edu/.

UNM-Taos Library:

All students are encouraged to utilize library services as an additional resource for this course. Here is the link to the UNM-Taos Library: https://taoslibrary.unm.edu/library.

CASA (Center for Academic Success and Achievement):

All students are encouraged to utilize the CASA tutoring services offered free through UNM-Taos: https://taos.unm.edu/students/casa.html

Student Referral Request Form

<u>UNM-Taos Student Support Request Form (qualtrics.com)</u>

Due Process/Student Grievance Procedure:

If a student has a problem in class that cannot be handled by talking directly to the instructor, which would be the first step, the appropriate person to contact is the Program Coordinator or Department Chair if there is not a Program Coordinator for that course, in the program you are enrolled in. You can find Program Coordinators and Department Chairs online under the Department page for Academic Affairs at: https://taos.unm.edu/academics/office-of-academic-affairs.html. The Dean of Instruction/Chief Academic Officer is the last step if all matters remain unresolved.

Respect the UNM Community by Preserving Health

You have the ability to prevent the spread of COVID-19 and to preserve the health of fellow students, your instructor, staff and the community by following UNM health protocols. These are consistent with the NM Department of Health. Up to date information related to UNM's COVID response can be found at the following link: https://www.unm.edu/coronavirus/.

UNM Administrative Mandate On Required COVID-19 Vaccination

UNM requires COVID-19 vaccination and a booster for all students, faculty, and staff, or an approved exemption (see: <u>UNM Administrative Mandate on Required Vaccinations</u>). Proof of vaccination and booster, or a <u>medical, religious, or online remote exemption</u>, must be uploaded to the <u>UNM vaccination verification site</u>. Failure to provide this proof may result in a registration hold and/or disenrollment for students and disciplinary action for UNM employees.

Booster Requirement: Individuals who received their second dose of a Pfizer or Moderna vaccine on or before June 15, 2021, or their single dose of a Johnson & Johnson vaccine on or before October 15, 2021, must provide documentation of receipt of a booster dose no later than January 17, 2022.

Individuals who received their second dose of a Pfizer or Moderna vaccine after June 15, 2021 or who received their single dose of Johnson & Johnson after November 15, 2021 must provide documentation of receipt of a booster within four weeks of eligibility, according to the criteria provided by the FDA (6 months after completing an initial two-dose Moderna vaccine, 5 months after completing the Pfizer sequence, and 2 months after receiving a one-dose Johnson and Johnson vaccine).

International students: Consult with the Global Education Office.

Exemptions: Individuals who cannot yet obtain a booster due to illness should request a <u>medical</u>, <u>religious</u>, <u>or online remote exemption</u> (which may have an end date) and upload this to the <u>vaccination verification site</u>.

Medical and religious exemptions validated in Fall 2021 (see your email confirmation) are also valid for Spring 2022 unless an end date was specified in the granting of a limited medical exemption. Students must apply for a remote online exemption every semester.

UNM-Taos Requirement on Masking in Indoor Spaces

In an effort to continue to protect our employees, families, and the community at large, we are encouraging everyone to remain diligent with COVID Safe Practices (CSPs), such as social distancing, routine hand washing/sanitizing, and continuing to wear a mask if you choose to do so (especially when you are gathered in groups).



While masks will no longer officially be required inside campus facilities, we support students, employees, and the general public who chose to continue to wear a mask. We ask that everyone be understanding and mindful of those who may have underlying health conditions or other personal reasons they might choose to continue to wear a mask.

For health-related courses and programs (i.e., those that take place at Rio Grande Hall), and CDL courses, please check with your program for their masking policy. Masking will be optional for RGH courses in SI and MAS.

UNM-Taos will continue to provide 3-ply medical-grade masks and temperature check stations at the entrances of each building.

If you have questions, you can find answers at: https://bringbackthepack.unm.edu/.

COVID-19 Symptoms and Positive Test Results: Please do not come to a UNM campus if you are experiencing symptoms of illness, or have received a positive COVID-19 test (even if you have no symptoms). Contact your instructors and let them know that you should not come to class due to symptoms or diagnosis.

Communication on change in modality: The President and Provost of UNM may direct that classes move to remote delivery at any time to preserve the health and safety of the students, instructor and community. Please check your UNM e-mail regularly for updates about our class and please check https://bringbackthepack.unm.edu regularly for general UNM updates about COVID-19 and the health of our community.

<u>Course Outline:</u> This course may be altered slightly as deemed needed by instructor. Students are expected to keep up of reading assignments on their own and know the material. The material in the reading may or may not be covered during the class time.



Massage I	Theory	Practice
Anatomy and Physiology	13	
Massage Therapy	25	15
Contraindications & Pathology	17	
Kinesiology	5	
Subtotal:	60	15
Massage Therapy Total	75	

UNM – TAOS Fall Syllabus

Course Title: Massage Therapy I Course Number: MAS 250

Course Credits: 5

Instructor: Robyn O'Boyle, LMT 8709 UNM Email*: roboyle@unm.edu

Office Location: Rio Grande Hall Room 118 Office Phone: NA

Office Hours By appointment

*FERPA requires that all communications between students and faculty are conducted through UNM e-mail addresses only. UNM Taos official communications will only be sent to student and faculty UNM e-mail addresses.

Class Meeting Day(s): Tuesdays Class Time: 9:30am - 2:00 pm Class Location / Room: RGH 118 Term / Semester: Fall

<u>Textbooks/Supplies/Materials/Equipment/ Technology or Technical Requirements:</u>

1. Theory and Practice of Therapeutic Massage, Beck, Mark F., Delmar Publishing.

ISBN 978-1435485242

6th Edition or anyone from 4th on.

2.Combined <u>Trail Guide to the Body + Student workbook</u>, by Andrew Biel, Books of Discovery Publishing ISBN 978-0-9968359-8-5

(Older additions of both text maybe used, please use edition three or higher on Trail Guide).

Course Description:

This course is for students accepted and enrolled in the UNM Integrative Massage Therapy Program.

This course will develop students understanding of the healing art of touch and gain a basic understanding of the field of massage. You will learn basic massage techniques including Swedish massage, acupressure, and reflexology. You will enhance your intuition, learn body reading and effective body mechanics so you learn to be relaxed as you give massage.

This course will provide the opportunity for students to refine their understanding of basic deep tissue and medical massage fundamentals as well as an opportunity to practice. Students will continue developing their skills in deep tissue massage. Other massage modalities may be explored at the discretion of the instructor. Students will work on each other in a safe, supportive, and professional environment.

Course Goals/Objectives:

[Major concepts, skills and goals for the class]

- Students will apply their skills in Swedish and deep tissue massage and related techniques to provide nurturing, stress reduction and wellness enhancement.
- Students will gain more familiarity with common pathologies and contraindications to massage therapy.
- There will be further exploration of the healing mechanisms of the body/mind and how the massage therapist can facilitate optimal wellness.
- Students will continue examination of personal growth and awareness issues.



- Students will discuss and experience all aspects of providing massage treatment to clients.
- Various massage treatments will be demonstrated.
- Students will learn what professionalism and safety mean in a therapeutic environment.

Student Learning Outcomes:

- 1. Will perform advanced and deep Swedish massage strokes and sequences.
- 2. Perform advanced and deep tissue and medical massage strokes and sequences.
- 3. Apply advanced draping procedures while massaging client.
- 4. Demonstrate knowledge of basic pathologies and contraindications to massage
- 5. Demonstrate basic muscle anatomy and how it applies to developing a massage sequence.

Expectations:

[Homework, projects, class participation and the like. Also, no cell phones (turn off).]

- Students will comply with the hygiene and dress code.
- Attendance is a crucial aspect of this course. See attendance policy below.
- Student must bring clean twin size sheets class to perform massages that are washed in scent free detergent and no dryer sheets or perfumes of any kind.
- Student is expected to keep up with the reading materials as described in the outline. This is crucial preparation for the Nation Exam and may not be covered during class time.

Course Requirements:

- Exams mid-term and final exam
- Hands-On Testing
- Quizzes on sections.
- Papers-specific assignments.
- Exercises in class.

Student Attendance Policy:

- Students must attend class regularly and punctually. Students should be in class and prepared to start at the start of class.
- Tardiness beyond 15 minutes will be considered an absence.
- If you arrive late to class you should enter quietly and not engage in conversation. You are expected to talk to another student to find out what you missed outside of class time not the instructor. It is very disruptive to other students to arrive late and distract from class time.
- Excessive absences may result in a student being dropped from the class. It is UNM-Taos policy that a student MAY be dropped by their instructor after one absence (three clock hours).
- Due to the fact that this program is regulated by the New Mexico Massage Therapy Board and massage is taught as **contact hours** with a Licensed Instructor teaching NO MAKE UP is allowed. You must clock hours in with a Licensed Instructor in order for the course to count toward licensure. You may enroll in an independent study make up course to make up hours missed.

Participation Rubric for Program

Score	4	3	2	1
Level of	Student proactively	Student proactively	Student rarely	Student never offers
Engagement in	participates in class	participates in class	contributes in class	ideas or ask
Class	by asking questions	by asking questions	by asking questions	questions.
	more than once per	once per class.	or offering ideas.	
	class.			
Listening,	Respectfully listens,	Respectfully listens,	Has trouble	Does not listen,
questioning and	ask questions and	ask questions and	listening with	argues with
discussing	discusses topics,	discusses topics.	respect and takes	teammates, and
	helps direct the		over discussions	does not consider
	group in solving		without letting	other ideas.
	problems.		others have a turn to	
			speak.	
Preparation	Student almost	Student usually	Student is rarely	Student is mostly
	always prepared	prepared with	prepared with	never prepared with
	with student			



	assignments and class materials.	student assignments and class materials.	student assignments and class materials.	student assignments and class materials.
Partnering	Student is willing to	Student usually	Student	Student rarely
	participate in group	participates in group	occasionally	participates in group
	assignments with a	assignments with a	participates in group	assignments with a
	positive attitude and	positive attitude and	assignments with a	positive attitude and
	contribute equally in	contribute equally in	positive attitude and	contribute equally in
	exchanges.	exchanges.	contribute equally in	exchanges.
			exchanges.	

Grading:

Students will be graded on the following criteria and is posted throughout the semester in learn.unm.edu.

Attendance & Participation 70% Written Exams 20% Technique Evaluation by Instructor 10%

	Letter Grade
>100	A+
97-100	A
94 – 96	A-
90 – 93	B+
87 – 89	В
83 - 86	B-
80 - 82	C+
77 – 79	C
73 – 76	C-
70 – 72	D+
67 – 69	D
63 - 66	D-
<63	F

Course Schedule:

Changes depending on semester.

<u>Course Outline:</u> This course may be altered slightly as deemed needed by instructor. Students are expected to keep up of reading assignments on their own and know the material. The material in the reading may or may not be covered during the class time.



WEEK	SECTIONS	<u>Description</u>	<u>Assessments</u>	<u>Lab/Practicum</u>
1	Log in to Canvas. Review syllabus. Assign daily movement and mindfulness practice. Read Chapter 1-4	Focus on Grounding Creating a safe environment for touch therapy. Students are required to wear underwear and sports bras for women in classroom trades. Energy exercise holding hands apart. Introduction to Touch and the Superficial Fascia. Video by Gil Hedley. Full body massage principles; review of draping techniques, and safety protocol. Smudging ceremony.	Instructor and Recipient	Sitting and moving meditation. Qigong. Self Massage Transference/Counter transference Exercise Cadaver Video on Superficial Fascia Video by Gil Hedley. Class discussion
2	Daily movement and mindfulness practice. Read Chapter 3&4	Focus and Grounding Movement exercise pushing vs pulling. Self-care techniques. Body Reading-G and G Prime Working in Layers-Dycem Demo Introduction to Midline concepts and anatomical positions of the body Basics of touch Introduction of body mechanics.	Instructor and Recipient	Sitting and moving meditation. Qigong. Self Massage Reading the clients body exercise in walking.
3	Daily movement and mindfulness practice. Begin Chapter 5	Focus and Grounding Questions and sharing. First contact with client. Compression and petrissage on clothed client. Transference and countertransference exercise. Introduction of shoulder girdle. Demonstration of posterior techniques-SITS muscles. Posterior and Anterior techniques-insertions of SITS, pectoralis minor/major and bicep tendon.	Instructor and Recipient	Sitting and moving meditation. Qigong. Self Massage Perform hands-on skills training detail of shoulder on class member.



4	Daily movement and mindfulness practice. Read Chapter 6,7,8	 Focus and Grounding Questions and sharing Basic draping. Swedish Massage Techniques Effleurage and Petrissage. Review contraindications. Shoulder Girdle Continued- View DVD on nerves and blood vessels, endangerment sites, ROM and movement. Shoulder Girdle Continued- Functional Line. Vectors of working on the shoulder girdle and assessment. Quiz on Shoulder Girdle on learn.unm.edu. Due following week. 	Instructor and Recipient	Perform massage on class member practicing Effleurage and Petrissage. Perform hands-on skills training detail of shoulder on class member.
5	Daily movement and mindfulness practice. Read Chapter 9,10	Focus and Grounding Ouestions and sharing Self care techniques. Swedish Massage techniques Tapotement, Friction and Vibration. Review whole body massage sequencing. Pelvis-View Cadaver DVD— learn deep six hip muscles.	Instructor and Recipient	Perform massage on class member practicing Tapotement, Friction and Vibration. Perform hands-on skills training detail of Hip muscles on class member.
6	Daily movement and mindfulness practice. Read Chapter 11,12	Focus and Grounding • Effects and Benefits of Massage. Ch 6 • Classification of Massage Movement. Ch 10 • Introduction to SOAP notes, practice writing SOAP notes, overview of confidentiality laws. • Pelvis-Anterior and Posterior ROM. Quiz on pelvis on learn.unm.edu due following week.	Instructor and Recipient	Perform massage on class member. Review previous movements with Grounded Presence Perform hands-on skills training detail of Pelvis-Anterior and Posterior on class member.
7	Daily movement and mindfulness practice. Chapter 5	Focus and Grounding Self-care techniques. Contraindications, Endangerment sites. Ch 6 Spine-View Cadaver DVD on spinal cord and muscles.	Instructor and Recipient	Perform massage on class member Overview of previous skills with Static Holds added.



10.00				
8	Daily movement and mindfulness practice. Mid-Term	 Focus and Grounding Review and Discussion. Draping review Infection Control and Safety Practices Spine-Lamina Groove technique, flying "v" and tuck and roll bench work. Mid-Term Quiz on learn.unm.edu due following week. 	Instructor and Recipient	Perform massage on class member Overview of previous skills with Gliding techniques added.
9 Pueblo Outreach ?	Chapter 5	Focus and Grounding Neck and Head techniques- View Cadaver DVD on Head and Neck. Integration of head neck with spine work. Review of endangerment sites.	Instructor and Recipient	Perform massage on class member Overview of previous skills with Torsion and Shearing Methods added. General Massage for Anterior Torso and Neck.
10	Chapter 11	Focus and Grounding Review Self-care techniques. Establishing a sequence- Posture, Strength and Body Control Forearm and Hand techniques- view cadaver DVD. Demonstration of forearm and hand techniques.	Instructor and Recipient	Perform massage on class member Overview of previous skills with Oscillating methods and Percussive Movements added. General Arm Massage
11	Chapter 11	Focus and Grounding Establishing a sequence Posture, Strength and Body Control. Thigh and Hamstrings-view cadaver DVD, demo of techniques.	Instructor and Recipient	Perform massage on class member Draping Test General Massage for Foot and Leg General Massage for the back of the body including legs.
12	Chapter 12	Focus and Grounding Client position, Contact and Quality of touch Professional Rules of Safety Procedures Knee-view cadaver DVD, demo of techniques.	Instructor and Recipient	Perform massage on class member General Massage for the front of the body including legs.
13	Chapter 3	Focus and Grounding	Instructor and Recipient	Perform massage on class member Developing a sequence for the Basic Body Massage - Prone



14	Review	Integrating techniques: • Flow in sequence practice • Practicing professional massage (greeting client) Final Quiz on learn.unm.edu due following week.	Instructor and Recipient	Perform massage on class member Turning from Prone to Supine Basic Body Massage- Supine
15	Review	Integrating Techniques: Semester Review Esalen Video and meet with students individually.	Perform a 1-hour massage on fellow classmate.	Perform massage on class member Developing a sequence for the Full Body Massage
16	Final Exam Due	Final Exam Hands-On: • Hand on practicum in class with another student.	Students with models Instructor Eval	Perform Full Body Swedish Massage

Theory 60 Practice 15 Total 75



Massage II	Theory	Practice
Massage Therapy	20	10
Anatomy & Physiology	2	
Contraindications and Pathology	18	
Business	10	
Subtotal:	50	10
Massage Therapy Total	60	

UNM – TAOS Spring Syllabus

Course Title: Massage Therapy II Course Number: MAS 251

Course Credits: 4

Instructor: Robyn O'Boyle, LMT 8709 UNM Email*: roboyle@unm.edu

Office Location: Rio Grande Hall Room 118 Office Phone: NA

Office Hours By appointment

*FERPA requires that all communications between students and faculty are conducted through UNM e-mail addresses only. UNM Taos official communications will only be sent to student and faculty UNM e-mail addresses.

Class Meeting Day(s): Tuesdays
Class Location / Room: RGH 118
Class Time: 10am - 2:30 pm
Term / Semester: Spring

<u>Textbooks/Supplies/Materials/Equipment/ Technology or Technical Requirements:</u>

1. Theory and Practice of Therapeutic Massage, Beck, Mark F., Delmar Publishing.

ISBN 978-1435485242

6th Edition or anyone from 4th on.

2.Combined <u>Trail Guide to the Body + Student workbook</u>, by Andrew Biel, Books of Discovery Publishing ISBN 978-0-9968359-8-5

(Older additions of both text maybe used, please use edition three or higher on Trail Guide).

Course Description:

This course is for students enrolled in the UNM Integrative Massage Therapy Program who have successfully completed Massage Therapy I.

This course will provide the opportunity for students to refine their understanding of deep tissue and medical massage fundamentals as well as an opportunity to practice. Students will continue developing their skills in deep tissue massage. Students will learn application of hydrotherapy, energy techniques, introduction to oriental medicine, sports massage, contraindications and disease education. Other massage modalities may be explored at the discretion of the instructor. Students will work on each other in a safe, supportive, and professional environment.

Course Objectives:

[Major concepts, skills and goals for the class]

- Students will apply their skills in deep tissue massage and related techniques to provide nurturing, stress reduction and wellness enhancement.
- Students will gain more familiarity with common pathologies and contraindications to massage therapy.
- Various massage treatments will be demonstrated.
- Students will learn what professionalism and safety mean in a therapeutic environment.

Student Learning Outcomes:



[List 3-4 measurable student learning outcomes that you want the student to be able to do when they

- 1. Perform basic visual and manual soft-tissue assessment.
- 2. Demonstrate appropriate professionalism, standard infection control and proper body mechanics.
- 3. Demonstrate knowledge of the safety issues and appropriateness of the application of hydrotherapy and other hot and cold body treatments
- 4. Demonstrate basic medical massage treatment and how it applies to developing a massage sequence.

Expectations:

[Homework, projects, class participation and the like. Also, no cell phones (turn off).]

- Students will comply with the hygiene and dress code.
- Attendance is a crucial aspect of this course. See attendance policy below.
- Student must bring clean twin size sheets class to perform massages. Sheets should be washed in scent free detergent, no dryer sheets with perfume scents of any kind.
- Student is expected to keep up with the reading materials as described in the outline. This is crucial preparation for the Nation Exam and may not be covered during class time.

Course Requirements:

- Exams Mid-term and Final Exam
- Presentations Individual
- Quizzes unannounced

• Attendance Policy:

- Students must attend class regularly and punctually. Students should be in class and prepared to start at the start of class.
- Tardiness beyond 15 minutes will be considered an absence.
- If you arrive late to class, you should enter quietly and not engage in conversation. You are expected to talk to another student to find out what you missed outside of class time, not the instructor. It is very disruptive to other students to arrive late and distract from class time.
- Excessive absences may result in a student being dropped from the class. It is UNM-Taos policy that a student MAY be dropped by their instructor after three absences which is the equivalent of 3 contact hours not classes. You may be dropped after missing one class (three clock hours).
- Due to the fact that this program is regulated by the New Mexico Massage Therapy Board and massage is taught as contact hours with a Licensed Instructor teaching NO MAKE UP is allowed. You must clock hours in with a Licensed Instructor in order for the course to count toward licensure. You may enroll in an independent study make up class to make up contact hours.

Participation Rubric for Program

Score Score	4	3	2	1
Level of Engagement in Class	Student proactively participates in class by asking questions more than once per class.	Student proactively participates in class by asking questions once per class.	Student rarely contributes in class by asking questions or offering ideas.	Student never offers ideas or ask questions.
Listening, questioning and discussing	Respectfully listens, ask questions and discusses topics, helps direct the group in solving problems.	Respectfully listens, ask questions and discusses topics.	Has trouble listening with respect and takes over discussions without letting others have a turn to speak.	Does not listen, argues with teammates, and does not consider other ideas.
Preparation	Student almost always prepared with student assignments and class materials.	Student usually prepared with student assignments and class materials.	Student is rarely prepared with student assignments and class materials.	Student is mostly never prepared with student assignments and class materials.
Partnering	Student is willing to participate in group assignments with a	Student usually participates in group assignments with a	Student occasionally participates in group	Student rarely participates in group assignments with a



positive attitude and	positive attitude and contribute equally in	assignments with a	positive attitude and
exchanges.	exchanges.	contribute equally in	1 ,
	_	exchanges.	_

Attendance & Participation 70% Written Exams 20% Technique Evaluation by Instructor 10%

Grading Distribution Scale

Percent	Letter Grade
>100	A+
97-100	A
94 – 96	A-
90 – 93	B+
87 – 89	В
83 - 86	B-
80 - 82	C+
77 – 79	С
73 – 76	C-
70 – 72	D+
67 – 69	D
63 – 66	D-
<63	F

<u>Course Outline:</u> This course may be altered slightly as deemed needed by instructor. Students are expected to keep up of reading assignments on their own and know the material. The material in the reading may or may not be covered during the class time.

WEEK	SECTIONS	<u>Description</u>	<u>Assessments</u>	<u>Lab/Practicum</u>
1	Continue Reviewing	Focus on Grounding	Instructor and Recipient	Perform massage on class member
	Chapter 5 and Trail Guide	Cadaver Lab DVD Muscles and Bone	1	
	(whole semester), Read	Advanced Shoulder Girdle Lecture.		
	Chapter 13	Demonstration of posterior techniques- SITS muscles.		
2	Read Chapter 18	Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Cadaver Lab DVD Nerves and Blood		
		Advanced Shoulder Girdle Lecture.		
		Anterior techniques-insertions of SITS, pectoralis minor/major and bicep tendon.		
3	Red Chapter 14	Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Introduction to hydrotherapy application and practice.	1	



4	Read Chapter	Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Shoulder Girdle Continued-Functional Line aspects and clinical implications.	recipient	class memoer
		Quiz on shoulder girdle.		
5	Read Chapter 15	Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Pelvis-View Cadaver DVD—learn deep six hip muscles.	1	
6	Read Chapter	Focus and Grounding		
	16	Review of SOAP notes, practice writing SOAP notes, overview of confidentiality laws.		
		Pelvis-Anterior and Posterior ROM.		
		Quiz		
7		Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Spine Anatomy Lecture-View Cadaver DVD on spinal cord and muscles.		
8	Midterm	Full body massage sequencing and practice test.	Instructor and Recipient	Perform massage on class member
9	Review Book in	Focus and Grounding	Instructor and	Perform massage on
preparation for National Exam		Introduction to Sports Massage and demo.	Recipient	class member
10		Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Forearm and Hand techniques	1	
		Cadaver Lab DVD Muscles and Bone		
		Demonstration of forearm and hand techniques.		
11		Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Cadaver Lab DVD Muscles and Bone	-	
		Thigh and Hamstrings Lecture and demo of techniques.		
12		Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Cadaver Lab DVD Muscles and Bone	Recipient	ciass memoer
		Knee lecture and demo of techniques.		
13		Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Cadaver Lab DVD Muscles and Bone	Recipient	Class memoer
		Leg and Foot lecture and demo of techniques.		
14		Focus and Grounding	Instructor and Recipient	Perform massage on class member
		Building a massage practice.	-	



15	Focus and Grounding Continuation of business and building a practice. Review of Material and preparation for Final Exam.	Instructor and Recipient	Perform massage on class member
16	Written Final Exam Due and Full Body Massage test.		

Theory 50 Practice 10 Total 60



Massage III	Theory	Practice
Massage Therapy	5	
Business and Legal	5	
CPR/FirstAid	8	
Contraindications & Pathology	17	
Hydrotherapy	5	5
Subtotal:		5
Massage Therapy Total	45	

UNM – TAOS Syllabus Semester Summer

Course Title: Massage Therapy III Course Number: MAS 252

Course Credits: 3

Instructor: Robyn O'Boyle, LMT 8709 UNM Email*: roboyle@unm.edu

Office Location: Rio Grande Hall Room 118 Office Phone: NA

Office Hours By appointment

*FERPA requires that all communications between students and faculty are conducted through UNM e-mail addresses only. UNM Taos official communications will only be sent to student and faculty UNM e-mail addresses.

Class Meeting Day(s): Wednesday Class Time: 10am – 4:30 pm Class Location / Room: RGH 118 Term / Semester: Summer

Textbooks/Supplies/Materials/Equipment/ Technology or Technical Requirements:

1. <u>Theory and Practice of Therapeutic Massage</u>, Beck, Mark F., Delmar Publishing. ISBN 978-1435485242

6th Edition or anyone from 4th on.

2.Combined <u>Trail Guide to the Body + Student workbook</u>, by Andrew Biel, Books of Discovery Publishing ISBN 978-0-9968359-8-5

(Older additions of both text maybe used, please use edition three or higher on Trail Guide).

Recommended Textbook:

- Werner, Ruth, <u>A Massage Therapist's Guide to Pathology: Critical Thinking and Practical Application</u>, Wolters Kluwer, ISBN 978-1-4963-1082-8 6th Edition
- 2. Wible, Jean, <u>Drug Handbook for Massage Therapists</u>, Wolters Kluwer, ISBN 13-978-0-7817-6309-7.

Course Description:

This course is for students enrolled in the UNM Integrative Massage Therapy Program who have successfully completed Massage Therapy II. This course will provide the opportunity for students to refine their understanding of Medical Massage fundamentals as well as an opportunity to practice. Students will continue learning application of hydrotherapy, sports massage, contraindications and disease education. **This course is meant to be taken in conjunction with the clinical practicum**. Other massage modalities may be explored at the discretion of the instructor. Students will work on each other in a safe, supportive, and professional environment.

Course Objectives:

[Major concepts, skills and goals for the class]

- Students will learn application of medical massage techniques to specific pathologies.
- Students will learn how to work with specific pathologies such as HIV, HEPC and Palliative Care.
- Students will know how to prepare for the licensure exam.



• Students will be guided in the application process for licensure in the state of New Mexico.

Expectations:

[Homework, projects, class participation and the like. Also, no cell phones (turn off).]

- Students will comply with the hygiene and dress code.
- Attendance is a crucial aspect of this course. See attendance policy below.
- Student must bring clean twin size sheets class to perform massages.
- Student is expected to keep up with the reading materials as described in the outline. This is crucial preparation for the Nation Exam and may not be covered during class time.

Course Requirements:



- Class Participation
- Presentations Individual
- Exercises In class

Attendance Policy:

- Students must attend class regularly and punctually. Students should be in class and prepared to start at the start of class.
- Tardiness beyond 15 minutes will be considered an absence.
- If you arrive late to class, you should enter quietly and not engage in conversation. You are expected to talk to another student to find out what you missed outside of class time, not the instructor. It is very disruptive to other students to arrive late and distract from class time.
- Excessive absences may result in a student being dropped from the class. It is UNM-Taos policy that a student MAY be dropped by their instructor after three absences.
- Due to the fact that this program is regulated by the New Mexico Massage Therapy Board and massage is taught as **contact hours** with a Licensed Instructor teaching NO MAKE UP is allowed. You must clock hours in with a Licensed Instructor in order for the course to count toward licensure.

Participation Rubric for Program

Score	4	3	2	1
Level of Engagement in Class	Student proactively participates in class by asking questions more than once per class.	Student proactively participates in class by asking questions once per class.	Student rarely contributes in class by asking questions or offering ideas.	Student never offers ideas or ask questions.
Listening, questioning and discussing	Respectfully listens, ask questions and discusses topics, helps direct the group in solving problems.	Respectfully listens, ask questions and discusses topics.	Has trouble listening with respect and takes over discussions without letting others have a turn to speak.	Does not listen, argues with teammates, and does not consider other ideas.
Preparation	Student almost always prepared with student assignments and class materials.	Student usually prepared with student assignments and class materials.	Student is rarely prepared with student assignments and class materials.	Student is mostly never prepared with student assignments and class materials.
Partnering	Student is willing to participate in group assignments with a positive attitude and contribute equally in exchanges.	Student usually participates in group assignments with a positive attitude and contribute equally in exchanges.	Student occasionally participates in group assignments with a positive attitude and contribute equally in exchanges.	Student rarely participates in group assignments with a positive attitude and contribute equally in exchanges.

Grading Policy:

Attendance - 40% Participation - 30%

Hands-on Technique evaluation by instructor 30%



Grading Distribution Scale

Percent	Letter Grade
>100	A+
97-100	A
94 – 96	A-
90 – 93	B+
87 – 89	В
83 - 86	B-
80 - 82	C+
77 – 79	С
73 - 76	C-
70 - 72	D+
67 – 69	D
63 - 66	D-
<63	F

<u>Course Outline:</u> Massage III: Course may be modified to accommodate guest speakers.

WEEK	<u>SECTIONS</u>	<u>Description</u>	<u>Assessments</u>	<u>Lab/Practicum</u>
1	Each class is 5 contact hours during summer semester.	Set up of Clinical Practicum. First Aid Training—4 contact hours.	Instructor and Recipient	Perform massage on class member
2		Review of first week of clinic. Staffing clients. CPR Training—4 contact hours.	Instructor and Recipient	Perform massage on class member
3		Focus and Grounding; Preparing for National Exam and State requirements. Licensure application packet.	Instructor and Recipient	Perform massage on class member
4	Pregnancy Outreach Clinic 3-5 pm	Focus and Grounding; Review of hydrotherapy application and practice. HIV training. Preparing for building a business. Pregnancy and Post-partum training.	Instructor and Recipient	Perform massage on class member
5	Guest Speaker	Focus and Grounding; questions and sharing; • review contraindications. Pathological implications in medical massage. • How to prepare to work in a hospital environment.	Instructor and Recipient	Perform massage on class member



6	Guest Speaker	Applications of massage therapy to the Spa Industry. Leaders in the spa industry will present to the class.	Instructor and Recipient	Perform massage on class member
7	Taos Pueblo Elder Clinic from 1-3 pm	Focus and Grounding; Pueblo Outreach Wrap up for graduation.	Instructor and Recipient	Perform massage on class member
8	Friday at Noon to 3:00 pm.	Graduation at Ranchos Plaza Grill Each student can bring one guest on the program. There will be a charge for extra guests.		

Theory 40 Practice 5 Total 45



Conclusion: Why are we asking to make these credit hour changes?

The UNM-Taos Massage Therapy Certification program faculty are seeing a trend of students not accepted into the Massage Program core track taking the *HHHA 106 Intro to Massage Class* and having difficulty keeping up with the constituted MAS cohort.

This is distracting for the dedicated cohort, as we are moving the MAS students through curriculum including *A&P*, *Deep Tissue and Ethics*. This leaves the non-cohort students languishing.

My recommendation is to move the 3 credit hours held by the HHHA106 Intro to Massage course and migrate two credit hours into the MAS 250 Massage Therapy I, and one credit hour into the MAS 251 Massage Therapy II to incorporate subject matter covered in HHHA106 and provide extended hands-on practice for the dedicated Massage Therapy Cohort.

Thank you for your consideration of the requested change. Please contact me with any questions.

Kind regards, Susan

Susan Myers, LMT#2180 She/her UNM-Taos Integrative Massage Therapy I

Integrative Massage Therapy Program Coordinator/Faculty Member

Office Phone - Massage Therapy: (575) 741-7808 Physical Address

Rio Grande Hall, 121 Civic Plaza Dr., Taos, NM

Mailing Address

1157 County Road 11. Ranchos de Taos. NM 87557

https://taos.unm.edu/academics/departments/depts/health-sciences/hhha/massage-therapy.html

FERPA

UNM//Office of the Registrar//Privacy Rights https://registrar.unm.edu/privacy-rights/ferpa.html



UNM-Taos Massage Therapy Certificate Program

Program Coordinator Susan Myers, LMT 2180

HCMC information request

4/15/2024

Any credentials earned through the program (stackable or otherwise) Massage Therapy Certificate.

Possible AAS in Massage Therapy in the future.

Any licensing or certifications earned or prepared for –

Program graduates are cleared to take the FSMTB (Federation of State Massage Therapy Boards) fsmtb.org,

MBLEx (Massage and Bodywork Licensing Examination) https://fsmtb.org/mblex-process-requirements-2/.

The UNM-Taos Massage Therapy Certificate and a passing grade on the MBLEx will give the alumnus the opportunity to apply to the New Mexico State Massage Therapy Board https://www.rld.nm.gov/boards-and-commissions/individual-boards-and-commissions/massage-therapy/ for licensure.

• Employment rates of graduates, if known (we certainly have those for nursing and EMS)

Massage Therapy can be practiced as an Independent Contractor or Employee.

From the 2023-2024 Cohort – we have:

one employee - El Monte Segrado,

three independent contractors

and

two unknowns

Graduation and enrollment rates or #'s for last cohort

2023-2024

Thirteen students enrolled in program

Six graduates

2022-2023

Five students enrolled in program

Four graduates

2021-2022

Thirteen students enrolled in program

Nine graduates

Any specific curriculum that should be highlighted -

The UNM-Taos Massage Therapy Certificate Program is an AMTA (American Massage Therapy Association) amtamassage.org School Member and we have applied to NCBTMB (National Certification Board for Therapeutic Massage & Bodywork) https://ncbtmb.org/ to be recognized as an Assigned School.

 Any specific ask that might be needed or wanted from HCMC with regards to the program

Set up service projects featuring Chair Massage for HCMC staff.

• Anything else you feel showcases your program but also lets the community see what needs to help us serve the community better

We know that the citizens of Taos County need positive interaction and therapeutic touch. By creating local access points, such as chair massage events in the spring and Student Massage Therapy Clinics in the summer, we can serve local demand as allied health professionals.

5. Faculty, Research/Scholarship, & Service

5A: Describe the composition of the faculty and their credentials. Please include demographic composition. (Insert Faculty graph) See next page

Antonio Quintana, LMT - Adjunct Faculty
Susan Myers, LMT - Coordinator /Lecturer 1
Tamara Fraser, LMT - Adjunct Faculty
Alexandra Augustine, LMT - Adjunct Faculty
Kirstie Bender Segarra, PhD, BCSI, LMT#4888 RMTI-038
E-RYT#65053 C-IAYT #20592000 - Lecturer 2
Robyn O'Boyle, LMT - Adjunct Faculty

5B: Describe the roles of the faculty members in the program, as well as an overall summary of time devotion for each faculty member to the program.

Beyond Class instruction - hours include curriculum development, presentation of material

Susan Myers – Program Coordinator/Faculty – Lecturer 1

Workload and duties as a faculty member will be assigned by the Chair in accordance with curriculum and program needs and division, branch, and UNM Faculty Handbook and workload policies, and is subject to change over time. At .75 FTE, your overall workload is expected to be 11.25 credit hour equivalence per semester, inclusive of instructional and non-instructional duties. For the Fall 2023 semester, your workload will be to teach 3 credit hours and the equivalent of 8.25 credit hours reassignment for program coordination. Non-instructional duties are associated with Program Coordination of the Massage Therapy program, which includes (but not limited to) the following: facilitating course matrices and schedules for the program; updating the curriculum in alignment with licensing requirements; communicating with marketing team and providing updated information for recruitment activities; collaborating with admissions team for program admissions and academic advising team; assisting students with their licensure paperwork and maintaining other paperwork for other states requiring licensure, maintaining student files, etc.; assisting with substitution forms for students who graduate in March and tracking program outcomes; purchasing of classroom supplies; TPT faculty hiring and supervision; and community relations for the program. Thereafter, including for the Spring 2024 semester, it is determined in accordance with the department's workload policy as required by the Unit 1 Collective Bargaining Agreement, Article 13. In addition, you will be expected to participate in the academic and educational mission of the University through departmental service and mentorship of undergraduate and graduate students. In addition to salary, your appointment carries with it a variety of fringe benefits which are described on the UNM Benefits Office web site: http://hr.unm.edu. If your appointment FTE falls below 1.0, UNM's contribution to various insurance proemuims may be reduced.

Faculty

Antonio Quintana Robyn O'Boyle Tamara Fraser Alexandra Augustine Susan Myers

By Sex	Count
Female	4
Male	1

By Race/Ethnicity	Count
Hispanic	1
White	4

By Position	Count		verage Tenure at NM-Taos (Yrs)
Lecturer I		1	4
Temp Part-time Faculty		3	6
Non Credit Teacher		1	<1

By eClass	Count
F9	1
FT	3
TN	1

Antonio Quintana

123 Vista del Valle Rd

Ranchos de Taos, NM 87557

aquint02@unm.edu

LMT# 4973

RMTI# S-0395

Experience

Self Employed Massage Therapist 2000-2019

Massage Therapist at Taos Spa and Tennis club 2007-2019

Teaching massage UNM, Taos Branch 2009-2019

2009 Researched and developed Deep Tissue Class

2009 Researched and developed Myofascial and Myoskeletal Class

2012 Researched and developed Anatomy and Physiology for Massage Therapists

2013 Researched and developed Exercise Physiology for Massage Therapists

Teaching Experience

Deep Tissue Techniques 2009-2019 440 Hours

Myofascial, Myoskeletal Techniques 2009-2019 440 Hours

Anatomy and Physiology for Massage Therapists 2012-2019 440 Hours

Exercise and Physiology for Massage Therapists 2013–2019 440 Hours

Clinical Practicum from 2009-2019 440 hours

Weekend Intensive Courses

Advanced Shoulder Techniques 80 Hours

Advanced Knee Techniques 80 Hours

Balancing the Cervical Vertebrae 40 Hours

Teachers Aide for Massage 2 2009-2014 (instructor Kirstie Segarra)

Teacher Aide for Cranial Sacral Weekend Intensives (instructor William Veal)

Teachers Aide for J. Schrerer School of Natural Healing 2000 (instructor Peter Ehlers)

2400 total hours teaching

UNM-Taos, Massage Program Renewal 10/26/2023

Education

Reiki I and Il Certified 1996 32 Hours

18 months of Shiatsu Training 1994 200 Hours

Graduated from the Massage Program of J. Scherer School of Natural Healing 1999

700 Hours

Certified in Advanced Myoskeletal Techniques, Eric Dalton 2005 20 Hours

Certified in Positional Release Techniques, Leon Chiatow 2006 20 Hours

Fascial Release Series: Neck Shoulder & Thorax, Tom Myers 2014 20 Hours

Fascial Release For Structural Balance Series: Pelvic floor, Tom Myers 2012 16 Hours

Anatomy Trains: Myofacial Meridians, Tom Myers 2011 20 Hours

Craniosacral Training With William Veal 2010-2019 300 Hours

Breathing and walking: Perceptual Organization of Posture and Coordination, Mary Bond 2017 36 Hours

Structural Integration Certificate 2019 500 Hours

1400 hours total in training

Self Study

I am always exploring Anatomy & Physiology. I believe no matter what course of massage you choose you have to have a complete picture of what and how you are affecting the organism.

Skills

Myoskeletal Techniques

Neuromuscular Techniques

Fascial Release

Muscle Energy Techniques

Craniosacral

In depth knowledge of Anatomy

Positional release

Strain/Counter-strain

Muscle palpation

Joint mobilization

Reiki

Susan Myers, NM LMT#2180, CNMT

PO Box 77, Tres Piedras NM 87577

EXPERIENCE

- New Mexico Licensed Massage Therapist since 1997
- Specializing in Neuromuscular Rehabilitation working closely with injured clients directed by physician referral, insurance company payments and occasional attorney cases
- Served on the Board of Directors for the New Mexico Chapter of the AMTA American Massage Therapy Association Secretary Current 2018-2020, Secretary 2003-2005, Vice President 2005-2007, Delegate for the national convention 2004, 2006, 2018
- Assistant for Neuromuscular Therapy Palpation Skills 2002, 2003
- Presented Palpation Skills at the UNM Myofascial Pain Syndrome Trigger Point Diagnosis and Treatment January 2016
- Adjunct Faculty at UNM-Taos 2019 2023
- UNM-Taos Massage Therapy Certificate Program Coordinator 2022 Current

EDUCATION

- Taos School of Massage, 1996
- UNM-Taos, Associates in Science 5/14
- Acutonics Institute of Integrative Medicine, LLC

Additional Training

ST. JOHN SEMINARS; LARGO, FLORIDA

Neuromuscular Therapy Pain Relief Seminars 1-5

Certified Neuromuscular Therapist since 2000

MYOFASCIAL RELEASE TECHNIQUES

John Barnes, PT developed technique that involves applying pressure into the Myofascial connective tissue restrictions to eliminate pain and restore motion.

2002

NEUROMUSCULAR THERAPY AMERICAN VERSION

NMTCenter.com

Certified Neuromuscular Therapist since 2003

UNM-Taos, Massage Program Renewal 10/26/2023

NMT ASSOCIATES; Albuquerque, New Mexico

Clinical experience in Pain Management

2000-2004

MYOSKELETAL ALIGNMENT TECHNIQUES

Eric Dalton, strategies for correcting chronic reflex muscle spasm caused by joint blockage.

2009

CONTINUING EDUCATION

Course and Instructor	CEU'S	Date
Closing Session	1.5	8/26/2023
Ethical Decision-Making	4	8/26/2023
Pam Fitch		
Teachers Day: Teaching Professionalism to Massage Therapy Students	4	8/25/2023
Pam Fitch		
Unlocking the Science of Stretching: A deep Dive into its Benefits and Techniques	2	8/24/2023
Dustin Donahue		
Trauma-Informed Practice: An Evidence-Based Approach to Holistic Care	2	8/24/2023
Brian Trzaskos		
Closing Session	2	8/27/2022
An Evidence-Based Approach to Massage Therapy	2	8/26/2022
Susan Salvo		
Teachers Day: Beyond Business Plans and Vision Boards	4	8/26/2022
Demara Stamler		
Client Assessment and Documentation: Intake, Consent and Session Planning	2	8/25/2022
Susan Salve		
Massage Liability: Learn How to Protect Yourself	2	8/25/2022
Lynn Pierce, Jennifer Flynn		
The Ethics of Information	1	2/18/2022
Dustin Donahue		

UNM-Taos, Massage Program Renewal 10/26/2023

AMTA 2022 Massage Therapy Profession Research Report	1.5	2/18/2022
	1.5	2/10/2022
Winona Bontrager, Cynthia Ribeiro		
Current Issues Impacting Schools, Teachers and Students	1.5	2/18/2022
Ceena Marie Lund, Dawn Newman, April Villareal, Jodi Wiley		
Turn Your Passion for Teaching into Student Success	1	2/17/2022
Ann Pauley		
Essential Elements of Career Services	1.5	2/17/2022
Katherine Brady, Heather Nusbaum, April Villareal		
Teachers and The Right Use of Power in the Classroom	1.5	2/17/2022
Kathy Ginn		
Education that Connects: Expanding Student Networks	1.5	2/17/2022
Teaching Pathology that is Research -Informed	1	2/20/2021
Susan Gail Salvo		
Teachers Toolkit for Achieving Learning Outcomes in a Changing Environment	1	2/20/2021
Mr. Brent Felder Jackson		
3 Research-Based Power Concepts for Helping Students Learn	1	2/20/2021
Julie Schell		
Thriving in the Age of COVID-19 Panel Event: 2021 AMTA Virtual Schools Summit	1	2/20/2021
Shari L. Aldrich, Selene Del Valle, Mike Williams		
Creating an Environment for Learning	3	7/21/2020
Manual Therapy to Eliminate Multiple Nerve Compression Patterns of the Upper and Lower Body James Waslaski NCBTMB	16	9/8-9/2018
Integrated Manual Therapy and Orthopedic Massage for the Upper Body	18	6/2-3/2018
James Waslaski NCBTMB		
Research, the NCCIH and You, Increasing Access to Integrative Therapies	2	8/09/2018
Shurleff		
Massage Policy Research and Advocacy: How You Can Get Involved	2	8/09/2018
Outlaw, Simpson, Specker		
Working with Knee and Hip Replacements	4	8/11/2018
Thomas		
Military Veterans and Massage Therapy Panel	2	8/11/2018
Stretching to Rehab	6	3/29/2015

David Lang 4443819		
Ethics: The Heart of Our Profession	4	3/27/2015
Susan Salvo NCBTMB		
Business & Marketing	4	3/28/2015
Susan Salvo NCBTMB		
Research: The New Frontier	3	3/27/2015
Susan Salvo NCBTMB		
Understanding Personality Disorders	6	2/07/2012
Dennis MARIKIS, Ph.D NCBTMB		
Ethics & The Power Differential-Balancing the ethical use of power in Therapeutic Relationships	2	10/11/2010
Myoskeletal Alignment Techniques – Neck, Back, Hip & Legs	24	2/19-21/2010
Eric Dalton NCBTMB		
Protocol Development & Research Measurements	4	9/26/2007
Manual & Therapeutic Management of Dysfunctional	4	9/28/2007
Neuromuscular Evaluation & Treatment (Repeat)	4	9/ /2007
Case Reports in Massage	4	9/ /2007
Review of Human Anatomy	16	7/13-14/2002
The Diagnosis and Treatment of Myofascial Pain Syndromes: A Hands-on Introductory Course	14	11/8-9/2002
Advanced Low Back Seminar - Myofascial Pain & Joint Dysfunction	14.5	11/10-11/2002

Robyn O'Boyle, CH, RRMT, LMT, TH, SF

Owner, Empowering Alchemy

PO Box 2044

Ranchos de Taos, NM 87557

EmpoweringAlchemy@gmail.com

Education:

Sandia High School - Graduated 1978

University of New Mexico - 1978

Biology Courses/Pre-Medical

Vo-Tech Institute, New Mexico - 1979 to 1980

Electro-Mechanical Drafting (Certification)

Technical Illustration (Certification)

TV-I Community College - 1988 to 1993

Liberal Arts with a focus on Pre-Med curriculum

Cadaver dissection Anatomy and Physiology focus

Blue Cliff School of Therapeutic Massage - 1994, 1995

Completed training seminars for Energy therapies and Deep Tissue work.

Massage Academy of the South - 1995 to 1996

Polarity training and apprenticeship

Standard Massage Therapist curriculum – 650 hours.

Southeast School of Botanic Medicine - 1996-1997

Certified Traditional Herbalist

Various outstanding practitioners, therapists, and Doctors of Chiropractic, Homeopathy, and Naturopathy - 1975 thru

the present

Apprenticeship and open study with therapists and practitioners around the country in areas of Massage Therapy, Nutrition, Holistic Health, Herbology, Homeopathy, NLP, Body Mapping, Trauma and Grief resolution, Shamanic Facilitation, and Postural Integration.

Louisiana State University, Baton Rouge – 2002/2003 UNM-Taos, Massage Program Renewal 10/26/2023

Pre-medical curriculum

American Medical College of Classical Homeopathy, Phoenix Arizona -

2005-2008. Intensive three-year curriculum, over 950 hours of traditional, Classical Homeopathy including 250 hours of clinical application and experience.

Catalyst School of Homeopathy, Colorado, 2008-present. Three-year intensive

Advanced training in classical and contemporary homeopathic medicine.

Currently

enrolled:

Upledger Institute, 2002-present. Ongoing advanced training in Cranial Sacral Therapy and Somatic Emotional Release for trauma, grief, and injury resolution at the somatic and emotional levels. Advanced Brain and Glial therapies.

Southwest College of Santa Fe, 2021 to present. Certification program as a Grief and Trauma Counselor.

UNM Taos, 2022 Spring. Associates in Liberal Arts Social Psychology

Experience:

Self-employed - 1980 to present. Previously: Wholistic Alternatives, now Empowering Alchemy LLC

Providing Trauma-Informed Massage Therapy – including but not limited to NMT, MFR, Swedish, Ashiatsu, Thai Massage, Clinical Aromatherapy, Three Level 1-3 Advanced Reiki modalities, Advanced Cranial Sacral Therapy, Reflexology, Polarity Therapy. Traditional Herbology, Flower Essence formulation, Trauma and grief resolution, Sound therapy, Certified Shamanic Facilitator, Earth Based Medicine, Subtle body Energetics, Community and Private Education, Classical Homeopathy, and Public Speaking and education.

BeeLuminous Taos LLC - Owner - 2016 to present

Owner, creator, and manufacturer of pure locally sourced beeswax candles. Offering regeneratively sourced beeswax candles to the wholesale and retail community in Northern New Mexico as well as nationally.

UNM Taos, Taos NM – 2022 Summer/Fall, 2023 Fall/Winter. Integrative

Massage Therapy Program, Adjunct Professor. Clinical supervision, in-class lectures, practicums, teaching all aspects of professional clinical massage therapy. Offering CEU programs in Reflexology, Clinical Aromatherapy, Sound Healing, and Active/Isolated Stretching.

Native Roots, Taos NM – 2022

Anatomy, Physiology, and Pathology instructor for their 9-month Ancestral, Folk and Herbal Medicine program.

Heart of Taos, Taos, NM - 2016 to 2019

Board member 2016, Community Liaison 2016-2019, Women's Trauma Informed Facilitated Group leader 2016-2018, Resource Center New Client intake 2019.

Golden Willow Retreat Center, Hondo NM -

Grief and Trauma-informed somatic integrative work as part of a clinical team providing grief and trauma support in Northern

New Mexico.

Taos Herb Company - 2012 - 2016

Herbal manufacturing, wholesale manager, retail manager, retail floor sales, administrative assistance, holistic medicine customer consulting, purchasing support, training.

Vista Taos - 2011

Providing professional sound healing and facilitated music therapy to inpatient drug and alcohol rehabilitation patients as an on-call/PRN independent provider.

Jefferson Oaks, Baton Rouge, La 2008 – 2010

Providing weekly supportive group sessions in a dual diagnosis intensive outpatient hospital setting in Baton Rouge. Offered sound and music therapy, skill-building exercises, movement and meditation sessions, personal empowerment processes, personal self-awareness experiences, and experiential somatically grounded expressive activities such as art-based therapies, aromatherapy, and personal boundary work.

Our Lady of the Lake Medical College, Baton Rouge – 2005 to 2010

Adjunct Professor for the Complementary Therapies Program. Teaching a full range of modalities and course materials for their Massage Therapy program. Program development for massage therapy certification.

Our Lady of the Lake Regional Medical Center – 2004-2010. Guest speaker for continuing education courses for nurses, physicians, and other medical professionals on staff. Providing complementary health care instruction in areas such as Homeopathy, Aromatherapy, Reflexology, Trauma and Grief resolution, and Subtle Body Energetics.

Blue Cliff College of Massage Therapy, Baton Rouge – 6/2006 to 6/2007

Instructor – Palpatory Anatomy, Hydrotherapy, Reflexology, Myofascial Release/Deep Tissue Massage, Neuromuscular Therapy Massage, Marketing and Business, Subtle Body Energetics, Management of massage therapy clinicals, Instructor education/training.

Massage Therapy College of Baton Rouge (formerly In Touch School of Massage Therapy) - 1998 to 2010

Instructor - Anatomy and Physiology, Hydrotherapy, Massage Therapy, Reflexology, Marketing/Business, Aromatherapy, Nutrition, Therapeutic Communication, Myofascial Release/Connective Tissue, Body Mobilization, Swedish, Craniosacral Therapy, Onsite Chair Massage.

Blue Cliff School of Therapeutic Massage - 1997 to 2001

Instructor - Massage Therapy, Reflexology, Marketing/Business and Hydrotherapy, Myofascial Release/Connective Tissue.

Medical Training College - 1996 to 1998

Instructor - Massage Therapy, Polarity Therapy, Reflexology, Business and Law, Integrative therapies

Massage Academy of the South - 1995 to 1996

Administrator, Instructor - Massage Therapy, Polarity Therapy, Reflexology, and Integrative programs.

Lewis Computer Services, Inc. - 1994 to 1995

Home Health Software Training and Support Specialist, and Lead Quality Assurance Analyst, collaborated on marketing strategies.

Blue Cross and Blue Shield of New Mexico - 1988 to 1994

Led seminars on billing procedures for various government insurance programs, provided training for specialized billing software for Medicare Part-A Government Programs to over 3,000 various healthcare agencies and businesses, Marketing and Promotion for electronic billing to Medicare. Systems analysis, product quality evaluation, public relations, provider and beneficiary support, and liaison.

Further Education:

Advanced Cranial Sacral Therapy

Advanced Reiki Mastership levels

Classical Homeopathy

Myofascial Release

Systemic Herbology

Founder – Louisiana Emergency Response Massage Team

Sound and Vibrational Medicine

Thai Massage

Bioenergetics / Neurolinguistic Programming

Bach Flower Remedies

Blue Turtle Flower Essences

Medical Terminology

Traditional and Clinical Herbology

Healing Touch

Active and Isolated Stretching – Aaron Mattes

Somatic Emotional Release

Holographic Memory Resolution – Trauma and Grief Resolution

EMF Balancing

Clinical and Medical Aromatherapy

Reflexology

Nutrition

De-escalation facilitation/Conflict resolution

Shamanism/ceremonial facilitation

Health Rhythms Facilitated Drumming

Traditional Crystal Healing methods

Grief, Trauma, and Renewal

Professional Associations:

National Center for Homeopathy **Healing Arts Network**

Wholistic Wellness Network American Botanical Council

American Massage Therapy Association Flower Essence Society

North American Society of Homeopathy

Practitioners Practitioner

Emergency Response Massage International

American Craniosacral Therapy Assoc.

International Native American Flute Assoc.

S.H.E.S. ordination and certification

Louisiana Emergency Response Relief Team

Society for Shamanic Charter Member of Integrative

Tickfaw River Bear Band Metis Tribe



CURRICULUM VITAE

Kirstie Bender Segarra, Ph.D.

BCSI, LMT#4888 RMTI-0382

E-RYT#65053 C-IAYT #20592000

Senior Lecturer II—Tenured Faculty

SOMA MEDICINE

902 State Road 570 Ranchos de Taos NM 8755

e-mail:

They/She/Doctor

EDUCATION

Doctorate of Osteopathy, National University of Medical Sciences, Madrid, Spain Currently full time student in doctorate of osteopathy.

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Thesis: Trauma Informed Osteopathic Approach: The Art of Listening	12/2023
Board Certified Structural Integrator, BCSI	7/2021 5/2021
Certified Lead Instructor of Structural Integration, IASI and UNM-Taos	3/2021
Certified Structural Yoga Therapist, International Association of Yoga Therapy	8/2016
Experienced Yoga Teacher E-IAYT, Yoga Alliance	2010
Doctor of Integrative Medicine, International Quantum University, Honolulu, HI	6/2014
Thesis in "Outcomes of Fascial Health in Fibromyalgia" emphasis in Structural In	tegration.
Masters of Integrative Medicine, International Quantum University, Honolulu HI	2014
Massage Therapy Certification, AHP, Fort Collins, Colorado	2002

Masters in Whole Systems Design, Antioch University, Seattle

1997

Thesis in "Integrative Living Through the Arts and Spiritual Practice" with emphasis in Second Order Cybernetics in Biological Systems.

Bachelor of Arts, The Evergreen State College

1990

- Major in "Management in the Public Interest".
- Minor in "Marketing Management in Computers".

 $\underline{CONTINUING\ EDUCATION}$ See following table with summary of hours totaling 16,958.5 continuing education hours as of July, 2023. Recertification of First Aid/CPR/AED with Red Cross Training Services for 4 CE Hours on 8/26/22 with Taos Fire (not included in CE totals).

Continuing Education Courses	CE	Date
National University of Medical Sciences-Spain Doctorate of Osteopathy	560	8/1/23-12/1/23
SourcePoint Module I with Bob Shrei, Rolfer Santa Fe	24	7/27-29/23
Spinal Alignment with Mary Bond, Rolfer Seattle	22.5	7/15-17/23
National University of Medical Sciences-Spain Doctorate of Osteopathy	560	2/1/23-6/6/23
NeuroSomatic Integration Process: Resilience Day with Mela Berger and IHCA Faculty in San Diego.	8	4/8/23
Ribs, Thorax and Embryological Midline with Ron Murray, DO NCBTMB 32 IASI 4 credits (Teacher Assistant)	32	2/16-19/23
Spatial Somatics: Embodying the Zen of Hara, with Hiroyoshi Tahata and Carol Agneesens, IASI CE.	36	10/20-26/22
Knee and Ankle with Ron Murray, DO NCBTMB #214	32	9/16-19/22
The Spine Part 2: Lumbars, Pelvis and Legs - An Integrative Systems Approach: Neural, Visceral and Articular Fascial Interfaces, Ron Murray, DO and Jonathan Martine, Rolfer	32	7/7-10/22

Birth Mask Reveal with Karlton Terry	16	May-July, 2022
Pelvis with Ron Murray, DO NCBTMB #214	32	February 25-28, 2022
The Spine: An integrative systems approach—neural, visceral and articular fascial interfaces. Ron Murray, DO and Jonathan Martine, Rolfer	32	June 18-21, 2021
Teacher Assistant for Structural Integration Principles IV UNM-Taos with David Davis, Rolfer	45	May 24-28, 2021
Teacher Assistant for Structural Integration and Practice Session VIII with David Davis	45	May17-21, 2021
Teacher Assistant for Structural Integration and Practice Session VIII with Peter Ehlers, KMI.	32	April 23-26, 2021
<u>Teacher Assistant for Structural Integration and Practice</u> <u>Session VII with Jill Gerber, Rolfer.</u>	32	April 2-5, 2021
IASI Symposium 2021	17	March 26-27,2021
Teacher Assistant for Structural Integration Principles III UNM-Taos with David Davis, Rolfer	45	March 15-19, 2021
Teacher Assistant for Structural Integration and Practice Session VI with Peter Ehlers, KMI.	32	March 5-8, 2021
Teacher Assistant for Structural Integration and Practice Session V with Peter Ehlers, KMI.	32	February 5-8, 2021
Teacher Assistant for Structural Integration and Practice Session IV with Peter Ehlers, KMI.	32	January 8-11, 2021
Neurovascular Release with Kieran(Kirstin) Schumaker, ATSI formerly KMI	18	December 2020
Teacher Assistant for Structural Integration Principles III UNM-Taos with David Davis, Rolfer	45	12/14-18/20
Teacher Assistant for Structural Integration and Practice Session III with Jill Gerber, Rolfer.	32	11/6-9/20
Teacher Assistant for Structural Integration and Practice Session II and 4 hours of Ethics with Jill Gerber, Rolfer.	32	10/2-5/20
Teacher Assistant for Structural Integration and Practice Session I and 4 hours of Ethics with Jill Gerber, Rolfer.	32	9/10-14/20
Teacher Assistant for Structural Integration Principles I & II UNM-Taos with David Davis, Rolfer	90	8/3-14/20

Basic Psoas with Liz Koch NCBTMB	12	1/25-26/20
Cranial II with Ron Murray, DO Rolfer, IASI	32	11/14-17/19
Cranial and CNS Dissection, Taught Course at Institute of Anatomical Studies	24	11/3-5/19
Instructor Ethics: How to address changing world view of	2	8/14/19
touch, creating a safe environment for students with Kelly Madrone, LMT, UNM-Taos		
Anterior Neck and Cranial Base, Ron Murray, DO IASI and NCBTMB	32	7/18-21/19
<u>Understanding Ourselves as Embryo—Where Biology</u>	26	7/11-14/19
meets Biography with Dr. Jaap van der Waal MD		
Colorado School of Energy Studies Boulder CO		
Shoulders and Self-Expression with Mary Bond IASI &	18	6/29-7/1/19
<u>NCBTMB</u>		
Transformative Healing: The New Paradigm of	3	3/23/19
Psychedelic Research CME 3.0		0/0.4440
Cranial and CNS Dissection, Taught Course at Institute of	24	3/2-4/19
Anatomical Studies		
NM1:Neural Manipulation: Neuromeningeal Manipulation;	18	12/14-16/18
An Integrative Approach to Trauma The Barral Institute18		
CES IAHE NCBTMB		0/44.45/40
Cranial I: Teacher Assistant Training with William Lee "Ganesh" Veal, DC	16	9/14-15/18
Adult Learners in Higher Education Faculty Development	8	8/18/18
UNM-Taos(8)		
Cranial Base Part Two and Embryology of the Neural	32	6/22/18
Tube with Ron Murray, DO NCBTMB		
Pelvis and Thorax Dissection, Taught Course at Institute	24	6/16-18/18
of Anatomical Studies		
The Embryonic Field: Touching the Origins of Form with	32	5/11-14/18
Carol Agneessens NCBTMB		
What's the Fuzz Live Lecture with Gil Hedley, PhD NCBTMB	4	11/25/17
Treating Trauma Master Series 2017 CME NICABM	10	11/20/17
Neural Part II with Rolf Institute, Jonathan Martine	32	9/14-17/17
<u>NCBTMB</u>		
Adult Learners in Higher Education for Touch Therapy	12	8/14-19/17
UNM-Taos(8) and Massage Ethics (4)		
Breathing and Walking with Mary Bond	21	8/4-6/17
Dissection Training with Gil Hedley, PhD NCBTMB	42	6/26-7/1/17
Cranial II: Teacher Assistant Training with William Lee "Ganesh" Veal, DC	16	5/6-7/17
A Bioenergetic Psychotherapy Workshop with Nancy Hazen	12	1/28-29/17

Cranial I: Teacher Assistant Training with William Lee "Ganesh" Veal, DC	16	8/27-28/16
Cranial Base/Anterior Neck, Ron Murray, DO NCBTMB #214	32	7/21-24/16
Neural Mobilization: Peripheral Nerves of the Shoulder and Pelvic Girdle, Rolf Institute, Jonathan Martine NCBTMB	32	6/2-5/16
Cranial II: Muscle Energy Techniques Teacher Assistant Training with William Lee "Ganesh" Veal, DC	16	4/23-24/16
From Inside-Out: Practices for the Core with Tias Little, RYT and Prajna Yoga	4	3/5/16
Diaphragm's Ribcage Midline with Ron Murray, DO NCBTMB #214	32	1/28-31/2016
Scoliosis II with Sonya Luz	4	11/4/15
A Bioenergetic Psychotherapy Workshop with Nancy Hazen	12	10/10/15
Fascial Congress, Washington DC various instructors 20 NCBTMB and 18 IASI	20	9/18-21/15
Professional Ethics for Massage Teachers	4	8/14/15
Yoga and Scoliosis Tools for Teaching and Practicing with Sonya Luz	4	7/1/15
Advanced Sequencing with Sean Tebor	4	4/1/15
How to Modify Asana with Rob Stewart	4	3/4/15
Inner Oral Advanced Cranial Sacral with William Veal DC	4	2/ 22/15
Unfolding Evolution, Kinesis with Tom Myers	4	Jan. 2015
Mind Body Stress Reduction with Alana Grier	4	1/7/15
UNM School of Medicine, SIMPLE Conference 19.5 CME	19.5	10/13-15/14
10,000 Hour Yoga Teacher Mastery Program, Santosha Yoga a New Mexico Non-Profit	10,000	August 2014
Professional Ethics for Teachers	4	August 2014
IQUIM CEUS and Training: Quantum Doctor, Quantum Biology, Quantum Healer, Auriculotherapy, Hynotherapy, Neuro-Linguistic Programming, Aromatherapy, Homeopathy, Biofeedback Practitioner, Quantum Physics: A new context for medicine, New Quantum Biology for Medicine, Quantum Homeopathy and Homotoxicology, Quantum Taoist Medicine and Acupuncture, Integrative Holistic Healthcare, Quantum Hematology, Quantum Hormonology, The Five Pillars of Health, Quantum Healing and Consciousness, Practicum Cases, Historical Survey, Orthomolecular Nutrition, Diet and Nutrition, Herbology, Nutrition and Nutrition in Action.	1,200	2012-2013
Myofascial Release: Head Neck and Thorax Kinesis Inc.	14	June 2014

Fascia in Movement, Tom Myers Kinesis Inc.	5	January 2014
Fascial Fitness, Tom Myers, Kinesis Inc.	2	2014
Professional Ethics	4	August 2014
Dissection Lab with Tom Myers, Kinesis Inc.	40	January 2013
Intrinsic Pelvis Muscles, Kinesis Inc.	16	July 2012
The Yoga Sutras, Nicolai Bachman	10	July 2012
Continued Advanced Cranial Education	30	2012
Midwifery Apprenticeship	120	December 2011/January 2012
Midwifery	16	August 2011
Anatomy Trains I, Kinesis Inc.	20	April 2011
Advanced Cranial Sacral	65	2010-2011
The Rivers of Life with Sean Tebor RYT	20	2010
Svastha Yoga Training with Monique Parker RYT	20	2010
Tantra Yoga Training with Whitney Wheelock RYT	20	2009
Meditation Training with Swami Ken	8	2009
Advanced Training in Cranial Sacral	8	Aug/Oct 2009
Cranial Sacral II	16	November 2009
Cranial Sacral I	16	April 2009
Myofascial & Myoskeletal	16	July 2008
Acupressure	16	July 2008
Acupressure	16	May 2006
Reiki Masters 4	40	November 2007
Reiki—First and Second Degree Reiki	40	May 2006
Myoskeletal and Advanced Massage Therapy	20	July 2007
Corepower Yoga Teacher Certification	90	August 2007
Traditional Thai Massage	16	November 2007
Anatomy Trains	40	2006
Medical Billing	16	2005
Bastyr College Herbal Training	80	2004
Hatha & Raja Yoga Apprenticeship in Bali, Indonesia with I Gusti Puspawati	1000	1996-1997

Balinese Traditional Massage Apprenticeship with Robby and Jero Tapakan	500	1996-1997
Total CEUs	16,958.5	As of July 2023
Breakdown Total in areas of concentration:		
2,015 hours yoga teacher trainings		
4,986.5 hours in massage, medical, movement therapy		
10,000 master yoga teacher		

TEACHING EXPERIENCE

Senior Lecturer II—Tenured Faculty, University of New Mexico-Taos

2006 to present

"Introduction to Massage Therapy"

"Introduction to Traditional Balinese Massage"

"Massage Therapy I"

"Massage Therapy II"

"Massage Therapy III"

"Cultural Diversity, Competency and Cross-Cultural Ethical Issues"

"Traditional Healing and Touch"

"First Aid, CPR & Professional Ethics"

"Clinical Practicum"

"Myofascial Yoga"

"Yoga and the Myofascial Body"

"Yoga and Anatomy Trains"

"Yoga and the Psychology of the Chakras"

"Advanced Hands-On Techniques in Oriental Medicine"

"Yoga Anatomy & Physiology"

"Prenatal Massage & Yoga"

"Massage Ethics"

"Medical Billing"

"Advanced Myofascial Release: Pelvis"

"Advanced Myofascial Release: Opening the Breath, Rib Cage and Thorax"

"Advanced Body Reading and Assessment"

"Fascial Health"

"Cranial I: Introduction to Cranial"

"Cranial II: Muscle Energy Techniques"

"Advanced Myofascial Release: Walking and Gait Patterning"

"Introduction to Neural Therapy"

"Cranial Core Concepts and Lab"

- "Structural Integration Principles I"
- "Structural Integration Principles II"
- "Structural Integration and Practice I"
- "Structural Integration and Practice II"
- "Structural Integration and Practice III"
- "Structural Integration Principles III and IV"
- "Embryology"
- "Structural Integration and Practice IV, V and VI"
- "Structural Integration and Practice VII, VIII, VIIII and X"
- "Structural Integration Principles IV and V"
- "Rewylding the Feminine"

15,000 hours plus in instruction in Yoga

Continuing Education Instructor, The Monkey Institute

2010 to present

Develop and instruct continuing education courses for yoga teachers and massage therapists. Completed second year of Deconstructing Asana Series of courses that focus on how to modify asana for clients with pathologies and history of injury. Lead dissection labs for studies in anatomy and physiology. Created Rewylding the Feminine: Interviews with Women in the Healing Arts, available on YouTube.

Assist with development of standards of education for SI and developing competencies in the field for developing test questions for national exam for licensure in the field of SI.

Continuing Education Instructor, UNM-Cloud -Taos

2014 to 2017

Developed Continuing Education Webinar Series for UNM Cloud: Fascial Health, Deconstructing Asana, Medical Massage Billing and Massage Ethics. Included editing film and building on-line courses.

Director of Yoga Therapy Program, UNM-Taos

2010 to 2018

Created and designed a yoga therapy teacher training approved by Yoga Alliance in 2010. I have trained over 44 yoga teachers in yoga therapy as the lead instructor. This course is unique in that it is an approved program in higher education and had to go through an additional process to be approved by the state of New Mexico. This program was ranked number one by College Magazine in 2015.

Structural Yoga Therapist, TaoSatva -Taos

2007 to 2019

Independently teach structural yoga therapy to individuals and groups.

Yoga Instructor, Santosha -Taos

2007 to 2016

Yoga Therapy and Myofascial Yoga twice a week for 90 minutes. More courses taught through UNM. Designed and implemented a 300 Advanced Yoga Therapy Teacher Training Program in 2015,

graduated the first group of apprentices in December of 2015. Designed a new course entitled Deconstructing Asana. 5000 plus hours of instruction.

Instructor, Myofascial Yoga and Anatomy Trains Workshop

2010 to present

Teach a weekend workshop introducing applications of asana with Anatomy Trains. This workshop focuses on the fascial anatomy illustrating the continuity of the musculoskeletal system and how to work with it in movement application.

Instructor, Balinese Massage Workshop—NCBTMB.

2005 to 2017

Trained Licensed Massage Therapists in Traditional Balinese Massage through an in depth curriculum for 16 CEUs.

Teaching Assistant, Antioch University Seattle

1996-1997

Assistant teacher Rodney Donaldson, Ph.D. in Whole Systems Design Master of Arts Program. Courses included "Art as a Manner of Living" and "Conflict, Disjunction, and Harmony".

RELATED EXPERIENCE

Board Member, Education Committee, International Association of Structural Integration March 2023

Board Member, Certification Board of Structural Integration Committee

August 2021 to 2022

Program Coordinator for Structural Integration, UNM-Taos

August 2021 to present

Responsible for coordinating licensure, faculty, schedule and recruitment of professional students for the first structural integration program recognized by IASI at a university in the globe.

Owner, Soma Medicine

January 2021

I renamed my business where I am focused on trauma informed care through manual osteopathy and structural integration. My specialties are Fibromyalgia, Neurodivergent Support, Pain Management, Pre and Post-Partum, Infant Craniosacral, Trauma Integration, Pelvic Floor Support, Scoliosis, Visceral, Somatic Movement and Neural Therapies.

Chair/Director of Integrative Health & Medical Massage, UNM-Taos

May 2010 to August 2021

Responsible for coordinating schedule of course for three vibrant programs at UNM-Taos. Manage over 15 faculty, including hiring, evaluation and student advising. Responsible for managing budget matrices, vision planning and all future development within our programs. Including attending meetings with other departments and coordinating facilities management. Also manage the Yoga Teacher Training Program.

Director of Integrative Massage Therapy Program, UNM-Taos

2006 to August 2021

Developed curriculum and design for 650 and 1000 Integrative Massage Therapy Program for UNM-Taos. Facilitation and submittal to NM State Massage Therapy Board for approval as Massage Therapy *UNM-Taos, Massage Program Renewal* 10/26/2023

School. Approved November 2007. Facilitation of submittal process through UNM-Taos and UNM-Albuquerque. Includes, working with students for successful completion of program, developing marketing, hiring and coordination teaching staff, and coordination of curriculum.

President, Santosha Yoga

2011 to 2017

Helped facilitated the transition of a "not for profit" yoga studio to a New Mexico Non Profit. Assist in managing daily coordination, memberships, scheduling, public relations, yoga teacher training and outreach to the community. This has been done with the art of *seva*.

Chair, New Mexico Massage Therapy Board, Santa Fe, New Mexico

April 2009 to May 2013

Appointed by Governor Richardson to New Mexico Massage Therapy Board. Currently working on developing a second tier of licensure in Medical Massage to be implemented in two years. Facility public involvement process and researching scope of practice, definitions and other issues on national and international level. This is an important process and will put New Mexico in the forefront of guiding legislation in Medical Massage.

Interim Academy Head, Holistic Health and Healing Arts, UNM-Taos

2008

Responsible for coordinating programs and adjunct faculty for Holistic Health & Healing Arts, Psychology, Human Services, Sociology, Criminal Justice and Substance Abuse Counseling.

Director of Edelweiss Lodge & Spa, Taos Ski Valley, New Mexico

2005 to 2011

Manage, hire, train massage therapist for high-end spa. Including menu development, marketing and retail management. Yoga Instructor, design of custom retreats to increase tourism.

Licensed Massage Therapist, self-employed

1996 to 2021

Specialized in Structural Integration, Cranial Sacral Therapy, Balinese Massage and visceral massage. Also trained in integrative deep tissue, myoskeletal & myofascial techniques with Eastern Shiatsu, Acupressure and Thai to assist clients with chronic injuries and conditions.

Finance Manager, Taos Herb Company, Inc.

2003-2005

Responsible for all financial and bookkeeping matters. Consult and make recommendations with owners. Assist in Human Resource management, consult and make recommendations. This is a multi-level position which requires a strong financial background and human resource background. Also, designed and implemented new accounting system for POS.

Human Resource Coordinator, Penncro Associates, Inc., Taos, New Mexico

2001-2002

Responsible for hiring and managing all employees from a Human Resource perspective. Managed and hired over 200 employees which included payroll, I-9s, disciplinary actions, medical insurance, and solving any issues between management and employees. Also, responsible for operations and facilities management. I also supervised support staff.

Associate Consultant, CCAinc, Seattle, WA

1993-1997

I worked with the President, Katy Isaksen, on several influential projects around the Northwest that changed the basic infrastructure in computer modeling for environmental economics in the Northwest.

My specific duties included, but were not limited to the following:

- Responsible for hiring, training, and supervising administrative staff and subcontractors.
- Responsible for all marketing which included development of marketing materials such as brochures, databases, international and local relations maintaining in-house library with up-to date regulations Federal and State laws).
- Responsible for all fiscal management, which included, A/R, A/P in Quickbooks, payroll and taxes.
- I was primarily a project manager, which included analysis of the economic impacts for transportation projects, developing program requirements and costs for public agencies including sewer septic maintenance program and storm water utilities. I have resigned and conducted surveys and analyzed funding sources for public agencies. I have worked with several government agencies and jurisdictions including public involvement and facilitating communications between staff commissioners, politicians, and the public.

Administrative Assistant to the Chief of Orthopaedics, Harborview Medical Center, University of Washington, Seattle, WA 1990-1992

Assisted three academic research doctors in academic and medical research in orthopaedic trauma. I co-wrote, prepared budgets for several National Science Foundation Grants ranging up to one million dollars. All grants were funded.

Assistant Marketing Manager to Aldus Magazine, (Adobe), Seattle, WA

1989-1990

Assisted Advertising Director in research and development. Responsibilities included advertising management to hiring and supervising support staff.

PRESENTATION AND CONFERENCES

1. Racial Justice in conjunction with IASI

July 2023

- 2. Trauma in Touch Therapy Talk, High Desert Massage, Santa Fe NM January 6, 2020 Spoke to over 22 bodyworkers on current developments in treating trauma and upcoming ethical issues in massage therapy and bodywork.
- 3. Speaker, International Fascial Congress, Washington DC

September 2015

- 4. Presented Outcomes in Fascial Health in Fibromyalgia.
- 5. SIMPLE Conference in Integrative Medicine, Albuquerque, NM

October 2014

- o Presented October 15, 2014 Outcomes in Fascial Health in Fibromyalgia
- 6. SIMPLE Conference in Integrative Medicine, Albuquerque, NM

October 2014

 Presented on October 14, 2014 with Jean Ellis-Sankari, MSW on Integrative Health Education: Meeting the needs of the underserved in Northern New Mexico.

PUBLICATIONS/PAPERS/ART PROJECTS

1. "Racial Justice in Structural Integration" in conjunction with IASI Education Committee 2023 Link to power point https://unmmmy.sharepoint.com/:p:/g/personal/ksegarra unm edu/EQO0he7liWVHlrDo8TW1ixIBwwd2wEHc VXgLDA5KANhjVg?e=vHkpM2 2. "Embodiment: An Indigenous Way of Knowing" https://www.drkirstie.com/post/embodiment-an-indigenous-way-of-knowing 2022 3. "It is not just about the Vagus—the Wandering Nerve" 2022 https://www.drkirstie.com/post/it-is-not-just-about-the-vagus-the-wandering-nerve 4. "The Heart as a Fulcrum" IASI Yearbook of Structural Integration 2020 2021, p 63-73 2022 https://www.drkirstie.com/post/heart-as-a-fulcrum-by-dr-kirstie-segarra 5. The Places That Scare You: Living with a soft spot and forgiveness July 2019 https://www.drkirstie.com/post/the-places-that-scare-you-living-with-a-soft-spot-and-forgiveness 6. Dark Night of the Soul January 2018 A multimedia presentation in film and composition of electric cello on working with PTSD, Veterans and Trauma https://vimeo.com/249006749 7. "I am a Yoga Astronaut: Part 11" December 2014 http://www.elephantjournal.com/2014/12/i-am-a-yoga-astronaut-is-teaching-legs-up-the-wallpose-really-safe/ 8. Yoga Alliance and IAYT are they worth it? 2014 http://www.elephantjournal.com/2014/10/yoga-alliance-iayt-are-they-worth-it-kirstie-segarra/ 9. Fibromyalgia Magazine, UK October 2014 The Fibromyalgia Magazine. Year 14 Issue 12 October 2014. www.ukfibromyalgia.com, Pages 5-10. "I am a Yoga Astronaut: Part 10" September "http://www.elephantjournal.com/2014/09/i-am-a-yoga-astronaut-the-ethics-of-arm-balanceposes-kirstie-segarra/ 11. "I am a Yoga Astronaut: Part 9" August 2014

http://www.elephantjournal.com/2014/07/how-doing-fascial-yoga-can-help-to-prevent-injuries-

kirstie-segarra/

12. "I am a Yoga Astronaut: Part 8" 2014

March

http://www.elephantjournal.com/2014/03/i-am-a-yoga-astronaut-10-mistakes-we-can-avoid-in-teaching-yoga-kirstie-bender-segarra/

13. "I am a Yoga Astronaut: Part 7" February 2014

http://www.elephantjournal.com/2014/02/i-am-a-yoga-astronaut-fascia-pain-kirstie-bender-segarra/

14. "I am a Yoga Astronaut: Part 6" 2014

Jan.

http://www.elephantjournal.com/2014/01/i-am-a-yoga-astronaut-fascinated-with-fascia-part-6-kirstie-bender-segarra/

 Managing Fascial Health for Individuals With Fibromyalgia 2014 Jan.

<u>Peer Reviewed Journal Article in Yearbook for International Association for Structural Integration</u> (IASI)

16. "I am a Yoga Astronaut: Part 5" Article published in elephantjournal.com

Dec. 2013

http://www.elephantjournal.com/2013/12/i-am-a-yoga-astronaut-all-cues-are-wrong-part-5-kirstie-segarra/

17. "I Heart Gay Yoga"
Article published in elephantjournal.com

Nov. 2013

http://www.elephantjournal.com/2013/11/i-heart-gay-yoga-kirstie-bender-segarra/

18. "I am a Yoga Astronaut: Part 4"
Article published in elephantjournal.com

Oct. 2013

www.elephantjournal.com/2013/11/i-am-a-yoga-astronaut-part-4-kirstie-bender-segarra/

19. "I am a Yoga Astronaut: Part 3" Article published in elephantjournal.com

Oct. 2013

http://www.elephantjournal.com/2013/10/i-am-a-yoga-astronaut-part-3-kirstie-bender-segarra/

20. "I am a Yoga Astronaut: Part 2"

Sept. 2013

Article published in elephantjournal.com

http://www.elephantjournal.com/2013/09/i-am-a-yoga-astronaut-part-two-kirstie-segarra/

21. "I am a Yoga Astronaut"

Sept. 2013

Article published in elephantjournal.com

http://www.elephantjournal.com/2013/09/i-am-a-yoga-astronaut-kirstie-segarra/

22. Myofascial Yoga: A movement and yoga therapists guide to asana, Book. Aug. 2013

23. "Living and Managing Chronic Pain" Article published in Taos News

May 2012

24. "Mindful Breathing, Meditation & Stretching!" Article published in Southwestflair.com and Taos News March 2012

25. Kinetic Paintings

2010-

2012

Series of multimedia compositions with cello and video.

26. "Tat Tvam Asi" in Bali: Healing through divorce-two yoginis journey Article published in Southwestflair.com.

Oct. 2010

2005

27. Instructional DVD on Traditional Balinese Massage Designed, developed, co-edited instructional video documenting Traditional Balinese massage by Jero Tapakan. Project includes anthropological footage.

TECHNICAL SKILLS

Excellent computer skills in PC and MAC from Word Processing, Excel, Database management to Web Design, Graphic Arts, Desktop Publishing, Music recording software and film editing. Basic Networking skills and I am able to solve problems independently.

LANGUAGES

English and French, some Bahasa Indonesia

MEMERSHIPS

International Association for Structural Integration, National Certification Board for Therapeutic Massage and Bodywork, Yoga Alliance, AMTA. International Association for Structural Integration, and International Association of Yoga Therapist

HONORS

AMTA Presidential Award, recognition for excellence in the field of massage therapy for New Mexico, **April 2019**

In March 2015 selected as a top one hundred leader in the massage field by MTSI with an interviewed featured at http://www.massagetherapyschoolsinformation.com/kirstie-bender-segarra/.

Nominated to Remarkable Women of Taos 2012 profile at http://taos.org/women/profilescaregivers?/item/147/Kirstie-Bender-Segarra-Massage-Therapist-and-Yog

Tamara L. Fraser, IMT

#8845

Email dancinghawk1@gmail.com

Experience

2022 to present Adjunct Faculty Instructor and Teaching Assistant

University of New Mexico-Taos, 575-737-7341

2018 to present Licensed Massage Therapist, #8845

Contract Employee

Las Vegas Bodyworks Physical Therapy

505-454-0443

* Provide therapeutic touch and tissue manipulation in a physical

therapy/medical setting

- * Provide patient care and maintain medical records under the guidance of a physical therapist
- * Maintain appropriate and professional patient/therapist roles to provide the best patient-centered care possible

^{*} Provide instruction, create curriculum, assist other instructors and students in UNM-Taos Massage Program

^{*} Restructure and create "Introduction to Asian Modalities" course, with an emphasis on Thai Yoga Therapy, for UNM-Taos Massage Program

^{*} Create "Introduction to Massage" course and curriculum for UNM-Taos Holistic Health and Healing Arts Program

2015 to present Yoga Instructor, Certified

Self employed

* Provide fun, gentle yoga instruction for everyone and all body types

* Encourage students to both work within their personal range of motion while also assisting students, in a hands-off approach, to gently push boundaries

Education

2016-2017 Certificate in Integrative Massage

University of New Mexico-Taos

* Graduated with a 4.25 GPA

* Completed over 1200 hours of required minimum 650 hour program

2015-2016 Certificate in Holistic Health and Healing Arts

University of New Mexico-Taos

* Graduated with a 4.25 GPA

2014-2015 Certificate in Yoga Teacher Training

University of New Mexico-Taos

* Graduated with a 4.25 GPA

<u>Skills</u>

- * Ability to teach and instruct students as demonstrated as myrtles as a Asian Modalities Instructor, Teaching Assistant for fellow faculty instructors, and as a yoga instructor
- * Ability to work in diverse situations without discrimination towards others differences
- * Ability to adhere to protocols while being willing to suggest or implement changes when needed as demonstrated as my roles as a massage therapist and instructor/teaching assistant
- * Ability to work as a team player as demonstrated by my work as a massage therapist and university instructor/ teaching assistant

* The desire to be a part of a wonderful program that has redefined my life and to pass on some of the skills and knowledge I received to both students and clients

Certifications & Accomplishments

2023 156 CE hours training and study of **Traditional Thai Yoga Massage** at the Sunshine Massage School in Chiang Mai, Thailand

2023 14 CE hours training and study of **Thai Table Massage** with Mia Battaglia at the Albuquerque School of Healing Arts

2021 100 CE Hours of **Asian Modalities and Thai Massage** with Sandra Anderson at the

Costa Rica School of Massage in Samara, Costa Rica

2019 2 weeks volunteer work with **Buds to Blossoms Pediatric Massage Program** in Ho Chi Minh, Vietnam, providing therapeutic touch therapy to children with disabilities, HIV/Aids, and economic disadvantages

2018 16 CE hours trading and study of **Palliative Care Massage** with David Lang at the Santa Fe School of Massage

Extra Accomplishments

* 2022	Ran Ventura Marathon, 1/2 marathon (13.1 miles)
* 2021	Ran Duke City Marathon, 1/2 marathon (13.1 miles)
* 2021	Cycled 50+ miles, Santa Fe Century
* 2020	Ran a virtual marathon, Duke City Marathon (26.2 miles)
* 2018/2019	Various volunteer work with the Las Vegas Wildlife Refuge
* 2019/2021	Various volunteer work with the Gallons Watershed Alliance

described on the UNM Benefits Office web site: http://hr.unm.edu. If your appointment FTE falls below 1.0, UNM's contribution to various insurance premiums may be reduced.

MAS 250 -252

Fall 2024 - Massage I (5),

Spring 2025 - Massage II (4),

Summer 2025 - Massage III (3), MAS 260 Clinic (3)

Robyn OBoyle, LMT – Adjunct Faculty

Fall 2024 - Massage I (5),

Spring 2025 - Massage II (4),

Weekend workshops – Spring 2024 - MAS 293 Reflexology (1)

Antonio Quintana – Adjunct Faculty

Fall 2024 - MAS 280 Anatomy&Physiology (3), MAS Deep Tissue (3), Spring 2024 - MAS Exercise Physiology(3), MAS Myofascial/Myoskeletal (3), Weekend workshops Fall and Spring – MAS 293 Positional Release (1), MAS 293 Cervical Stabilization (1)

Tamara Fraser – Adjunct Faculty

Fall 2024 – MAS 260 Ethics

Spring 2025 -MAS 257 Eastern Modalities - (3),

Summer 2024 – MAS 260 Clinic (3)

Weekend workshops – Fall 2024 - MAS 293 Thai Table (1)

Faculty Assistant – Spring 2025 – MAS 251 Massage II, Summer 2024 – MAS 252 Massage III

Alexandra Augustine – Adjunct Faculty Assistant

Fall 2024 -MAS 280 (1), MAS 253 (1)

Faculty Assistant – Spring 2025 - MAS 259 (1),

Kirstie Segarra – Massage School Developer and Coordinator 2007-2022/Faculty – Lecturer 2 MAS 265 and MAS 262 – Cranial Sacral 1 (3) and Cranial Sacral 2 (3)

Weekend workshop – MAS 293 – Balinese (1)

Kirstie will be focusing her concentration as Coordinator of the Structural Integration Program starting Fall 2024 Semester through Summer 2025 and will not be a MAS faculty during that time.

5C: Describe any specialized professional development opportunities available to program faculty. Describe what support & mentoring is available, particularly for faculty of color and members of groups that are traditionally under-represented in your field.

Adjunct faculty have access to 3 credit hours of instruction every contracted semester. The department has applied to the NCBTMB as an Assigned School. https://ncbtmb.org/assigned-schools/

The administration has agreed to facilitate MAS educators to test for National Certification Board for Therapeutic Massage and Bodywork as a professional development enhancement. https://ncbtmb.org/board-certification/

5D: If applicable, please provide a summary of the research and scholarly/creative work of program faculty.

Plans are in the works.

The outline of those plan is such:

Program Graduate Roundtable - providing professional comradery.

Proposed projects include grant writing to fund a Graduate Clinic to gain research data while working with financially challenged public addressing hands-on health care needs with specialties in Geriatric, Veterans and underserved populations.

5E: Provide examples of outreach or community activities (local, regional, national, and/or international) offered by the program or conducted by program faculty. These could include activities such as colloquia, conferences, speaker series, performances, community service projects, etc.

Throughout the Spring Semester, Students with supervision set up service projects providing chair massage to staff and administration at Klauer Campus. We then expand to work with students and staff from the Nursing program, students and staff with EMS. This year we have events set up to work with local VA groups.

Summer Semester Student Massage Therapy Clinic. Two days a week, Thursday and Friday, June through July, students work with the general public. Each semester, the program strives to present one weekend workshop per month which can provide MAS Cohort students as well as professionals holding LMT status education credit.

6. Resources, Planning, & Facilities

6A: Describe how the program engages in resource allocation & planning. If applicable, describe the advisory board, its membership, and how their feedback is incorporated.

With the approval of Academic Dean Randi Archuleta, Program Coordinator, Susan Myers, interacts with Associate Director of Business Operations – Taos Branch, Mr. Thomas Duran and his staff Fiscal Services Tech – Taos Branch, Geraldine Montoya.

Currently, there is not an advisory board in place.

6B: Provide an analysis of the program's budget. Include information on any additional support received from the institution and/orexternal funding sources.

Operating Ledger Detail Through the Month of May 2024

Index: '005001 - 005001 - Holistic Health and Human Services'

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Transaction Date Initiator Transa Index: 005001 - Holistic Health and Human Services Revenue	Account: 1640 - Allocations Pooled Allocation Gen	FSMLOAD10 JHAMLIN		0 - Reserves	FSMLOAD10		Account: 1903 - Change in Reserves	TLDURAN			Q.	Account: 3100 - Office Supplies General	JHAMILIN GERIEMONTOYA		Account: 3180 - Non Capital Equipment <\$5,001	JHAMLIN		Account: 31A0 - Business Food - Local	GERIEMONTOYA		Account: 31C0 - Dues Memberships Gen	JHAMLIN GERIEMONTOYA GERIEMONTOYA	GERIEMONTOYA
Transaction Date Index: 005001 Revenue	Account: 164	07/01/2023 07/01/2023		Account: 1900 - Reserves	07/01/2023		Account: 190	07/26/2023			Other Expense	Account 310	07/01/2023 05/06/2024		Account: 318	07/01/2023		Account: 31/	08/15/2023		Account: 310	07/01/2023 07/18/2023 08/23/2023	09/28/2023

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\$3205559 \$3222947 \$3231335 [C352726 [C352726 \$3239590 \$3258039 \$3271096 \$3281387		IC346519		S3287408			L0000083 S3171480 S3172067 S3172064			L0000083 \$3271098			S3286652			L0000083 IT000132	IT000133	T000135	1T000136 IT000137	IT000138
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10/24/2023 12/07/2023 01/04/2024 01/19/2024 01/23/2024 03/01/2024 03/29/2024 04/23/2024	Account: 31C	08/30/2023 11/22/2023	Account: 31F	05/06/2024		Account: 31F	07/01/2023 08/15/2023 08/16/2023 08/16/2023		Account: 372	07/01/2023		Account 46/	05/03/2024		Account: 608	07/01/2023	08/31/2023	10/31/2023	11/30/2023 12/31/2023	01/31/2024

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Cellular Charges Gen FEB2024 Cellular Charges Gen MAR2024 Cellular Charges Gen APR2024	ino Gen	FY24 Original Budget PERALTA S CLEANERS PERALTA S CLEANERS PERALTA S CLEANERS	l Services Gen	FY24 Original Budget		FY24 Original Budget	July 2024 Banner Tax	August 2024 Banner Tax	September 2024 Banner Tax	N		귭		~	_	April 2024 Banner Tax						
FSMLOAD10 FSMLOAD10 FSMLOAD10	Account: 63N0 - Laundry Dry Cleaning Gen	JHAMLIN GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA	Account: 6920 - Other Professional Services Gen	JHAMLIN	Account: 80K0 - Banner Tax	JHAMLIN	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD9	FSMLOAD9	FSMLOAD10	FSMLOAD10	FSMLOAD10						
02/29/2024 03/31/2024 04/30/2024	Account: 63N	07/01/2023 08/15/2023 10/30/2023 02/02/2024	Account: 692	07/01/2023	Account: 80k	07/01/2023	07/31/2023	08/31/2023	09/30/2023	10/31/2023	11/30/2023	12/31/2023	01/31/2024	02/29/2024	03/31/2024	04/30/2024						

Parameters: Index: '005001 - 005001 - Holistic Health and Human Services'

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Warning: These reports will show fiscal year activity. For inception to date activity for Grants please use the FRRGLDS - Grant Ledger Detail Summary report.

Operating Ledger Detail Through the Month of June 2023

05/15/24

FOROLDS

Index: '005001 - 005001 - Holistic Health and Human Services'
Through the Month of June 2023, Data is summarized for all Periods including 14. ĚÉ

Transaction Date Date Transaction Transaction Description Type Index: 065001 - Holistic Health and Human Services Revenue Account: 1640 - Allocations Pooled Allocation Gen	Document Chrome River Number Number	er Rule Class	Budget	Encu	Encumbrainces // Reservations
FSMLOAD14 Pooled allocation entry FY23 NKOUP FY23 Original Buaget	entry F723 JV J0733421 aget JV L0000077	JE16 BOX	.00 10,700.00	10,700.00	0. 6. 0. 6.
	Account 1640	1640 Total:	10,700.00	10,700.00	00.
Account: 1900 - Reserves	2	ñ	8	2 0 1	8
	50 50 JUL 5047.5 C		3 8	127.17	8
	Revenue		10.700.00	10.827.17	00'
Account: 3100 - Office Supplies General					
NKOUP FY23 Original Budget	JV L0000077	XOS	1,000.00	00.	00:
	Account 3	Account 3100 Total:	1,000.00	00°	00.
Account: 3180 - Non Capital Equipment <\$5,001					
TLDURAN MASSAGEWAREHOUSE.COM M	INV S3017802 010053128707	indi	8	4,082.00	00
	Account 3180	3180 Total:	6 ,	4,082.00	00.
Account: 31A0 - Business Food - Local					
GERIEMONTOYA Burke, Amber Elizabeth.	INV IC294860 C010053656866	6 DP1	00	38.60	8
	Account 31A0	31A0 Total:	00'	38.60	00.
Account: 31C0 - Dues Memberships Gen					
NKOUP FY23 Original Budget	JV L0000077	X E	420.00	8.8	8 8
	INV S3032017		3 8	21.48	3 8
	INV \$3052835	Z	8	21.48	8.
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	\$3067642		8 8 8	21.48	8
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	IC316323	7	3 8	370.00	§ 8
	INV S3111964		8	150.00	00.
GERIEMONTOYA EIG*CONSTANTCONTACT.COM GERIEMONTOYA FIG*CONSTANTCONTACT.COM			8 _i 8	21.38	0 0 0
	INV S3140274 INV S3151888	<u>7</u> <u>7</u>	8 8	21.38	8 8

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		L0000077 S3016378 S3016381 S3016377 IC303621 S3092248 S3116325		L0000077 IC294860		IC224992 S3130855 S3130854 S3146395			\$3133631			17000120		17000118 17000120 17000121 17000122 17000125 17000126 17000126 17000128 17000128 17000128 17000130	
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	is & Supplies	FY23 Original Budget AMZN Mixp US*4C3BU28Z3 AMZN Mixp US*3C4T19QW3 AMZN Mixp US*0X1XY7G83 Malen. Karl Susan. ANATOMICAL WORLDWIDE LLC AMZN Mixp US*HC4MN4AH0		sen FY23 Original Budget Burke, Amber Elizabeth.		Davis, David George. EXPEDIA 7.2539497332099 EXPEDIA 7.2539541966816 ENTERPRISE RENT-A-CAR			AMERICAN AIR0017948981920			Long Distance Gen SEP2022	=	Cellular Charges Gen JUL2022 Cellular Charges Gen AUG2022 Cellular Charges Gen SEP2022 Cellular Charges Gen NOV2022 Cellular Charges Gen NOV2022 Cellular Charges Gen NOV2022 Reverse NOV2022 Doc# IT000122 Reverse NOV2022 Coellular Charges Gen JAN2023 Cellular Charges Gen FEB2023 Cellular Charges Gen FEB2023 Cellular Charges Gen APR2023 Cellular Charges Gen APR2023 Cellular Charges Gen APR2023 Cellular Charges Gen JUN2023	
	Account: 31P1 - Instructional Materials & Supplies	NKOUP GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA		Account: 37.20 - Other Supply Costs Gen 77/07/2022 NKOUP 18/30/2022 GERIEMONTOYA		ACCOUNT: 3800 - In State I ravel Gen 8831/2022 GERIEMONTOYA 5603/2023 GERIEMONTOYA 5605/2023 GERIEMONTOYA		Account: 3820 - Out Of State Travel Gen	GERIEMONTOYA		Account: 6020 - Long Distance Gen	FSMLOAD10	Account: 6080 - Cellular Charges Gen	FSMLOAD10	
	Account: 31F	07/01/2022 07/22/2022 07/22/2022 07/22/2022 11/11/2022 02/06/2023		Account: 372 07/01/2022 08/30/2022		Account: Jsu 08/31/2022 05/03/2023 05/09/2023		Account: 382	05/10/2023		Account: 602	09/30/2022	Account: 608	07/51/2022 06/31/2022 10/51/2022 11/60/2022 12/20/2022 12/20/2022 01/51/2023 02/26/2023 04/30/2023 05/31/2023	

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L0000077 S3022566 S3086911 S3128421 S3149539 S3149540		L0000077 F0322591 \$3115588		10305600		L0000077	30740820	J0743372	J0746303	J0749013	J0751757	J0754054	J0756528	10759387	10/62/2/	0070500	10772426	3077200			Index: 005001 - Holistic Health and Human Services				
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FY23 Original Budget PERALTA S CLEANERS	rvices Gen	FY23 Onginal Budget ML 032123 Susan Myers CREATIVE FRAMING		University of New Mexico		FY23 Original Budget	July 2023 Banner Tax	August 2023 Banner Tax	September 2023 Banner Tax	October 2023 Banner Tax		December 2023 Banner Tax		C	C.	•	May 2023 Banner Lax								
NKOUP GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA GERIEMONTOYA	Account: 6920 - Other Professional Services Gen	NKOUP ACTRECVAPPWORX GERIEMONTOYA	Account: 8061 - License and Permits	GVIGIL	Account: 80K0 - Banner Tax	NKOUP	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLOAD10	FSMLCAD10	FSMLCAD10	ESMICAD 10	LOWIT CAD IO							
07/01/2022 08/12/2022 01/25/2023 04/28/2023 06/16/2023	Account: 692	07/01/2022 03/24/2023 03/29/2023	Account: 806	11/30/2022	Account: 80H	07/01/2022	07/31/2022	08/31/2022	09/30/2022	10/31/2022	11/30/2022	12/31/2022	01/31/2023	02/28/2023	03/31/2023	04/30/2023	05/31/2023	09/30/2023							

Parameters: index: '005001 - 005001 - Holistic Health and Human Services'

Through the Month of June 2023, Data is summarized for all Periods including 14.

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Operating Ledger Detail Through the Month of June 2022

05/15/24

Index: '005001 - 005001 - Holistic Health and Human Services'
Through the Month of June 2022, Data is summarized for all Perlods including 14.

	Transaction Date Index: 005001 Revenue	Transaction Date Index: 005001 - Holistic Health and Human Services Revenue	Transaction Description I Human Services	Document	ин Досимент Number	Chrome River Number	Rule Class	Rule Class Budget	Enct	Encumbrances / Reservations
FSMLOND14 Proposed shorpeint entry PTO2 Viv. L0000071 Account feat Total is 6,700.00 6,700.00 G.700.00	Account: 164		ed Allocation Gen							
FSMLOND14 Ending Reserves FY21 to FY22 JV J0707970 Account 1901 Total G700.00 G700	07/01/2021 07/01/2021	FSMLOAD14 NKOUP	Pooled allocation entry FY22 FY22 Original Budget	3 3	J0703815 L0000071		JE16 BOX	.00	6,700.00	6 6
FSNLOAD14 Ending Reserves P721 to F722 JV J07075'0 Account 1900 Total: 0.00 2.504.72 0.00						Account 1640			6,700.00	00.
FSMLOAD14 Ending Reserves PY21 to FY22 JV J070750 Account 1900 Total J00 Q.504.72 J00 J070750 Account 1900 Total J00 Q.504.72 J00 J070750 Account 1902 Total J00 Q.504.72 J00 J070750 J0	Account: 19(30 - Reserves								
TODIRAN To Pool & Clear Balance Fowards July 10004 Jez Dool 2 564.72 Dool 2 564.72	07/01/2021	FSMLOAD14	Ending Reserves FY21 to FY22	3	0707070		JE16	00	(2,504.72)	00.
TDDIRAN To Pool & Clear Balanca Fowards JV JU710004 JE2 GO 2,504.72 GO						Account 1900			(2,504.72)	00'
TIDURAN To Pool & Clear Balance Fowards JV JUDTODA Account 1902 Total Total G.700.00 G.700.00	Account: 19(33 - Change in Reserv	ves							
Revenue Total: 6,700.00 6,700.00	08/13/2021	TLDURAN	To Pool & Clear Balance Forwards	3,	J0710004		절	90.	2,504.72	00
HRAPPWORK HR Payrol 2021 2R 15 0 JV F0294160 F04911 F04912 F0						Account 1903			2,504.72	00
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SZSSTRBANTOYA SCHOOL OUTFITTERS INV SZSSTRB2 O10050350924 IPN 00 319.43 00 00 00 0	Account: 31	00 - Office Supplies G	Seneral							
NKOUP FY22 Original Budget JV L0000071 BOX 420.00 21.51 .00	03/15/2022	GERJEMONTOYA	SCHOOL OUTFITTERS	N	S2967892	010050350924	INdi	00:	319.43	00.
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Parameters: 105001 - 005001 - Holistic Health and Human Services'

Through the Month of June 2022, Data is summarized for all Periods including 14.

Page 1 of 1 Date/Time: 05/15/2024 1:01PM

Warning: These reports will show fiscal year activity. For inception to date activity for Grants please use the FRRGLDS - Grant Ledger Detail Summary report.

Spring 24

					Tu	ition	Со	urse Fees
		Cou	ırse Fee	Enrollment	Ge	enerated	Ge	nerated
MAS	251 4cr	\$	50.00	11	\$	3,432.00	\$	550.00
MAS	254 3cr	\$	50.00	11	\$	2,574.00	\$	550.00
MAS	258 3cr	\$	50.00	12	\$	2,808.00	\$	600.00
MAS	259 3cr	\$	50.00	11	\$	2,574.00	\$	550.00
MAS	261 3cr	\$	25.00	17		3,978.00	\$	425.00
MAS	293 1cr	\$	25.00	9	\$	702.00	\$	225.00
MAS	293 1cr	\$	25.00	5		390.00	\$	125.00
MAS	293 1cr	\$	25.00	4	\$	312.00	\$	100.00
MAS	293 1cr			1	\$	78.00		
					\$	16,770.00	\$	3,125.00
Fall 23								
					_		_	
MAS	250 5cr	\$	140.00		\$	5,460.00		1,960.00
MAS	252 3cr	\$	25.00	6	•	1,404.00	\$	
MAS	253 3cr	\$	140.00	15		3,510.00		2,100.00
MAS	255 3cr	\$	25.00	6		1,404.00	\$	
MAS	258 1 cr	\$	25.00	11		858.00	\$	
MAS	260 3cr	\$	140.00	15	•	3,510.00		2,100.00
MAS	265 3cr	\$	25.00	24	•	5,616.00	\$	
MAS	280 3cr	\$	140.00	16		3,744.00		2,240.00
MAS	293 1 cr	\$	25.00	2	•	156.00	\$	50.00
MAS	293 1cr	\$	25.00	6	\$	468.00	\$	150.00
					\$	26,130.00	\$	9,775.00

Supplies and Expenses

FY 24 Budget	\$ 17,700.00	Shared with HHHA
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Expenses YTD \$ 3,967.72

FY 23 Budget \$ 10,700.00 Total expenses \$ 10,046.00

Salary Costs Credential



Total Program Income	\$ 55,800.00	
Salary Expenses	\$ 89,130.00	
Supply Expenses	\$ 3,967.72	Shared with HHHA

Program Income

\$ (37,297.72)



6C: Describe the staff assigned to the program (titles and FTE) and their responsibilities.

Susan Myers - Program Coordinator/Faculty

Workload and duties as a faculty member will be assigned by the Chair in accordance with curriculum and program needs and division, branch, and UNM Faculty Handbook and workload policies, and is subject to change over time. At .75 FTE, your overall workload is expected to be 11.25 credit hour equivalence per semester, inclusive of instructional and non-instructional duties. For the Fall 2023 semester, your workload will be to teach 3 credit hours and the equivalent of 8.25 credit hours reassignment for program coordination. Non-instructional duties are associated with Program Coordination of the Massage Therapy program, which includes (but not limited to) the following: facilitating course matrices and schedules for the program; updating the curriculum in alignment with licensing requirements; communicating with marketing team and providing updated information for recruitment activities; collaborating with admissions team for program admissions and academic advising team; assisting students with their licensure paperwork and maintaining other paperwork for other states requiring licensure, maintaining student files, etc.; assisting with substitution forms for students who graduate in March and tracking program outcomes; purchasing of classroom supplies; TPT faculty hiring and supervision; and community relations for the program. Thereafter, including for the Spring 2024 semester, it is determined in accordance with the department's workload policy as required by the Unit 1 Collective Bargaining Agreement, Article 13. In addition, you will be expected to participate in the academic and educational mission of the University through departmental service and mentorship of undergraduate and graduate students. In addition to salary, your appointment carries with it a variety of fringe benefits which are described on the UNM Benefits Office web site: http://hr.unm.edu. If your appointment FTE falls below 1.0, UNM's contribution to various insurance premiums may be reduced.

6D: Describe the facilities associated with the program, including classrooms, general spaces (offices, conference rooms, etc.), labs spaces, equipment, or general access to technology, and if facilities are sufficient to meet the needs of the program. Please explain.

We are privileged at the Health Sciences Campus of UNM-Taos to have state of the art technology which includes a classroom computer, whiteboard interface, two mounted cameras, 8 external speakers.

There are four student access computers set up along (130) walkway.

Our Massage Therapy equipment includes 8 electronic tables, multiple folding massage tables, 5 portable massage chairs, 6 collapsible foot tubs, 2 Hydrocollators, 8 Hydrocollator packs and towels, a linen closet (118B) and unit supplies closet (121). The soft tools of the program include medical models, skeletons, posters, oils, and linens (flat and fitted sheets, Blankets, Face Cradle Covers, Pillows, Pillow Cases, Bolsters and cleaning supplies for clinic.

There is also a Massage Office (122) shared by Coordinator and Faculty.

The Hallways (119), (C-4) and (130) acts as student interactive space, eating and traveling through the building.

Access to Adjunct Faculty Office Rm 127.

Currently the needs of the program are sufficiently covered. With the projected growth, it will be at least five to seven years before we begin to outgrow our facilities.

That future would look like possibly adding an evening program of study.

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The UNM-Taos Health Sciences Campus, Rio Grande Hall located in the center of town, Taos, New Mexico.

7. Summary & Future Direction

7A: Provide a summary of the previous information, focusing on described strengths and challenges for the program.

First, I would like to acknowledge the teamwork it took to pull this review together.

Thanks to

Alejandra Villalobos Melendez, Ed. D., Sr. Institutional Researcher

Thomas Duran, Business Operations – Taos Branch

Cathy Brandenburg, Department Administrator – Taos Branch

Kirstie Segarra, Program Coordinator for the Structural Integration Program

The UNM-Taos Massage Therapy Certificate Program has gone through a stream lining process the past three years. Pulling off any extraneous verbiage, the program was renamed Massage Therapy Certificate Program.

We reworked our classroom hours to provide ample time for student hands-on learning.

We've continued to build our online Canvas component to facilitate student comprehension.

We've supported a robust student clinical practicum.

We've implemented a generous student tip compensation and are able to cover the cost of the national exams for students with the donations received through the student clinic.

The challenge that the program has faced include:

Faculty illness, yet that has provided opportunity to engage a more robust faculty team.

I so appreciate the program team that has pulled together the container for students to learn, mature and graduate with real world skills.

Thank you for this opportunity.

7B: Describe any strategic planning efforts employed by the program Continued curriculum development.

Conscientious growth.

Developing avenues to be an information center for graduates.

7C: Describe the strategic directions and priorities for the program. What is your vision of the future for the program?

AAS – Associate of Applied Science in Massage Therapy Program presented in Spanish.