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20221012_October is Health Literacy Month

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HSLIC News - LibGuides at University of New Mexico

October is Health Literacy Month!

by Deborah Rhue on October 12th, 2022 in [Health Justice & Equity](#) | [0 Comments](#)



OCTOBER IS HEALTH LITERACY MONTH

Did you know that Health Literacy has its own month? Well, it does have its own month--Health Literacy is that important!

For the last 20 years during the month of October, health organizations throughout the United States have celebrated health literacy because they recognize its value to patient care.

What is Health Literacy?

The Centers for Disease Control and Prevention (CDC) defines Health Literacy in two ways—personal Health Literacy and organizational Health Literacy.

Personal Health Literacy is the “degree to which individuals have the ability to find, understand, and use information and services to inform health-related decisions and actions for themselves and others.”

Organizational Health Literacy is “the degree to which organizations equitably enable individuals to

find, understand, and use information and services to inform health-related decisions and actions for themselves and others.”

If you would like more information about Health Literacy from the CDC, you might want to visit their website: <https://www.cdc.gov/healthliteracy/learn/index.html>

Health Literacy Workshops!

The Health Sciences Library & Informatics Center offers workshops on Health Literacy. These workshops provide tips about communicating with patients to improve their health literacy by using techniques like plain language and teach-back.

You can register for an HSLIC’s health literacy October workshop at: <https://goto.unm.edu/hslicevents>



The graphic is a rectangular banner with a dark red background. At the top center, the text reads "HSLIC Workshop" in white, followed by "Tuesday, Oct. 18, 2022" and "Noon until 1:00 pm" in a smaller white font. To the right of this text is an illustration of a female doctor in a white lab coat and a male patient with a cast on his leg and crutches. Below the date and time, the main title "HEALTH LITERACY: PLAIN LANGUAGE, TEACH-BACK AND MORE....." is written in large, bold, black capital letters. At the bottom of the graphic, there is a dark teal horizontal bar containing the registration information "REGISTER AT: HTTPS://GOTO.UNM.EDU/HSLICEVENTS" in white, and the logo for the "HEALTH SCIENCES LIBRARY & INFORMATICS CENTER" on the right.

HSLIC Workshop
Tuesday, Oct. 18, 2022
Noon until 1:00 pm

**HEALTH LITERACY: PLAIN LANGUAGE,
TEACH-BACK AND MORE.....**

REGISTER AT:
[HTTPS://GOTO.UNM.EDU/HSLICEVENTS](https://goto.unm.edu/hslicevents)

 HEALTH SCIENCES LIBRARY
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