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Winter 3-17-2022

### 20220317\_Moving Beyond Impostor Syndrome- March 22nd and April 11th

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*University of New Mexico, Health Sciences Library and Informatics*

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#### Recommended Citation

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## HSLIC News - LibGuides at University of New Mexico

There's still time to register for our March 22nd or April 11th virtual workshops on Impostor Syndrome. Impostor syndrome is the inability to see one's own successes as legitimately deserved despite all evidence to the contrary. While impostor syndrome is a common experience among adults, how are feelings of impostorism different from experiences of othering, minority status stress, or perceived discrimination? In this workshop, we will discuss impostor syndrome, the mediated effects of marginalization and discrimination, and ways to manage both.

This workshop will be presented by Kelleen Maluski, Student Success and Engagement Librarian, and Stephanie Sanchez, Associate Director of the Center for Teaching & Learning.

[Registration](#) is required to attend and all registrants will be sent a Zoom link previous to the class. If you have questions or want to schedule a workshop for another time or for your class please reach out to [Kelleen Maluski](#), Student Success and Engagement Librarian.