Facilitating a Resident-Run Journal Club: Fostering Autonomy within a Time-Honored Tradition

Taylor Goot
Charles Pizanis
Eileen Barrett

Follow this and additional works at: https://digitalrepository.unm.edu/hsc_ed_day

Recommended Citation

This Poster is brought to you for free and open access by the Health Sciences Center Events at UNM Digital Repository. It has been accepted for inclusion in HSC Education Day by an authorized administrator of UNM Digital Repository. For more information, please contact disc@unm.edu.
**Background**

Journal club is a time-honored tradition in medicine, and participation can increase knowledge and critical appraisal skills in trainees. Given the rapid pace at which medical knowledge changes, journal club can also help physicians keep abreast of current innovations. Best practices have been proposed for journal club, although UNM medical educators report variable attendance and engagement at journal club, and UNM trainees report varying relevance of journal club. Additionally, semi-structured peer interactions can decrease professional isolation and burnout.

**Innovation**

In 2016, the Division of Hospital Medicine, Department of Internal Medicine started a Hospitalist Training Track that included requirements for clinical rotations, participation in a quality improvement project, didactics participation, and for peer education. To date, 25 residents have enrolled. One peer education opportunity offered was a hospital medicine-focused journal club. Residents are provided with a guide for how to present at journal club and are provided a curated list of practice-changing articles that are relevant, timely, and have sound methods. Residents choose which article and the date they would like to present. Journal club is held after usual hours (in the evening), in a community setting where there are refreshments available.

**Findings**

To date, 12 articles have been presented by 10 residents at three journal clubs, and attendance has ranged from 7-10 residents per session. Journal club has been one of our most popular educational offerings, receiving high evaluations from residents who have also asked to have more sessions per year. In the 2018-2019 academic year, these will be held quarterly.

**Future Directions**

Journal club can be meaningful as an educational tool, to provide experience presenting to peers, and as a tool for semi-structured interactions fostering increased connection with and between peers and faculty. In addition to previously proposed best practices, granting residents autonomy in selecting articles for presentation from a curated list of practice-changing articles can increase their buy-in while ensuring relevance. Adapting journal club based on evaluations is critical to its success.

**Resources for Educators**

The Division of Hospital Medicine’s Hospitalist Training Track website: https://medicine.unm.edu/education/im-residency/residency-tracks.html

Compendium of practice-changing hospital medicine articles: http://unmhospitalist.pbworks.com/w/page/101528353/Cor e%20Articles%20for%20Hospitalist%20Training%20Track

How to present journal club in less than ten minutes: https://ebm.bmj.com/content/12/3/66.2

Contacts:
Eileen Barrett  ebarrett@salud
Taylor Goot  tgoot@salud
Charles Pizanis  cpizanis@salud

**References**


Densen, D. Challenges and Opportunities Facing Medical Education. Trans Am Clin Climatol Assoc. 2011; 122: 48–58.
