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Family Secrets

Antoinette M. Sedillo Lopez
University of New Mexico - School of Law

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Family Secrets

Remember our old stories
our comfort, our love
unknown this pain
that slices our conversation
into jagged
splinters
avoiding anything that might hurt
slivers of pain
laced between the
unsaid...
the silences
filled
with lies.

(We are trapped
in a room
full of shelves
containing shadows
of our former selves.)

To wear an old self
slip it on
like a comfortable old sweater
but it doesn't fit
I stretch it to pull it
over the raw hurt
but it resists
my tugging and refuses to
cover up my naked
ache...
the body
clothed
with lies.

by Antoinette Sedillo Lopez