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## **Eat Smart Play Hard Have Fun 2019 United Spanish**

Glenda Canaca

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# Come inteligente para jugar duro. Come frutas y verduras en las comidas y meriendas.

## Eat Smart



## Play Hard



USDA es un proveedor y empleador que ofrece oportunidad igual para todos. Este material se desarrolló con fondos proporcionados por el Supplemental Nutrition Assistance Program (SNAP en inglés) del Departamento de Agricultura de los EE.UU. (USDA siglas en inglés).



Supplemental  
Nutrition  
Assistance  
Program