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Edgewood

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Recommended Citation

University of New Mexico Prevention Research Center. "Edgewood." (2018).
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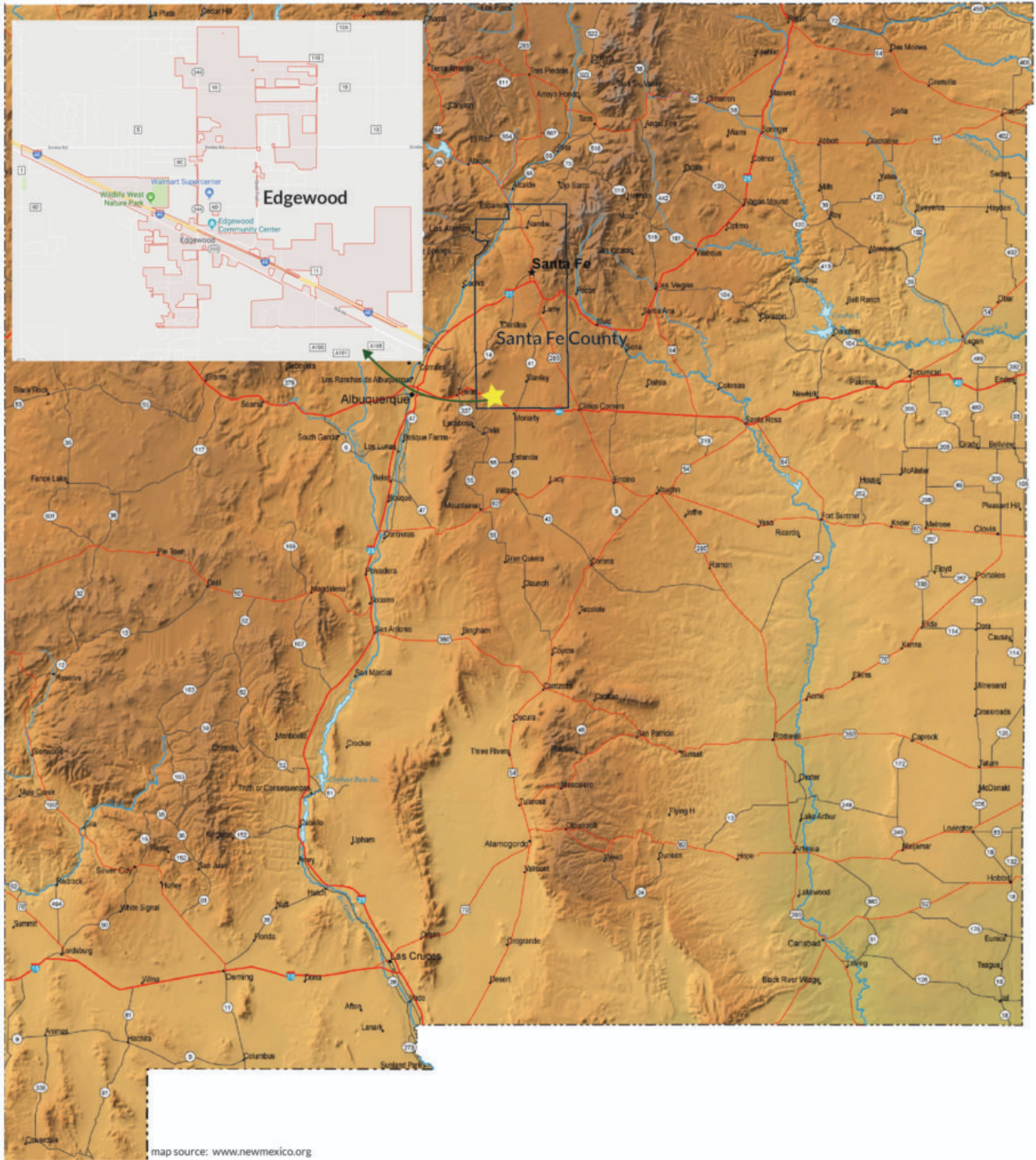


Edgewood

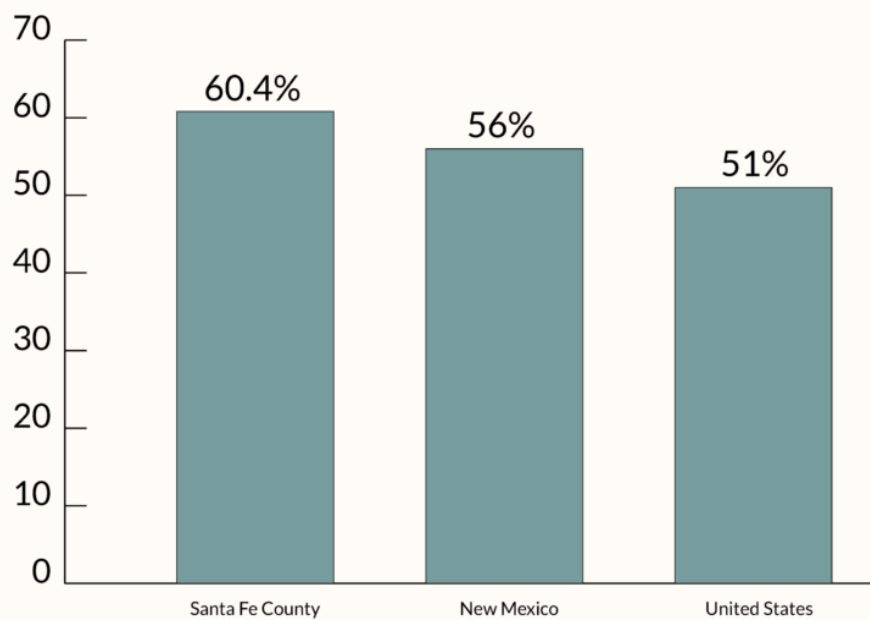
Current VIVA Connects Action Community

The Town of Edgewood continues its partnership with the National Parks Service, Rivers, Trails and Conservation Assistance Program (RTCA) in creating our Trails and Open Space Master Plan and Conceptual Drawings. We are also applying for a NMDOT TAP Grant for design and construction of two trails to connect the center of town to residences and open spaces. This will help facilitate use of these recreational opportunities. We are working on a Prescription Trails component to our Master Plan. Recently, a UNM Medical Student has been conducting walks around the neighborhood in conjunction with First Choice Medical Facility. We have a Prescription Trails subcommittee as part of the RTCA Program.

For more information, visit the town's [website](#).



Adults Meeting the CDC's Physical Activity Recommendations



Data Source: Behavioral Risk Factor Surveillance System Survey Data via IBIS, 2011, 2013, 2015

The [2008 Physical Activity Guidelines for Americans](#) recommends adults get at least 2 hours and 30 minutes (150 minutes) of moderate-intensity aerobic activity each week. This graph shows the percentage of adults who meet this recommendation in Santa Fe

County (including Edgewood) as compared to New Mexico and the United States in the years 2011, 2013, and 2015.

For more information on health stats in Santa Fe County, check out the [County Health Rankings and Roadmaps](#).

Last updated: Dec. 10, 2018