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### 20230605\_Resources for Alzheimer's & Brain Awareness Month

Lisa M. Acuff

*University of New Mexico, Health Sciences Library and Informatics Center*

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# HSLIC News - LibGuides at University of New Mexico

## Resources for Alzheimer's & Brain Awareness Month

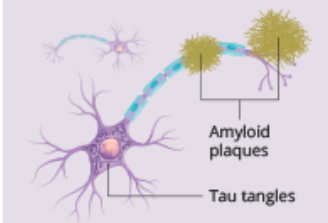
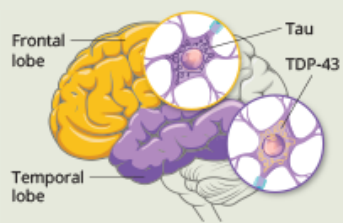

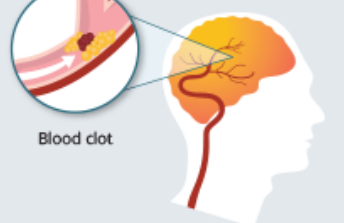
by Lisa Acuff on June 5th, 2023 in [Neurosciences](#) | [0 Comments](#)

**June is [Alzheimer's & Brain Awareness Month!](#)**

### What is Alzheimer's disease?

[Alzheimer's disease](#) (AD) is the most common form of dementia. It is a progressive disease involving thought, memory, and language. AD begins with mild memory loss, and it can affect the activities of daily living. [Healthy People 2030](#) provides a brief overview of dementias, including AD. The goal is to improve the care and quality of life for people living with these conditions.

### TYPES OF DEMENTIA

Alzheimer's Disease	Frontotemporal Dementia	Lewy Body Dementia	Vascular Dementia
What Is Happening in the Brain?*			
<p>Abnormal deposits of proteins form amyloid plaques and tau tangles throughout the brain.</p>  <p>Amyloid plaques Tau tangles</p>	<p>Abnormal amounts or forms of tau and TDP-43 proteins accumulate inside neurons in the frontal and temporal lobes.</p>  <p>Frontal lobe Temporal lobe Tau TDP-43</p>	<p>Abnormal deposits of the alpha-synuclein protein, called "Lewy bodies," affect the brain's chemical messengers.</p>  <p>Lewy body</p>	<p>Conditions, such as blood clots, disrupt blood flow in the brain.</p>  <p>Blood clot</p>

\*These changes are just one piece of a complex puzzle that scientists are studying to understand the underlying causes of these forms of dementia and others.

### What is the prevalence and outlook?

In 2020, as many as 5.8 million Americans were living with AD.

This is projected to triple to 14 million by 2060.

Source: <https://www.cdc.gov/aging/aginginfo/alzheimers.htm>

### AD in New Mexico:

AD is a growing public health concern in New Mexico.

In 2017, it was the 8th leading cause of death in the state.

Source: <https://www.cdc.gov/nchs/pressroom/states/newmexico/newmexico.htm>

#### **HSLIC Resources:**

Alzheimer Disease and Associated Disorders is a journal focused on these conditions. This journal is indexed in PubMed, and HSLIC has [electronic access](#).

Harrison's Principles of Internal Medicine includes a [chapter on AD](#). Harrison's is available through [AccessMedicine](#).

Search databases like PubMed or Embase for more information. Use the index term Alzheimer Disease, or try these variations as keywords: Alzheimer Dementia, Alzheimer Type Dementia (ATD), Alzheimer Fibrillary Change, Alzheimer Fibrillary Lesion, Alzheimer Sclerosis, Alzheimer Syndrome, or Late Onset Alzheimer Disease. You may [use this worksheet](#) to guide your search.

Thank you for joining HSLIC in recognizing Alzheimer's & Brain Awareness Month!

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Add a Comment

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