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Escaping the Boredom of Online Learning: The Implementation of Virtual Escape Rooms

Sarah E. Patel, MSN, RN, C-EFM

Educational innovations are necessary to improve student learning outcomes and enhance virtual learning experiences.



Escape Rooms

- Allow application of clinical judgment skills
- Promote teamwork by gathering clues to “escape”
- Integrate knowledge from course content

Planning

- Identify and plan the content to be reviewed
- Decide method for presentation
 - Unfolding Case Study
 - Antepartum, Intrapartum, Postpartum and Newborn Care
 - Individual Case Scenarios
 - Complication Pregnancies and Newborns

Design

- Create the Scenarios with an Escape Code in Google Forms
 - Requires an introduction, trial run, case scenario, and conclusion to gather name for participation
 - Each scenario is an individual room for students to “escape”.

Implementation

- Ticket to Class
 - Provides engagement with the material
 - Requires student to successfully escape each room
 - Identifies areas of misunderstanding
- In-Course Group Activity
 - Promotes teamwork
 - Provides time to clarify muddiest points with peers



Blood Spattered Ball

Case Scenario

Bella Swan is a 19-year-old female who came to OB Triage with a complaint of “bleeding like my period”. The bleeding started while she was dancing the night away at the Twilight Ball. Her last period was on March 9, 2020. She is a G1P0 at 33 weeks and 3 days. Her BP 105/82, P 110, RR 22, and Temp 98.4.

What assessment finding should the nurse expect to find if the patient has a placental abruption?

- ☐ A) Soft abdomen
- ☐ B) Uterine tenderness
- ☐ C) Absence of abdominal pain
- ☐ D) Painless, bright red vaginal bleeding

Questions to Get Lock Code
(created from the letter of each correct answer)

Ms. Swan denies pelvic or abdominal pain. You review the health care provider's orders. Which order should you question?

- ☐ A) Prepare the client for an ultrasound
- ☐ B) Obtain equipment for a manual pelvic examination
- ☐ C) Order labs including hemoglobin and hematocrit
- ☐ D) Place the patient on an external electronic fetal heart monitor

You suspect the patient has a placenta previa. Which assessment findings would you expect? (Select All That Apply)

- ☐ A) Uterine rigidity
- ☐ B) Uterine tenderness
- ☐ C) Bright red vaginal bleeding
- ☐ D) Soft, nontender uterus
- ☐ E) Fundal height equal to 36 weeks gestation

Using the clues above, enter the lock code. *

Escape Code

Your answer