

10-16-2014

## Physical activity in the rural Southwest: self-identified barriers and facilitators to walking.

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### Recommended Citation

Stowe, H McMurry; S Davis; and T Cruz. "Physical activity in the rural Southwest: self-identified barriers and facilitators to walking." (2014). <https://digitalrepository.unm.edu/prc-posters-presentations/52>

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Physical activity in the rural Southwest: self-identified barriers and facilitators to walking.

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Presented at: Society for Advancement of Hispanics/Chicanos and Native Americans in Science; October 16-18, 2014; Los Angeles, CA.