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MedlinePlus Patient Information PSA 60 sec

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60-second version

This is Dr. Dale Alverson, professor emeritus at the University of New Mexico School of Medicine.

As often occurs with friends and family, one of my older relatives called me with concerns about her recent diagnosis of atrial fibrillation causing an irregular heartbeat.

During her doctor visit, she was nervous and couldn’t recall all the information presented to her about this medical problem.

Together we went to the National Library of Medicine Web site, MedlinePlus.gov, and did a search for atrial fibrillation.

There we found reliable information, put in easily understandable terms, which helped her understand the problem and the importance of taking a medication to prevent a stroke, a known risk with this condition.

This was useful information that decreased her worries and explained the importance of her prescribed treatment.

Medlineplus empowered her with knowledge about her own health.

Good health information is just a click away at www.m-e-d-l-i-n-e-p-l-u-s.gov - brought to you by the National Library of Medicine and New Mexico’s health sciences library at UNM.