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### 20230301\_Bullet Journaling and Habit Tracking 101. Free Supplies and Snacks

Kelleen Maluski

*University of New Mexico, Health Sciences Library and Informatics*

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# HSLIC News - LibGuides at University of New Mexico

## Bullet Journaling and Habit Tracking 101! Free Supplies and Snacks

by Kelleen Maluski on March 1st, 2023 | [0 Comments](#)

Come learn about how bullet journaling and habit tracking can work for you, get creative, and have some snacks! In this session we will cover what bullet journaling and habit tracking are, how to start thinking of ways you can use them to accomplish your goals, and concrete possibilities of how to start or continue your own tracking. There will be time for you to begin mapping your own goals to techniques and to ask questions specific to your needs. ***Snacks and supplies will be provided (including notebooks for the first 24 attendees) but quantities will be limited so please RSVP*** to help us better understand what's needed.

**When: Wednesday, March 8th from 12-1pm**

**Where: 428 in the Health Sciences Library**

[Register now](#)

## BULLET JOURNALING & HABIT TRACKING 101



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provided (including notebooks for the first 24 attendees) but quantities will be limited so please RSVP to help us better understand what's needed.



**MARCH 8, 2023 | 12-1 PM**  
**HEALTH SCIENCES LIBRARY, 428**

Feel free to bring your own supplies as well if you like!

RSVP at: [goto.unm.edu/hslicevents](https://goto.unm.edu/hslicevents)



HEALTH SCIENCES LIBRARY  
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