Integrity, Health Formation, Health Education and the Proposals of the Single Health System. A Conceptual Revision

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Objectives: This study aims to show the principle of integrity (comprehensiveness) as an axis of health education and health actions.

Methodology: Analytical Interpretation

Results: For the authors, health education is a pedagogical and political process that requires the development of critical and reflective thinking to find reality and propose transformative actions in relation to the social-historical subject. It also allows individuals to propose and make health care decisions for themselves, their families and their community.

The authors define and understand the concept of comprehensiveness as part of the health care linked to individuals, groups and the community. In this perspective, the actions of health promotion must be linked with social policies and must respond to problems and needs of population groups.

The Single Health System (SUS) provides two basic principles to achieve those goals: universal and equitable access to services and community participation in a regional, hierarchical, and decentralized network. With this base, the user is considered a historical, social and political subject; he is articulated to his family context, the environment and the society in which he is immersed.

Conclusions: The authors conclude by emphasizing the importance of health education as a strategy for integration of a collective wisdom that allows the individual to achieve independence.