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20211105_Upcoming- Moving Beyond Impostor Syndrome

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HSLIC News - LibGuides at University of New Mexico

Join us on Wednesday, November 10th from 12-1pm on Zoom to learn more about impostor syndrome. Impostor syndrome is the inability to see one's own successes as legitimately deserved despite all evidence to the contrary. While impostor syndrome is a common experience among adults, how are feelings of impostorism different from experiences of othering, minority status stress, or perceived discrimination? In this workshop, we will discuss impostor syndrome, the mediated effects of marginalization and discrimination, and ways to manage both.

[Register here.](#)

This workshop will be presented by Kelleen Maluski, Student Success and Engagement Librarian, and Stephanie Sanchez, Associate Director of the Center for Teaching & Learning. After registering you will be sent a Zoom link closer to the date of the workshop. If you have questions or comments please let [Kelleen Maluski](#) know.