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A Co-operative Medical Clinic for Albuquerque, New Mexico

Gary Lee Vanderwood

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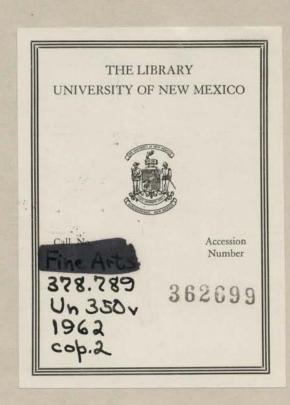
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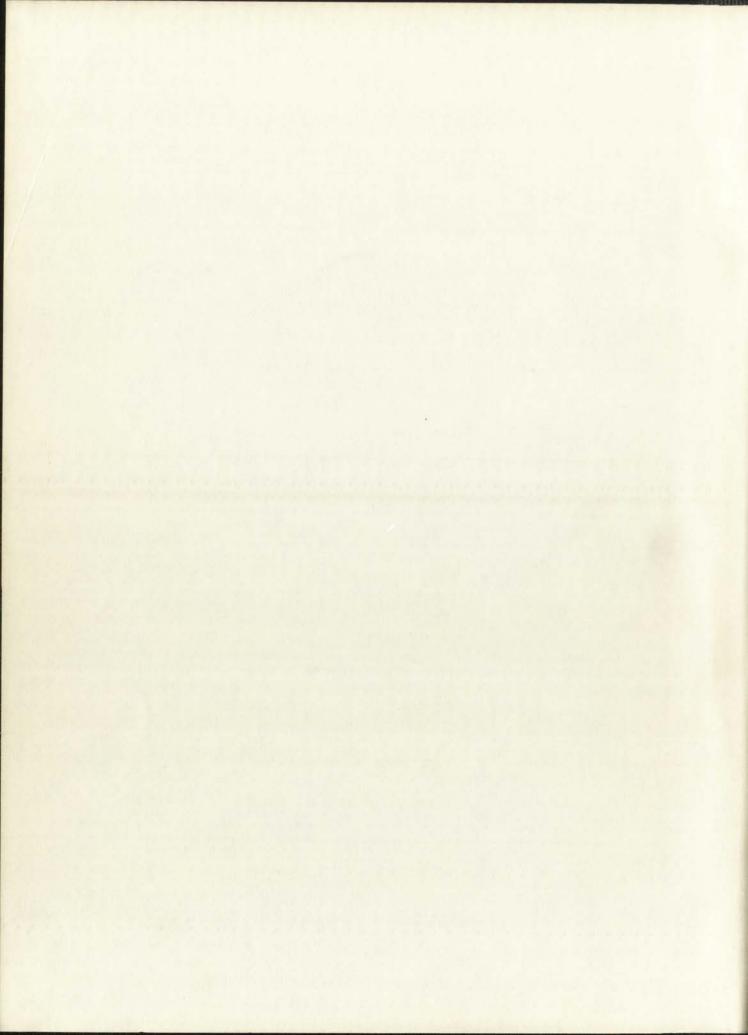
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A CO-OPERATIVE MEDICAL CLINIC

for

Albuquerque, New Mexico

by

Gary L. Vanderwood

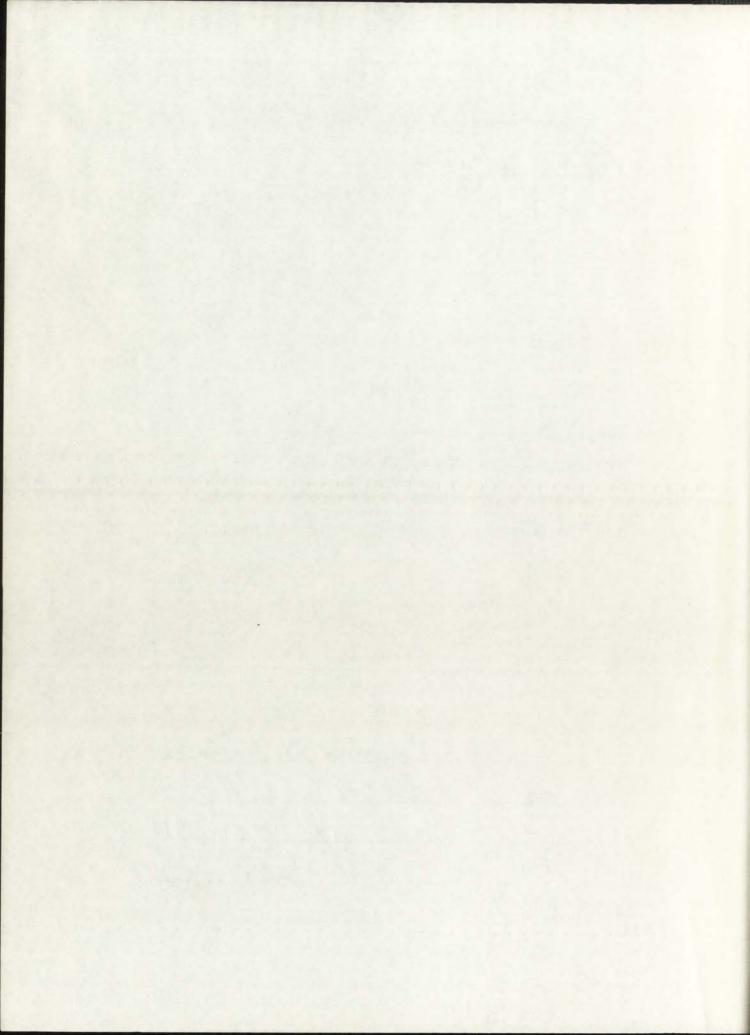
BACHELOR'S THESIS

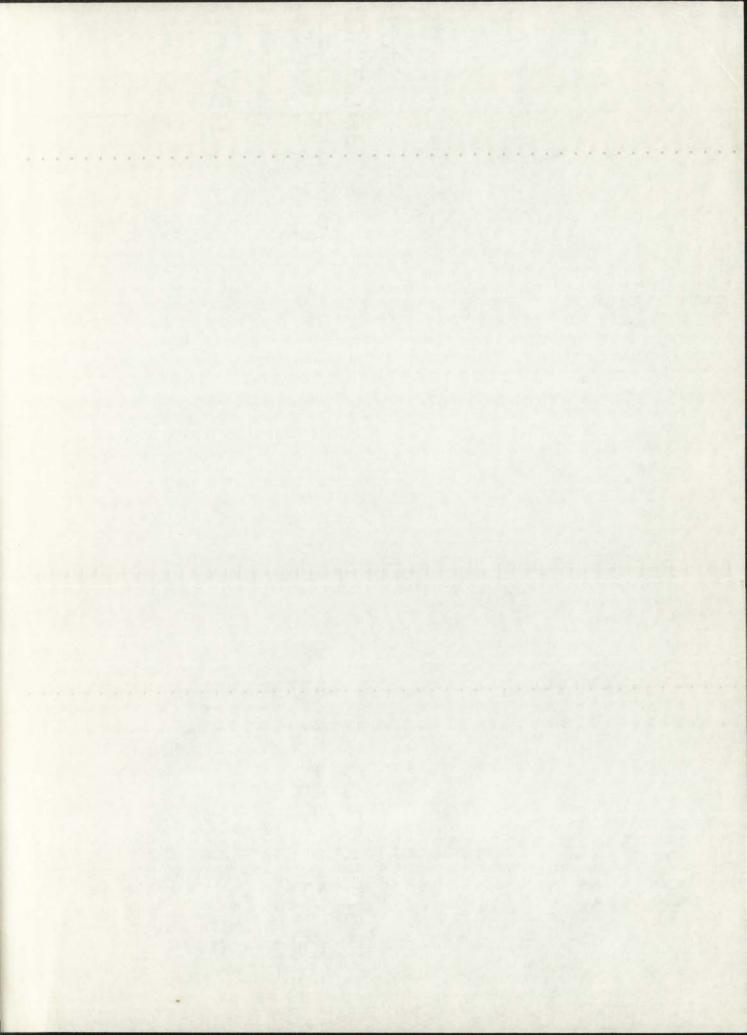
Presented to the Faculty of the Department of Architecture, University of New Mexico, in partial fulfillment of the requirements for the degree of Bachelor of Architecture.

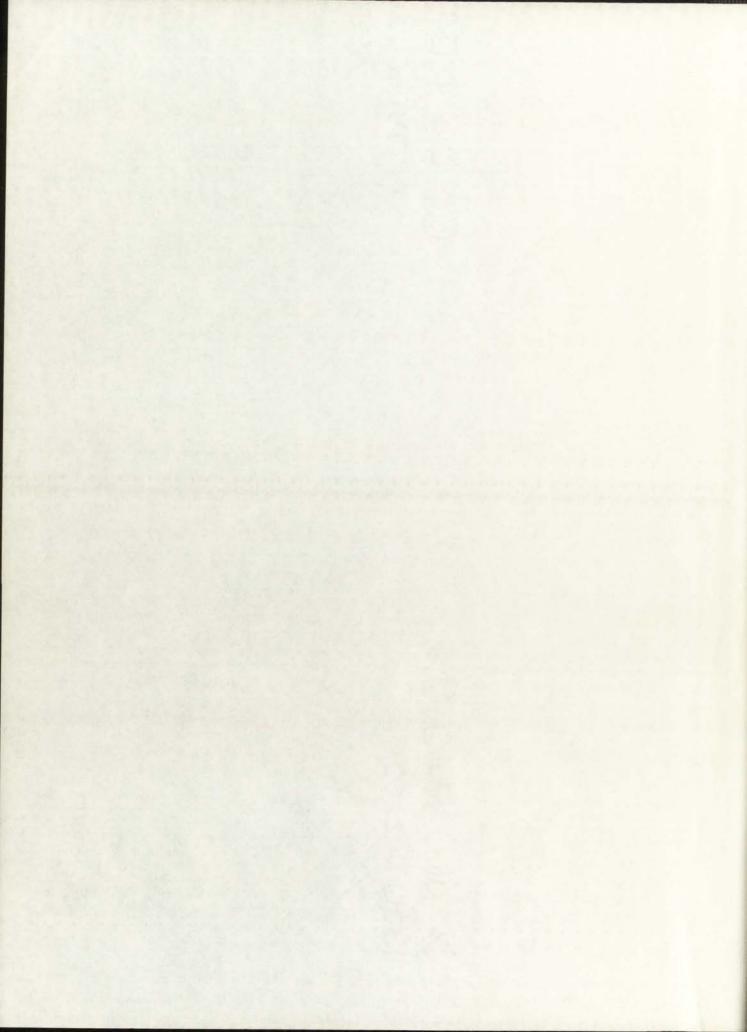
The University of New Mexico
May 26, 1961

THESIS COMMITTEE:

Jeograband, MD John Hermerick



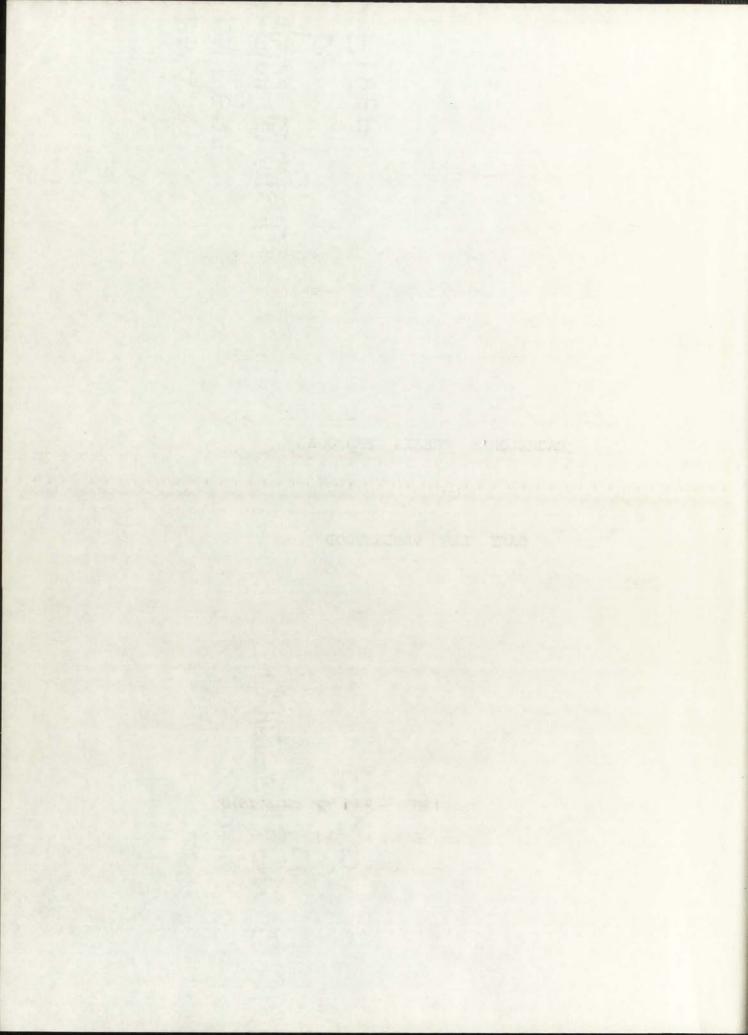




BACHELOR'S THESIS PROPOSAL

by

GARY LEE VANDERWOOD



TITLE:

DOCTORS CO-OPERATIVE CLINIC

PURPOSE OF STUDY:

The object of this study is threefold; first, to study the feasibility of; second to suggest the location for; and third to design a health center housing comprehensive, co-ordinated services; complete diagnostic and treatment facilities to be owned co-operatively by the resident specialists.

LOCATION:

Albuquerque, New Mexico.

THESIS CONTENT:

The results of this study will contain the findings of the fesibility study and suggest the location of and design for an integrated medical center.

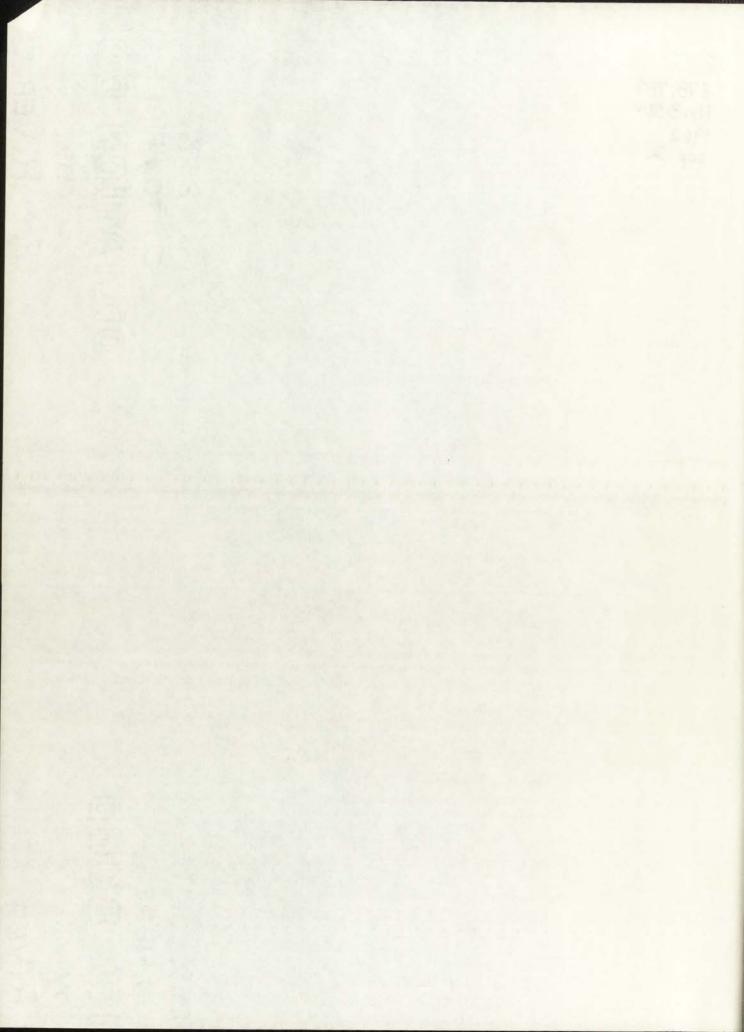
Approved

Chairman, Faculty Committee

Department of Architecture

The University of New Mexico.

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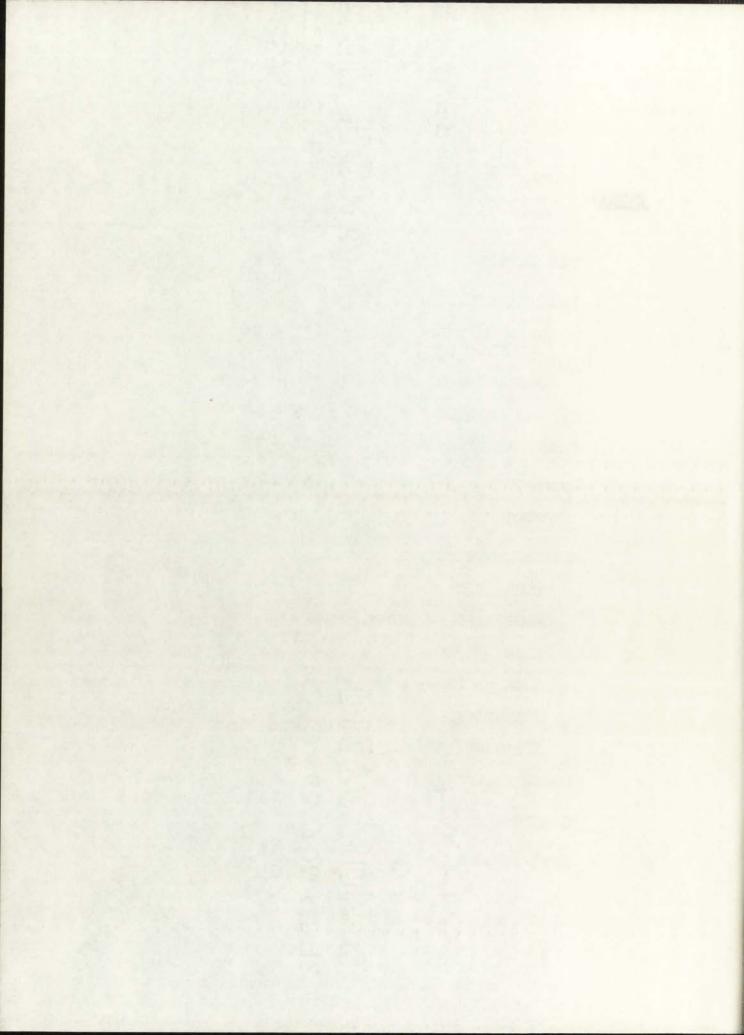
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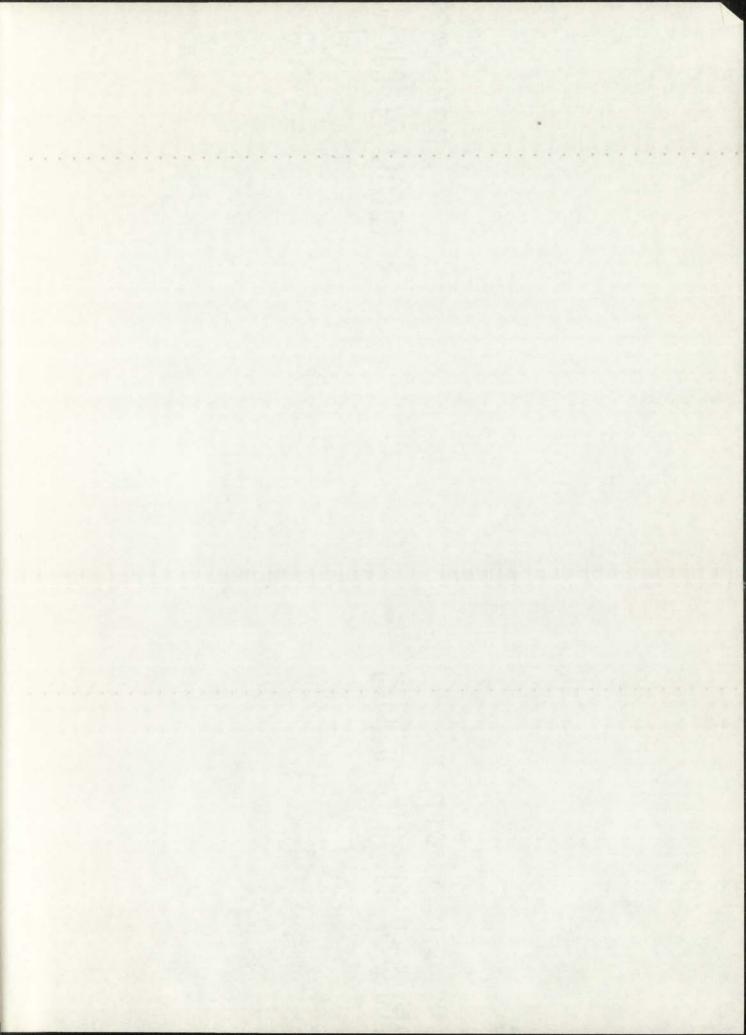
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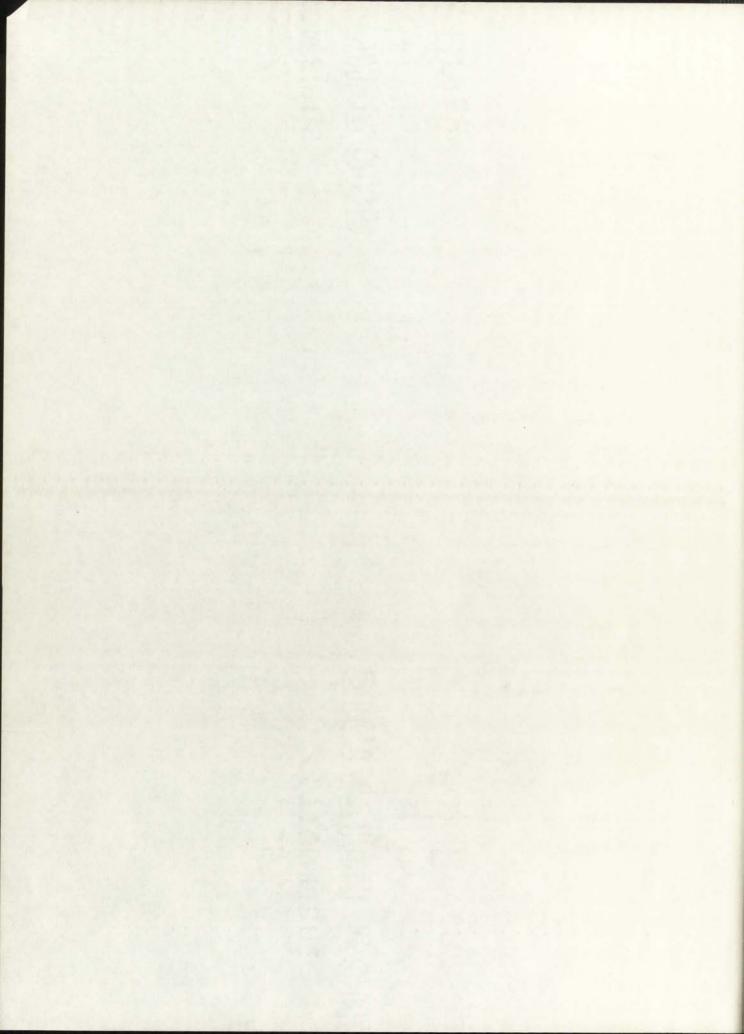
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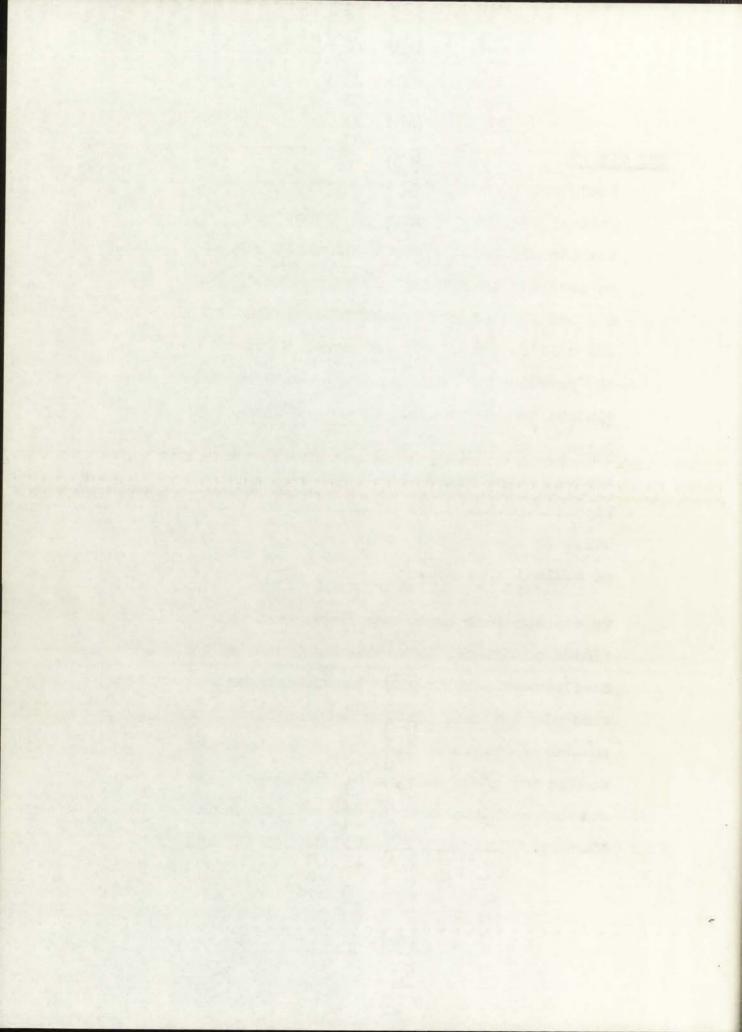






Fundamental underlying principles of
medical treatment remain the same, but
the techniques of their application undergo constant improvement at a pace challenging the physician's capacity to assimilate
and utilize them. The science and art of
the practice of medicine are undergoing continuous metamorphosis. Radio isotopes,
Geiger counters, cytodiagnosis, ultrasonic
beams, anti-tuberculosis drugs and the antibiotics are but a few of the factors contributing to the constant alteration of the science
of medical practice.

To centend that these developments in the fields of scientific medicine, in specialty development, and in prepaid medical insurance plans do not place great responsibility on the practitioner to provide quarters of beauty and efficiency, would be to shun the role of architecture as a major element in therapy. Certainly the art of medical prac-



enclosed by structure by the character and relationship of the space or spaces, and the presence of certain textures and colors, in addition to all the other things that architecture is, and has been since man first started to build for the control of their environment.

Clinic practice, lying somewhere between such familiar surroundings as the individual doctor's office and the hospital, is one of the most important steps taken in medicine in the last fifty years. The family doctor is no longer the self-sufficient man he once was. Due, in part, to the great bulk of increasing scientific knowledge within the profession and, in part, to the changing attitude toward medicine and the patient, the physician has been forced into specialization. Medicine is no longer carried to the patient, in the little black bag of the family doctor, but rather, the patient must go to either one or

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many physicians for the diagnosis of his case. This awareness of one another's attitudes and knowledge has brought about the rapid growth of the medical group clinic, a centralization of the medical services.

Not only is the clinic an aid to the patients, through the localization of services, it is also a convenience to the participating doctors who benefit from the efficiency and economy of shared personnel, medical, waiting and staff facilities, as well as, the availability of talent and knowledge for consultation and cross diagnosis. The group association of the physicians also allows the individual greater freedom in that he may refer his patients to any one of his resident colleagues, leaving patient records well at hand.

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FEASIBILITY STUDY

SITE LOCATION:

As this clinic is to be an entirely new venture formed by the participating physicians the site considerations are based not only on the existing population in the surrounding area and presence of competition but also on the future of the selected site, its growing power and potentiality.

The site selected is located in "Paradise Hills" and was based on many considerations.

The area west of the Rio Grande is virgin territory for the group medical practice.

There are no medical clinics offering comprehensive medical services west of the river and further, the major area of north - west Albuquerque, Corrales and Alameda are served only by sparsely located resident physicians or very small group practices.

The selected site would at present draw from virtually the entire population of the west

TOTAL PROPERTY.

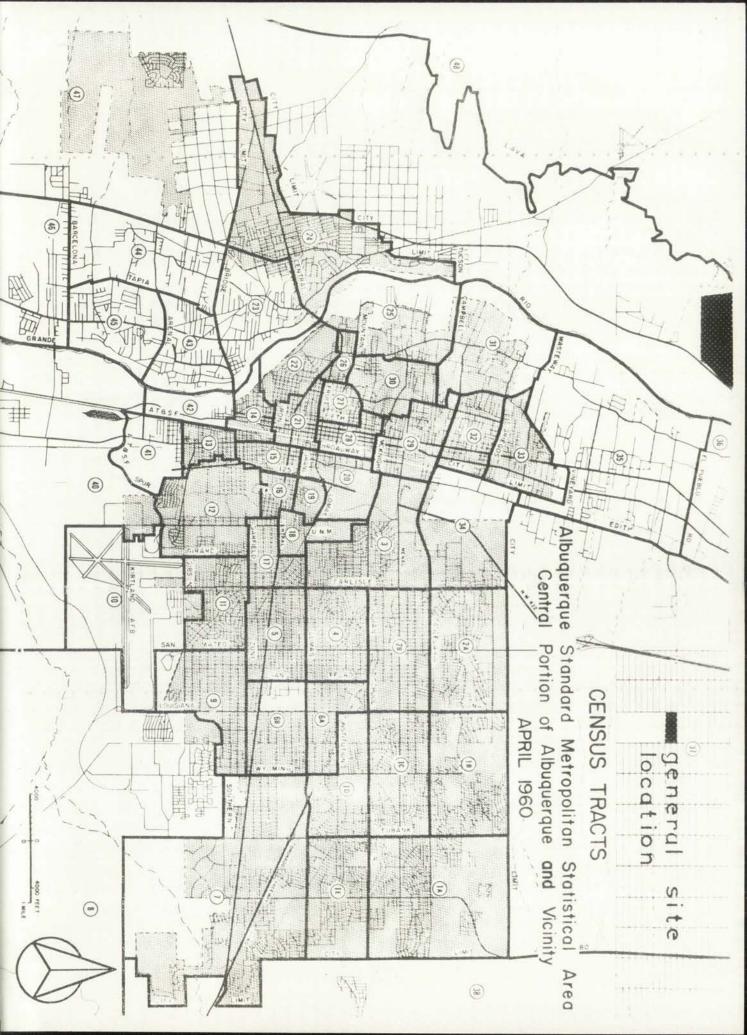
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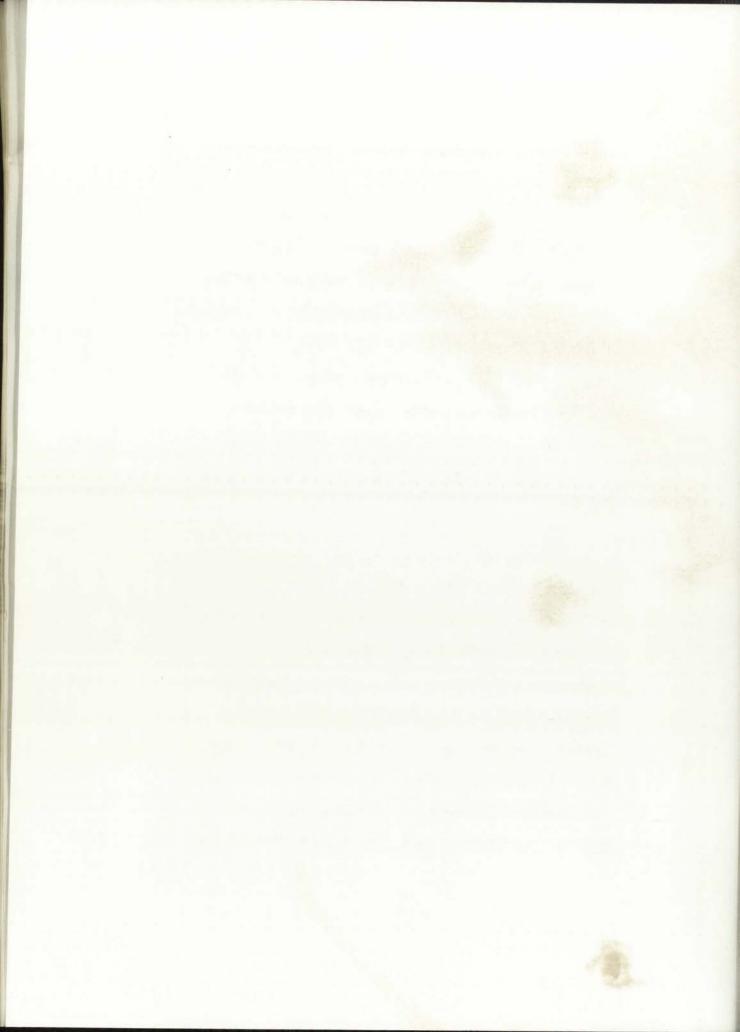
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river area, Corrales, and due to its accessability, the Alameda area. This drawing
area encompasses a population of twelve
thousand, eight hundred, ninety (12,890)
persons taking north - west Central Avenue,
Corrales, and Alameda as boundaries. Further,
due to ease of access to the site, it is
conceivable that a clinical set-up of this
caliber would also draw from the thirty
thousand (30,000) inhabitants of the area
west of the Rio Grande and south of Central
Avenue.

A projection of the growth and future of the area will show potentialities for it parallels to those of the City. A community is planned to include industrial, professional, and commercial services, and is being developed to eventually house seventy-five thousand (75,000) persons in its multiple and single unit residential areas. In addition to this area under development, Hoffman City, south - west of Central Avenue, is being planned for

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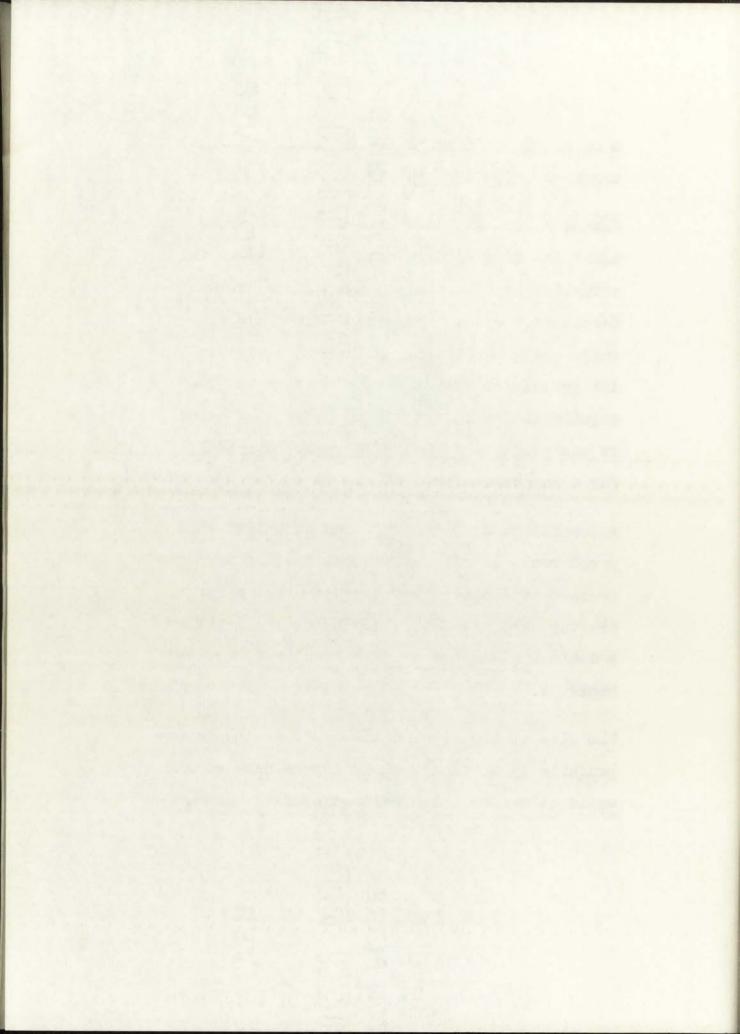
A projection of the upon the college of the college will alone of the upon the college of the college of

a community of twenty-five to thirty-five thousand (25,000 to 35,000) persons.

Consideration was given the site, for its ideal location in this expanding area and its situation in a sensibly planned, projected development area. Industrial sites are already being developed, while future residential areas, schools, shopping centers and recreational facilities are to be well at hand, it was considered as having great potential for a comprehensive clinic.

Automobile access is easy, due to unconjected paved roads in all directions, facilitating the present availability of business from a large drawing area and the future holds the location a desirable one for a large local neighborhood business.

The size of the site is ideal for an innate expandable type clinic, while future development would allow for a centralized medical plaza,



grouping either additional mixed group clinics or specialized clinics in the area providing co-ordinated services to the neighborhood.

Taking medical figures as the assumption in this study for basing the needs of the area for physicians in the clinic, it shall be assumed that seven hundred, fifty (750) to one thousand (1,000) persons are the required normal for the support of each doctor in clinical practice regardless of specialty. Further, the drawing area shall be considered to be only that bounded by Central Avenue, Corrales, and Alameda or twelve thousand, eight hundred ninety (12,890) persons; leaving a sufficient buffer of patient potential in the outlying area. This assumption allows for fourteen (14) medical men of varying specialties a patient distribution of from six thousand, four hundred fortyfive (6,445) to twelve thousand, eight hundred ninety (12,890) each divided according to practice, while at the same time permitting a distribueroughte at a femoral administration of the color of the

tion of from stu (howeard, four hundred for not Cive (L. 147) to thempe Shoutand, edge hus pur minery (12,500) and this into (005,51) wenter thice, while at the open tite pormitting a differ

tion of over nine hundred (900) patients per doctor regardless of field or sufficient to meet medical requirements for financial remuneration.

OWNERSHIP OF BUSINESS:

The tendency is for medical groups to own their own buildings. The main difficulty to this, however, is that as the group expands and takes on new personnel, it does not usually want to limit its selection of new men to those who can invest a large sum in assets. Conversely, when a man is leaving the group, his time of departure should not be tied to the necessity of selling his share of the assets.

The ideal method of ownership lies in incorporation for the ownership of the building which
would then allow all rent paid by the nonmembers to be deducted as a tax-free expense
and allow payment of fairly low taxes on the
income derived from rent; however, under the

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would then allow all rest paid by the nonmombers to be deducted the a tox-from cancer
and allow capted the a tox-from cancer
and allow capted of fairly low them on the
income derived from cents herever, under the

present tax laws such incorporation would be classed as a personal holding company and the income from rent would be taxed at a very heavy rate.

For this problem, incorporation shall be considered the most desirable method of ownership as the only rentable space shall be the dental suites and pharmacy---elements deemed necessary to compensate the corporation for upkeep to the premises. If, as expansion occurs, the corporation would desire to rent further space they could reincorporate taking in some non-practitioners as members of the new corporation, thereby realizing the greater tax break.

THE PROGRAM:

The following is a list of rooms and approximate areas needed by each which shall be provided in the medical clinic to house fourteen (14) physicians and associated occupants.

The needs are to be based on two (2) dentists,

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- two (2) general practitioners, one (1)
 ophthalmologist, one (1) optician and the
 following eight (8) medical specialists: (*)
 - 2 Pediatricians
 - 2 Obstetricians
 - 1 Surgeon
 - 1 Psychiatrist
 - 1 Internist (Neurologist Cardiologist)
 - l Internist (Otolaryngologist)
 plus a pharmacy, associated laboratories,
 work areas and related parking facilities
 for twenty-five (25) employees and sixty (60)
 patient automobiles.
 - (*) According to Dr. Roy F. Goddard, this particular ratio of specialists is a valid assumption for the population served and the character of the neighborhood which the clinic is to serve.

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(*) According to Dv. 100 I. Coddard, total constitution of matter rates as a statistic out operated as a statistic property of the second statistic and second second statistic and second second

PROGRAM -- SPACE REQUIREMENTS

Estimates for fourteen (14) Doctor Clinic*

Square footage

ADMINISTRATION:

Billing, punch carding, bookkeeping:

1 Receptionist, 1 Cashier

1 Switchboard Operator
(to act as aide to receptionist and direct patients
to proper area)

150

3 Records Clerks
office for three (3) central
to above control unit.

225

3 Bookkeepers

office for three (3) plus
necessary machines and
storage (to include records
vault)

400

(*) With qualities for expansion to a twenty (20) Doctor Clinic.

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1 Manager or Administrator

Private Office 120

Secretary's Office 100

GENERAL FACILITIES:

Patient Parking 18,000

(for 50 - 60)

General waiting area 500

Toilets (4) 320

(located for convenience)

MEDICAL SUITES:

NOTE: Doctors offices, which
double as consultation rooms,
small private waiting areas,
a rest room, and needed storage
facilities plus examining areas
comprise the basic suite:
(Small private waiting areas are
to be used as isolated waiting
areas, friends waiting areas, etc.)

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MEDICAL SUITES: (continued)

2 General Practitioners:

Private Offices	200
Examining Rooms	400
Rest Rooms	40
Waiting Area	100

2 Obstetricians:

Private Offices	200
Examining Rooms	400
Rest Rooms	40
Waiting Area	100

2 Internists:

(1 Cardiologist and

1 Otolaryngologist)

Private Offices	200
Examining Rooms	500
Rest Rooms	40
Waiting Area	100

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MEDICAL SUITES: (continued)

1 Surgeon:

(located convenient to surgery

and other medical doctors)

Private Office	100
Examining Room	100
Separate Consultation	120
Waiting Area	100

2 Pediatricians:

Waiting Area for 10-15	300
Outdoor Play Area	200
Examining Rooms	500
Private Offices	200
Rest Rooms	150

1 Psychiatrist:

Private Office	120
Waiting Area	100
Consultation Room	120
Treatment Area	200

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100

100

MEDICAL SUITES: (continued)

2 Dentists:

Private Offices	200
Examining Rooms	300
Small Laboratory	150
Waiting Area	100
Ophthalmologist:	
Private Office	120
Examining Rooms	200
Waiting Area	100
Fitting Area	100
Optician:	
Private Office	100
Laboratory	150

GENERAL MEDICAL FACILITIES:

Fitting Area

Waiting Area

Laboratory.

(EKG, BMR, related tests) 400

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Square footage

GENERAL MEDICAL FACILITIES: (cont'd)

Surgery:

Minor surgery, tonsillectomies bone setting, etc. (sparkproof outlets 5 feet above floor, near emergency entrance)

Surgery Room

(with scrub-up sink)	150
Storage Room	150
2 Recovery Rooms	150
Bloodletting & Injections	100
Recovery Room	100

X-Ray

(near or convenient to lab and surgery)

2 X-Ray Rooms	150
1 Dark Room	50
2 Dressing Alcoves	100
1 Storage Room -	
control & viewing	150

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GENERAL MEDICAL FACILITIES: (cont'd)

Pharmacy

(to be supported solely by resident physicians) 300

STAFF AND PERSONNEL FACILITIES:

1 Lounge with lockers 400
Rest Rooms 75
Kitchen
(To serve milk, coffee, etc.

to recovery rooms and to be used by personnel for light lunches)

Library

(Private medical library
close to conference room) 200
Conference Room 200

Staff Parking (parking for 25) 5,000

(Characteries) -- syntheticappus sont

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STAFF AND PERSONNEL FACILITIES (cont'd)

Utility

(Storage for linen, janitor,

mechanical and general)	800
SUB TOTAL	34,585
Waiting Areas	1,200
(plus 20% of building area for circulation)	2,560
TOTAL SQUARE FOOTAGE AREA	38.345

CONCEPT:

The Clinic in fulfilling its obligation should promote healing through an efficient, pleasing atmosphere. It should encourage visitation by the patients and help promote confidence in the participating physicians by adding to the prestige of the organization. The Clinic should encourage the free flow of patients from suite to suite, encourage exchange of diagnostic analysis and treatment ideas between participating physicians while at the same time allowing a quantity of individual identity and freedom to the specialist.

Clinical design is a relative new division of architectural design and therefore much expression seeking is being done today. I feel the Clinic should be representative of its participants and as nearly as possible integrate with its surroundings.

The most successful Clinics are a development of the problems involved within the function of the building. They answer the

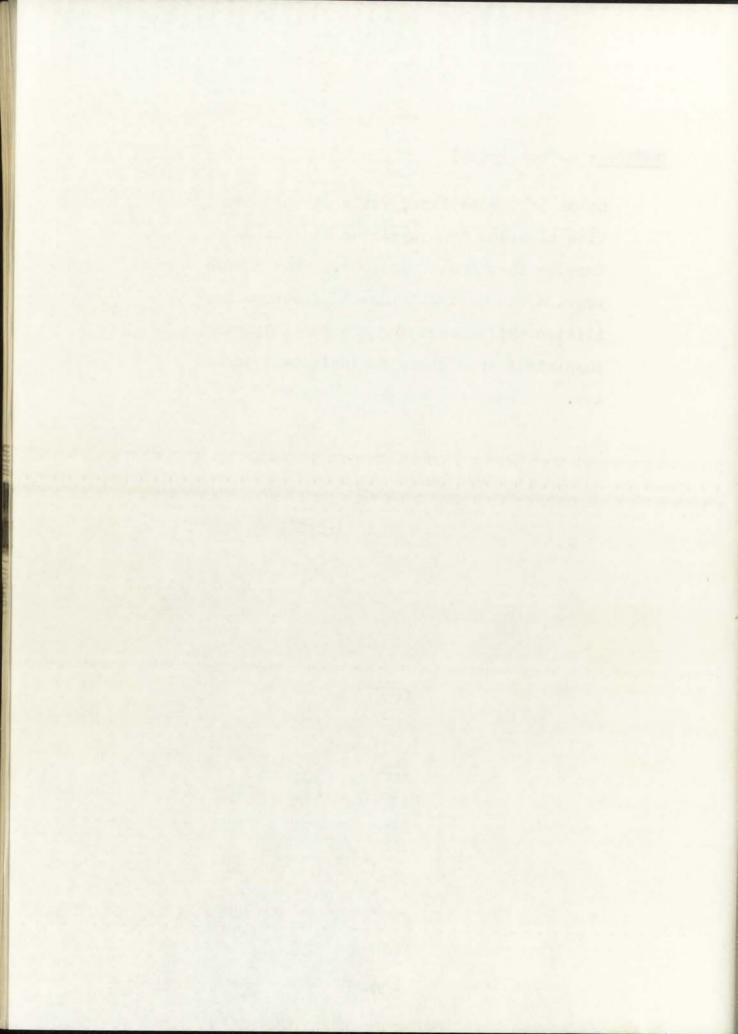
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needs of the patient, while at the same time allowing the physician his maximum freedom in a group possible. They should provide the desirable asset of shared facilities while providing the participating physicians some share of individual identity.



APPROACH:

The design of this Medical Clinic is based on a circulation pattern which will separate the staff from patient areas as much as possible until such time as the patient arrives within the confines of the physician's office in which he is visiting.

Patient waiting areas are to be divided so as to provide a more relaxed, serene atmosphere within the Clinic. Waiting areas are to be lighted as much as possible by natural light and are to be of a pleasant, pleasing nature of reasonable proportions.

A single building design is to be used in this problem due to its adaptability to a good central control system and allows for a greater number of conveniently located shared facilities. The design as a building may be adaptable to multiplication into a central medical plaza by the addition of similar structures.

Separate parking and access facilities are to be provided for staff and patients of the Clinic.

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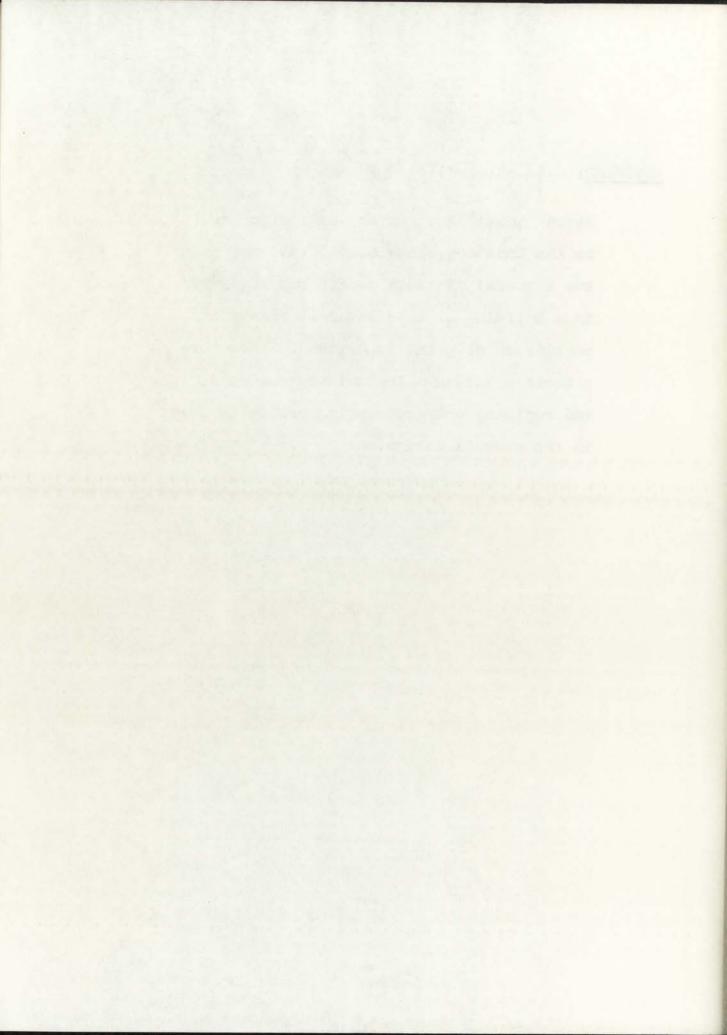
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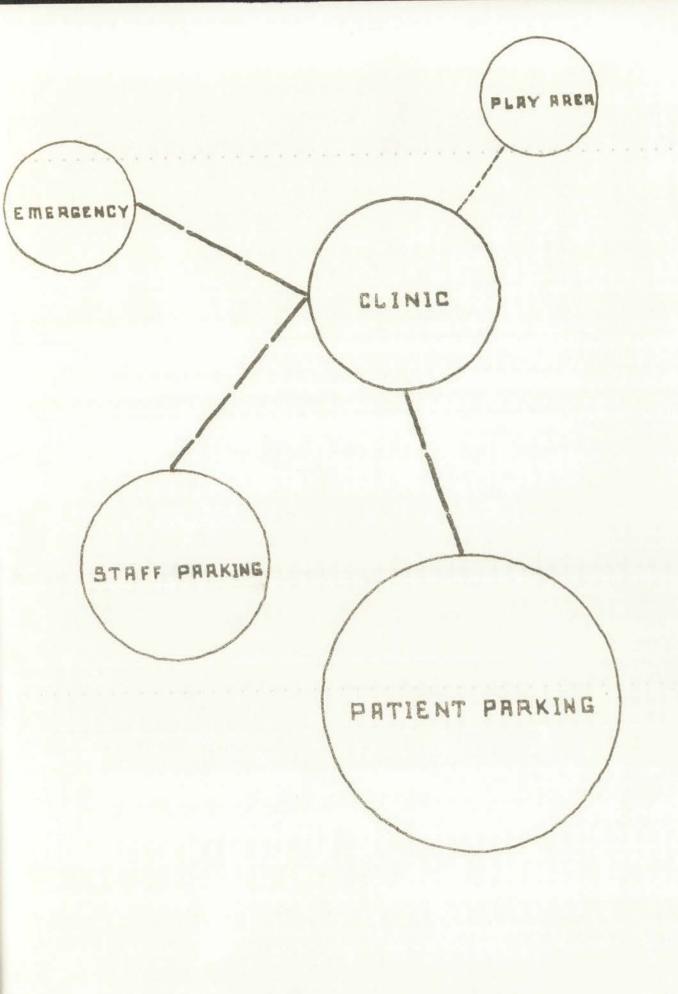
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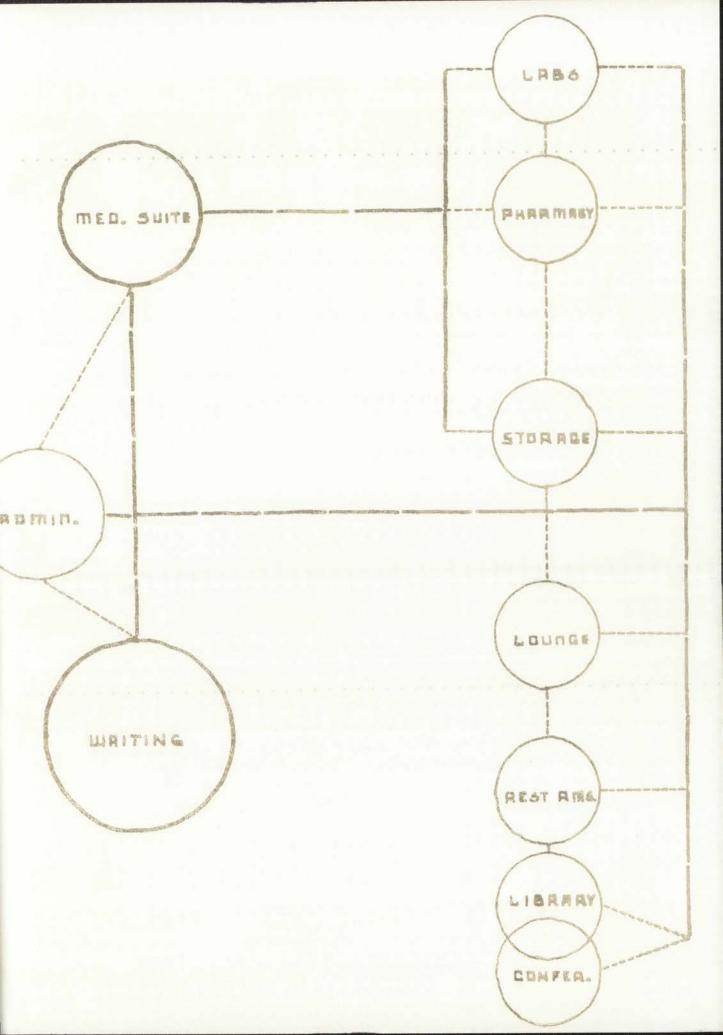
APPROACH: -- (continued)

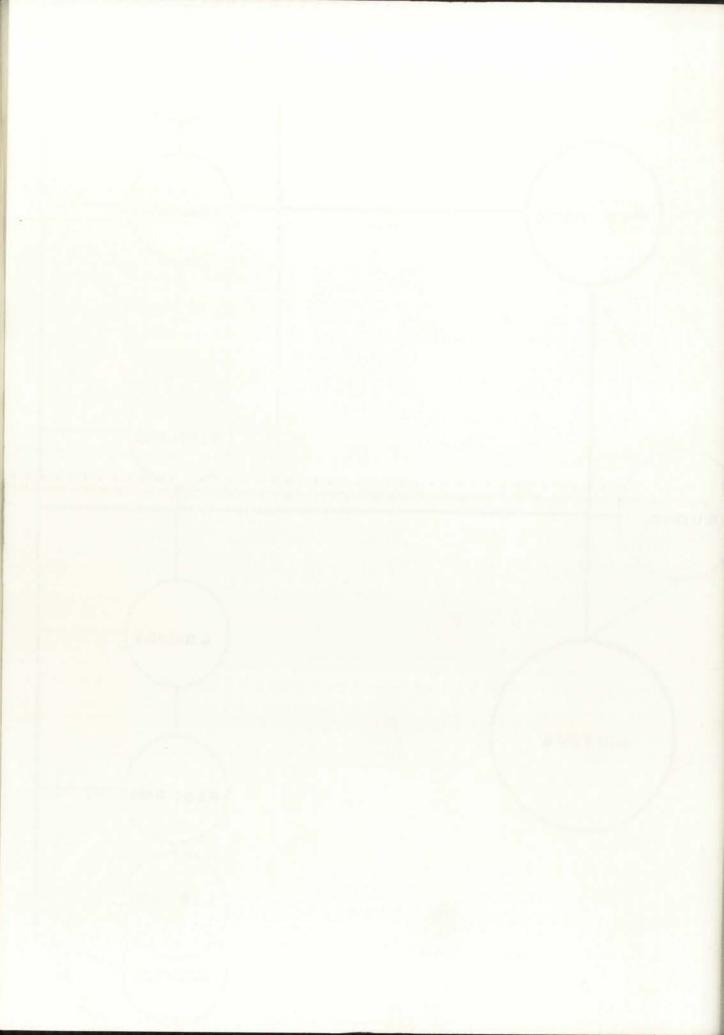
Strong considerations on the design are to be its location, site considerations, and the regional climatic conditions involved in a building of this nature. Upkeep is considered of great importance. Therefore materials having a low maintenance cost, and regional characteristics are to be used in the overall design.

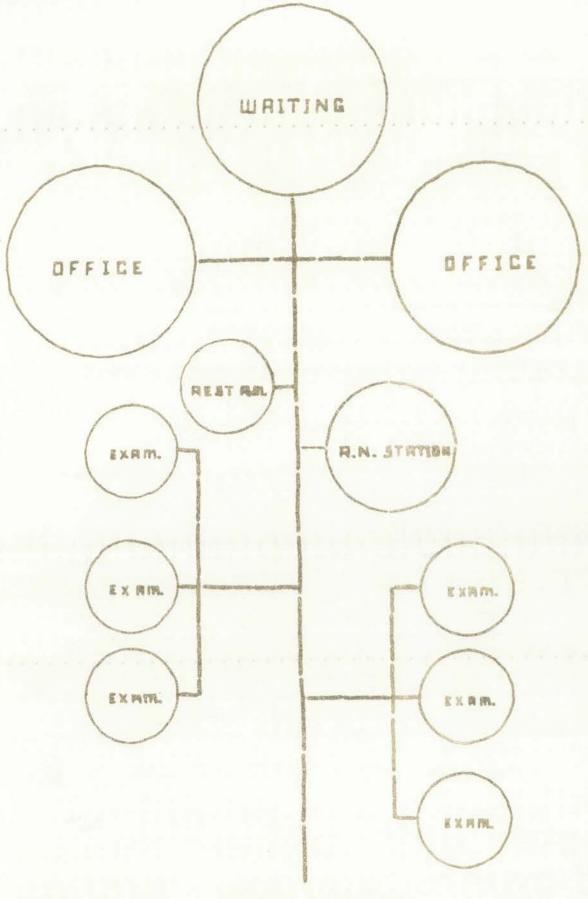






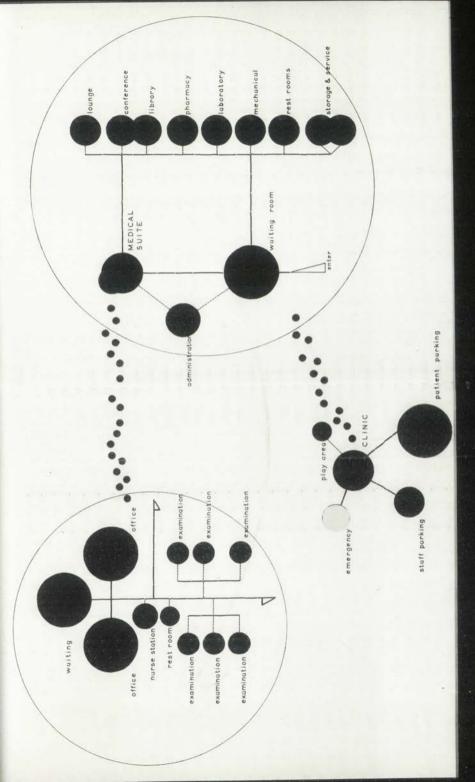






MAIN WAITING



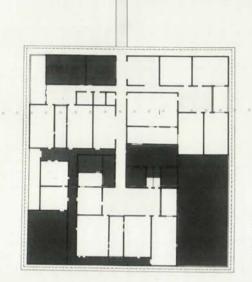


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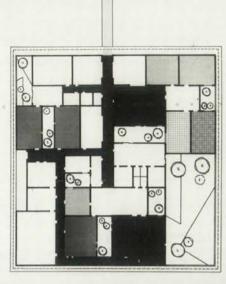
for PARADISE HILLS





LEGEND

- pediatricians Surgeon
- general practitioners obstetricians psychiatrist ophthalmologist optician dentist
- patient areas

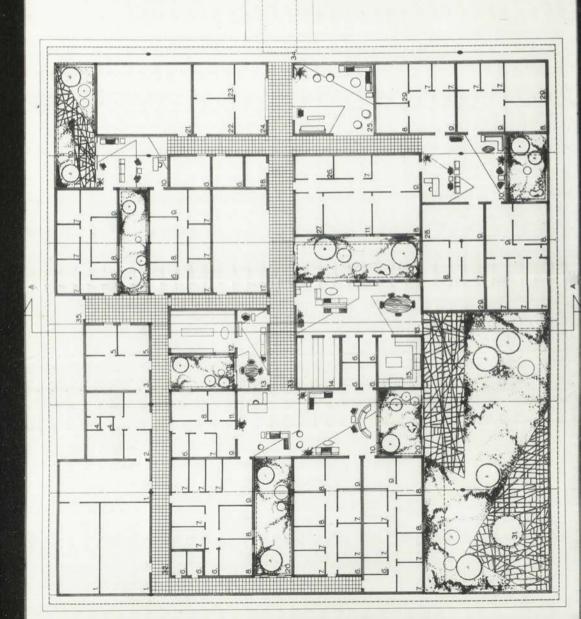


SCALE 1"- 20"-0"

SCALE 1". 20'-0"

PLAN





LEGEND

stuff - recreation court medical storage & lab mechanical equipment medical circulation patient circulation emergency entrance private waiting area main waiting room office - consultation childrens play-yang treatment room x-ray laboratory examination room. consultation room conference room business office central control general waiting enclosed court recovery room surgery room fitting area locker alcove staff lounge phurmacy greenhouse rest room ready room laboratory entrance storage manager library storage kitchen

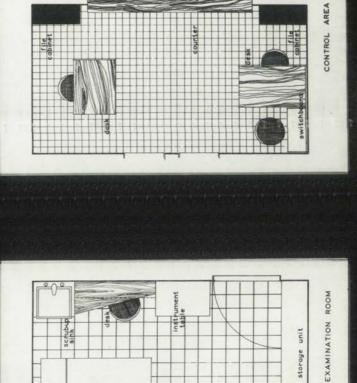






SCALE 1/8 ". 1'0"

SECTION



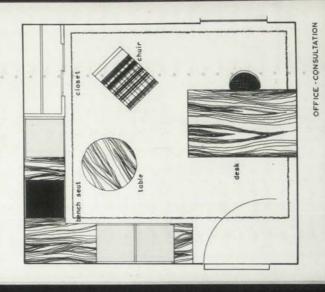
scrubup

SCALE 1/2". 1'-0"

SCALE 1". 1"-0"

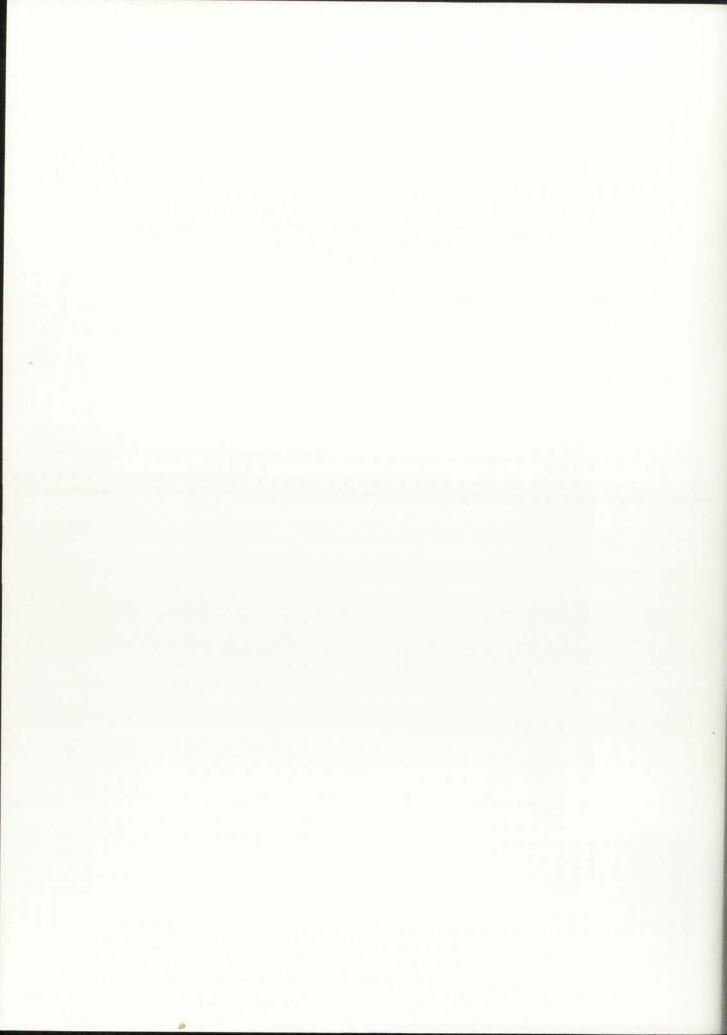
storage unit

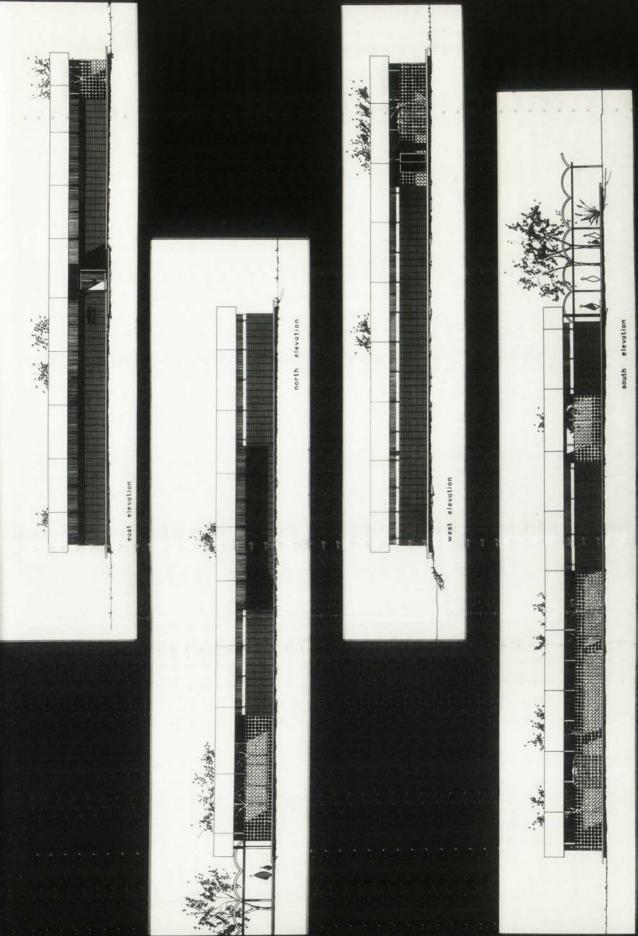
beach sitting unit



BCALE 1"- 1"-0"

PLANS AREA

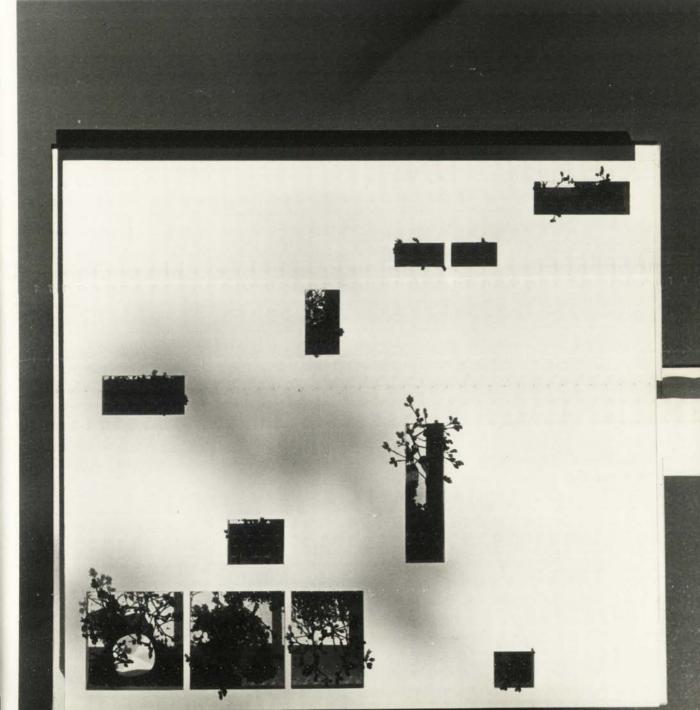








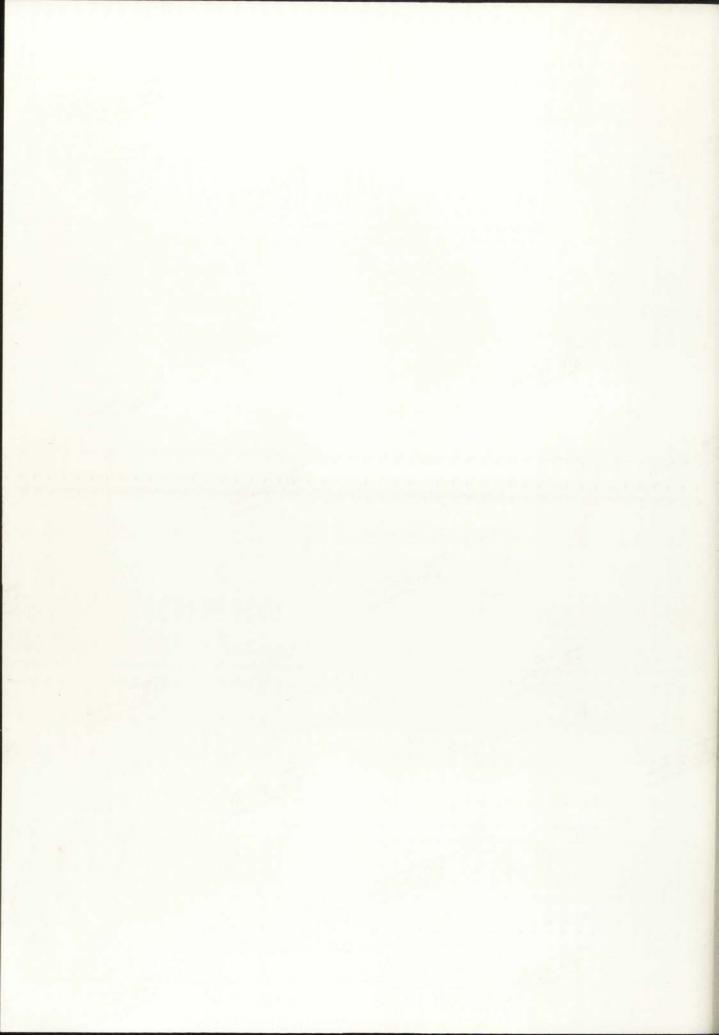


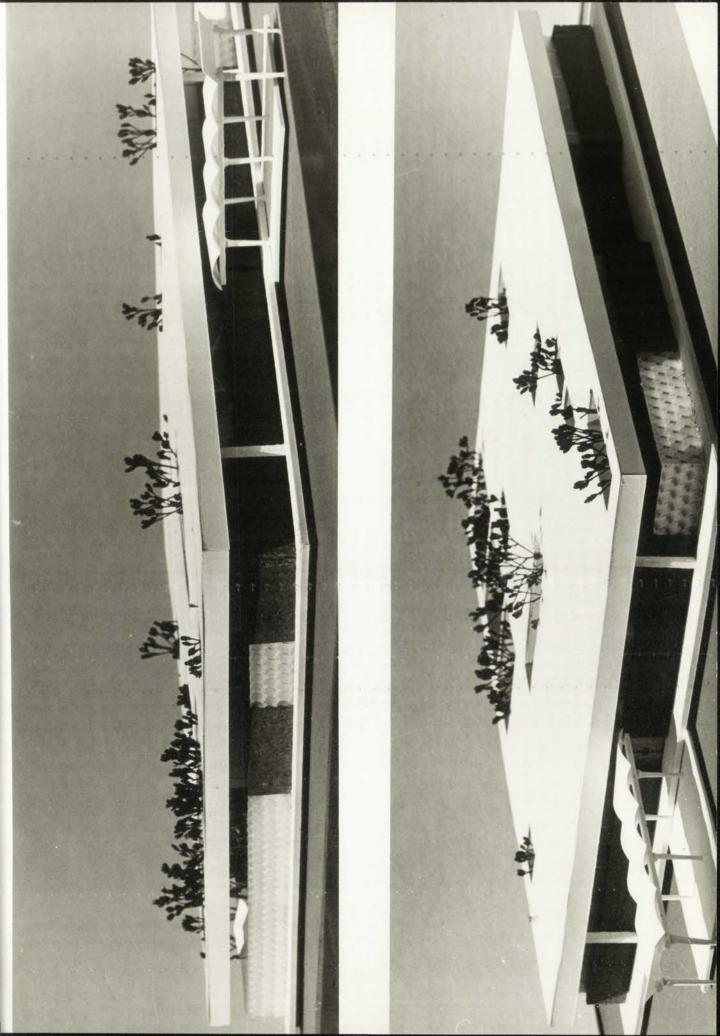


MEDICAL

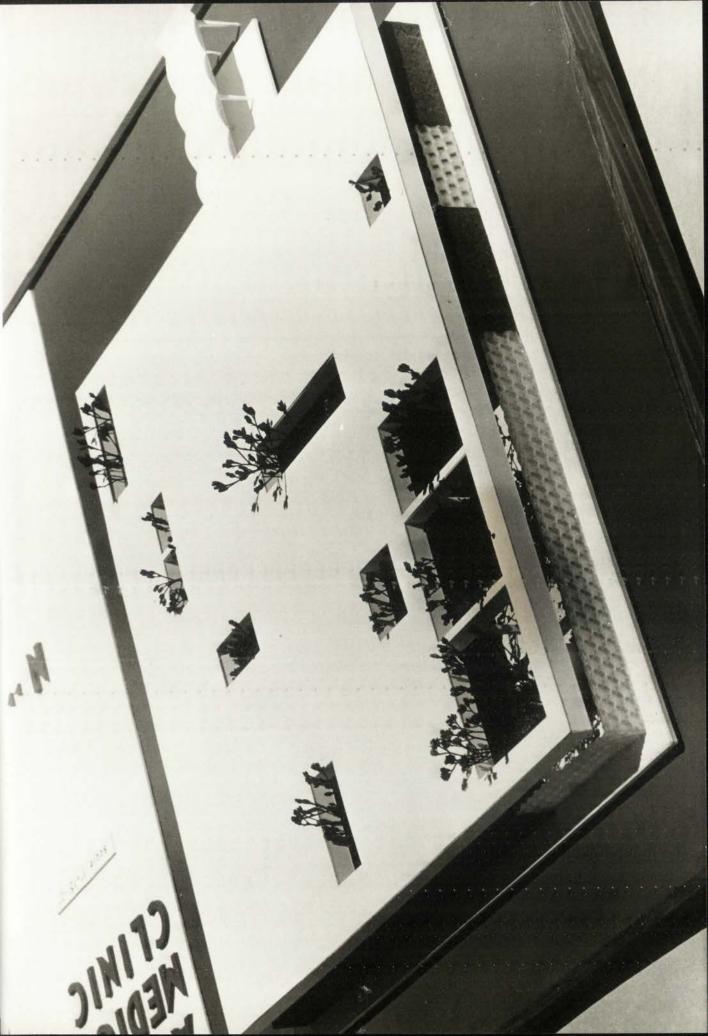
scale, 1"=15'-0"

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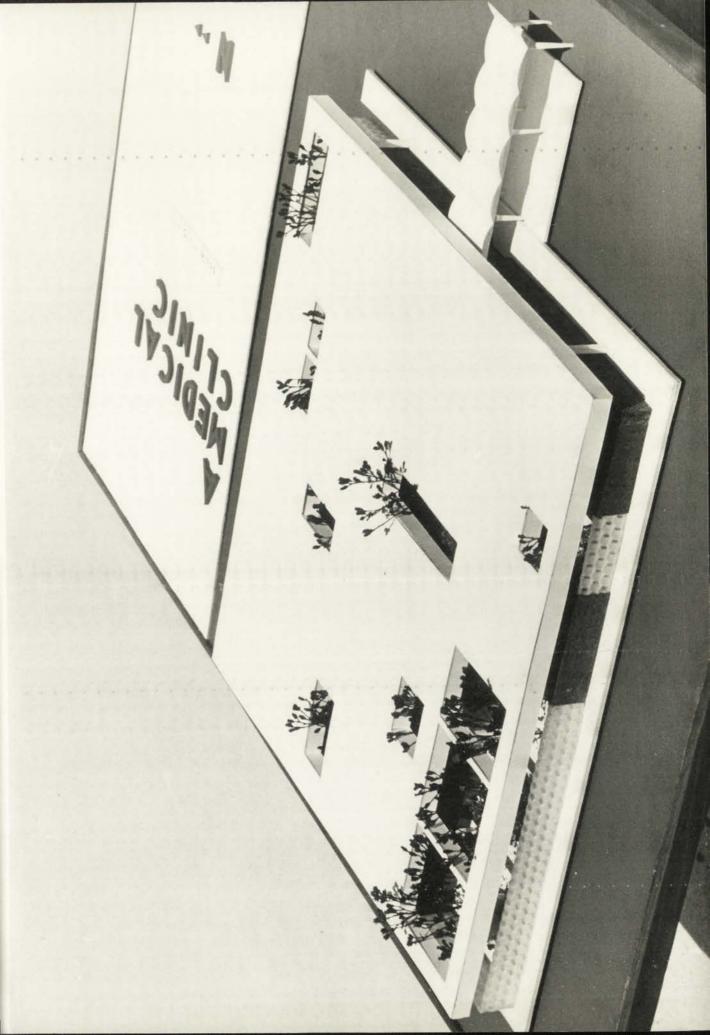


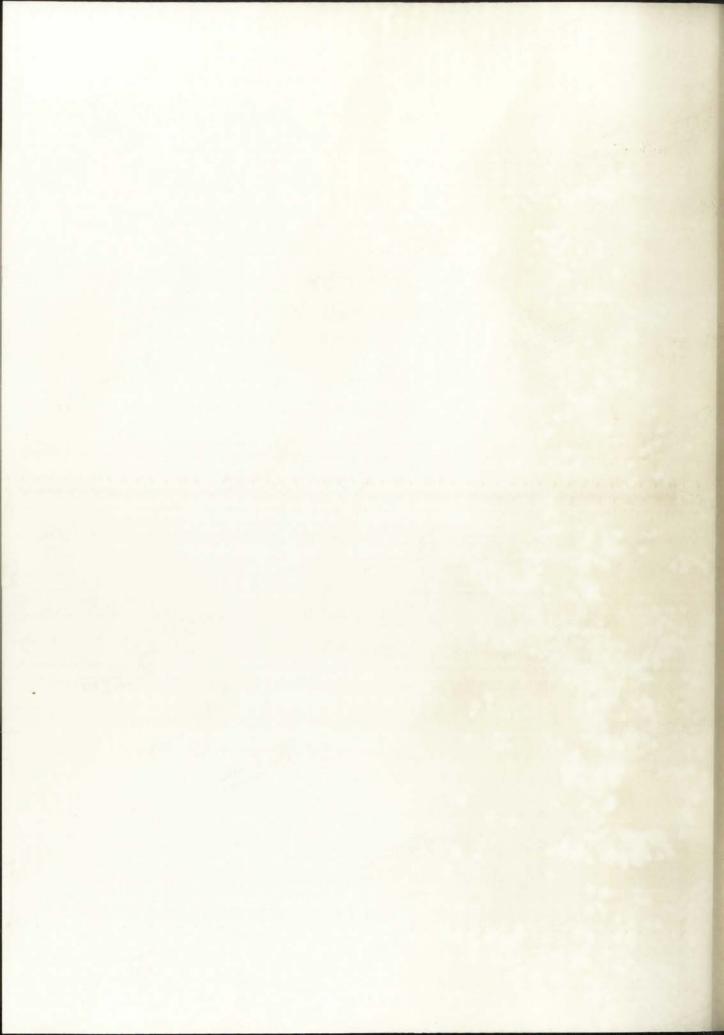












CONCLUSION:

GENERAL:

Finally, in looking at the solution to the problem, several things should be noted about the overall design. Due to the selection of the site in a developing, but as yet still underdeveloped area, it was decided to create a completely closed or interior type design. All vistas are completely controlled and consist of small interior courts affording the building small pleasant facilities and natural light in office and waiting areas.

Patient circulation is rigidly controlled at the central control and business area, patients are dispersed at this area and go to grouped waiting areas. These waiting areas were derived through a study of the physicians need for the group facilities, laboratories, surgery, etc., and the type of patients that would gather in the waiting area. Therefore, the pediatrician section was given a waiting area of their own with a play yard directly connected to it, while at the same time they were given access

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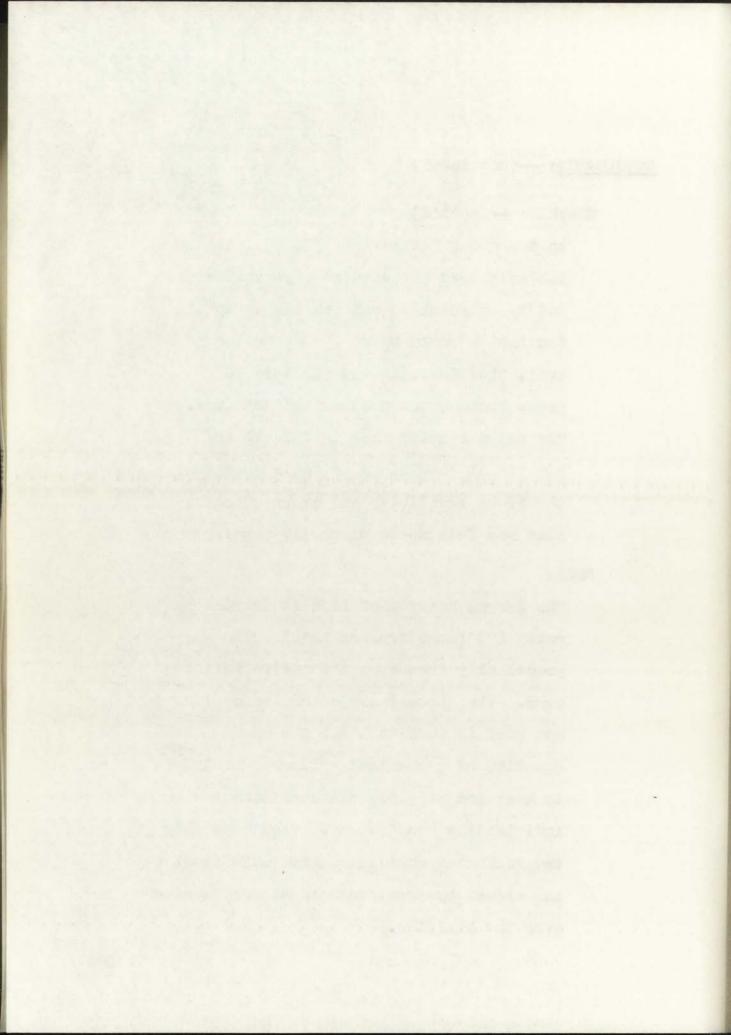
dondLusion: - (continued)

GENERAL: - (cont'd)

to the group facilities. It was felt
the only need the dentists, psychiatrist,
and eye physicians had for the group
facilities would be at the central control, therefore, it was possible to
group those about another waiting area.
The third waiting area is for all the
additional physicians as their need for
the group facilities and cross-consultation was felt to be virtually equal.

ROOF:

The large, heavy roof line is created by seven (?) large trusses required to practically free-span the entire building area. The space enclosed by the ceiling and roof is used to house the great quantity of mechanical equipment needed to heat and properly air condition the individually zoned areas. Simultaneously the roof also supplies a desirable insulating effect by providing a dual roof system over the building.



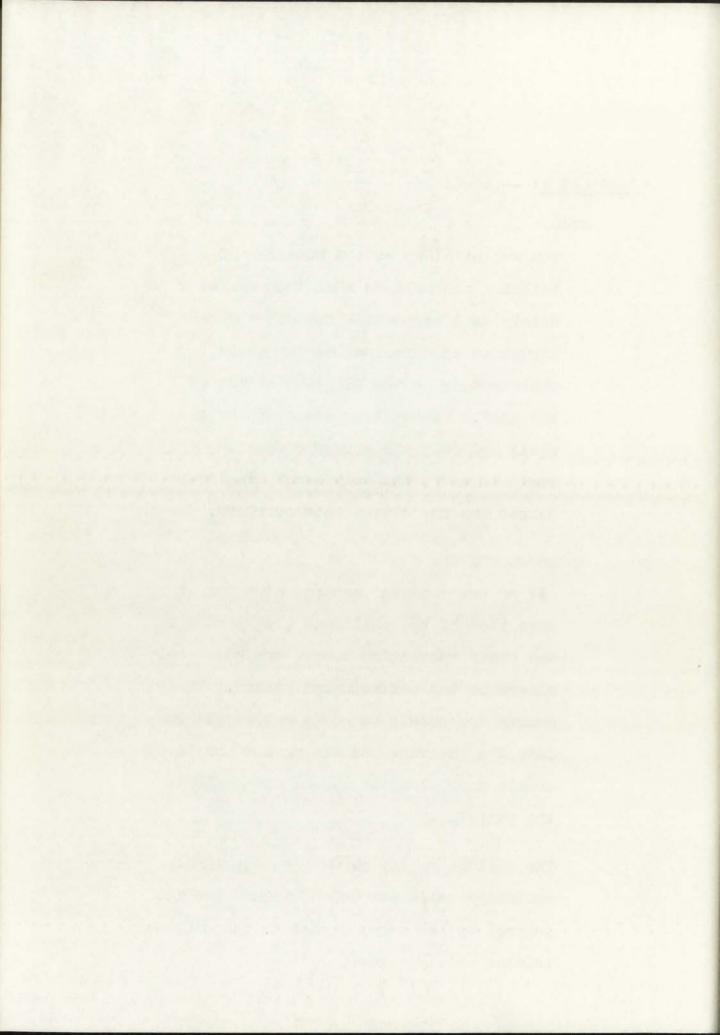
GLASS:

The use of glass on the exterior of the building was held to a minimum and used solely as a connection between the roof structure and the non-bearing walls, contributing to the floating effect of the roof. Since glass areas are kept small and only the narrow connecting strip is used, the only sunshading required was the slight roof overhang.

ENCLOSED COURTS:

All of the enclosed courts, with the exception of the childrens play yard and the staff recreation court, are completely closed to the patients and public. These courts are solely to admit natural light into the interior building areas and to create some pleasant visual areas within the building.

The childrens play yard is so located to encourage childrens use of it and provide control by the receptionist in the pediatrician waiting area.



ENCLOSED COURTS: -- (cont'd)

The staff recreation area is provided solely for the use of the staff and is therefore directly connected to the staff lounge and separated from the central building. A greenhouse is provided in this area, to be used to provide plantings for the other courts and clinic area. The roof structure, trusses, continue over this area, and may be used at some later period to expand the clinic facilities, with a relative small additional cost.

All courts are provided with service entrances for upkeep and landscape purposes.

MASONRY SCREEN:

Masonry screening is incorporated into the building, not as a sun shading cliche, but merely to provide privacy and reduce upkeep with the court areas.

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The start one or the mast and is solely for the cos of the staff and is therefore directly connected to the staff lines and septimized from the central lounge and septimized from the central outliding. A greenhouse is provided in this area, to be used to provide clinical and clinical to provide clinical start of the city of course and clinical and clinical and any be used at the city of course, and may be used at the clinical course that a restative could and the clinical course.

All courts are provided with nervice cutrement for upleson and landscape purposes.

Theorem acrossing is incomporated into the building, not as a sun shading clicke, but marely to provide privacy and reduce upleace with the doubt areas.

MASONRY SCREEN: -- (cont'd)

The screening acts essentially as fencing, but was deemed more desirable due to its resistance to natural elements.

RAISED PLATFORM:

The entire building was raised and placed on a platform with a cantilevered concrete base for several reasons.

First, the base is used as a breaker between the landscape and the building. It will keep a quantity of debris away from the building proper, and cuts down cluttering of the screened facade.

In addition, the cantilever will cut down the encroachment of New Mexico reptiles into courts and the clinic proper.

CIRCULATION:

Circulation throughout the entire building is accomplished by means of two hallways. One primarily for patient circula-

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CIRCULATION: -- (cont'd)

providing a building axis; and a second primarily for medical staff and control, with access to group facilities. The dual circulation system is tied together by means of a small hall, which also acts as a service corridor to the pharmacy.

STRUCTURE DIVISIONS:

The clinic proper is divided into medical suites, containing an individual or two physicians of like practice, by main masonry walls which act as sound barriers and are stationary, non-bearing divisions. These main divisions are then divided by flexable metal partitions which may vary to suit the individual needs of the participating physicians. Therefore, a physician coming into the clinic may vary the space to suit his particular practice.

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DESIGN:

The overall design was based on the dual circulation pattern involved in the building -- to separate staff from patient while permitting maximum control through the central business and control area.

The building was designed to suit its environment and climatic conditions without regard to regional eclecticism in design. Any possible regional quality the building might assume is derived completely from its materials and the answers to these afore-mentioned conditions.

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