



Western Journal of Orthopaedics
Formerly The University of New Mexico Orthopaedics Research Journal
Short Instructions for Authors

Western Journal of Orthopaedics Journal (WJO) is a peer-reviewed (double blinded) publication of UNM Department of Orthopaedics & Rehabilitation. *WJO* publishes annually in June and highlights original research relevant to orthopaedic-focused surgery and engineering, with the goal of MEDLINE indexing.

The submission deadline for *WJO* is October 5 every year. Manuscripts submitted afterward will be considered for the following year's volume. Email questions to UNMORJ@salud.unm.edu.

Submit the Title Page, Blinded Manuscript, each table, and each figure to UNMORJ@salud.unm.edu.

General Formatting Title Pages and Blinded Manuscripts must be submitted as Microsoft Word documents. *WJO* follows the style and format of the *AMA Manual of Style* (10th ed). Use Times New Roman, 12-point typeface, and 1-inch margins. Use continuous line numbering, continuous page numbering in the upper-right corner, and double spacing. Spell out numbers less than 10 except measurements (eg, "4 days"). Use SI metric units. Only include up to 2 significant digits (eg, $P = 0.05$, $P < 0.01$).

Title Page State the paper's title. List authors' names in the desired order of appearance. For authors, include their highest academic degree, current affiliations, and any changed affiliations since the time of the study. Identify the corresponding author's name, physical address, and email. Include six informative statements: 1) funding, 2) conflict of interest, 3) informed patient consent for case reports OR your Institutional Review Board approval number if the research involved humans, 4) preferred subspecialties of reviewers for your submission (eg, pediatric spine), 5) names and email addresses of one to three potential reviewers, and 6) acknowledgments of any non-authors who contributed.

Blinded Manuscript Excluding the references, abstract, tables, and figure legends, we will accept ≤ 3200 words for reviews; ≤ 2500 for scientific articles, pilot studies, education articles, and new technology; ≤ 1200 for case reports and technical notes; and ≤ 1000 for reflections. For scientific articles and education articles, include headings of Abstract, Introduction, Methods, Results, Discussion, References, and Figure Legends if figures are used. For reviews, use the same headings but replace Discussion with Conclusion. For case reports, the headings are Abstract, Introduction, Case Report, Discussion, References, and Figure Legends. Email us about headings for other submission types. Subheadings may vary but are generally not included in the Introduction, Discussion, or Conclusion sections.

Abstract ≤ 250 words for scientific articles, structured into four paragraphs: Background, Methods, Results, Conclusions. ≤ 150 words for education articles, case reports, technical notes, new technology, and pilot studies (≤ 250 for reviews) in an unstructured paragraph format. At the end, list 3-5 keywords using terms searchable in the MeSH database (<https://meshb.nlm.nih.gov/search>).

References List in order of appearance (not alphabetically) and cite in the text using superscript numbers. Format all references in *AMA Manual of Style* (10th ed). All listed references must be cited in the text and vice-versa.

Tables/Figures Create tables using only the Microsoft Word table function. Number each table and include a descriptive title. Place each table on a separate page after the References section in the Blinded Manuscript. For figures, place each one at the end of the Blinded Manuscript and also email us each one as an EPS, TIFF, PPT, or JPEG file in 300 DPI (maximum of 12 separate images). Provide a brief description of each figure in the last page of the Blinded Manuscript, under a Figure Legends heading. When submitting a figure published elsewhere, provide information about the obtained permission. Figures and tables must be cited in the text.

We welcome all relevant orthopaedic and engineering submissions. We encourage manuscripts from faculty, fellows, residents, alumni, and colleagues. For detailed instructions, view <http://orthopaedics.unm.edu/research/research-journal.html>.

Thank you for considering *WJO* as an avenue to feature your research.

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