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**Neuro Life Online®**

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Neuro Life Online® puts you in real-time touch with people like yourself, healthcare experts, and supportive networks. The program is interactive and can be accessed from wherever you are. Neuro Life Online® features a diverse array of interactive programming such as:

Lunch with Docs®
A live and interactive discussion and Q&A session with a movement disorder neurologist.

Therapy Break™
Each session includes a brief talk by a speech, occupational or physical therapist.

wHolistic!™
Interactive sessions led by movement disorder physicians who have expertise in various aspects of Integrative Medicine.

In Sync!® Online
Learn facilitation and leadership skills to run your own support group.

Socially connected people live nearly 20% longer lives than those who are isolated.

Research and Best Practices Basis of Program


PMD Alliance. (2016). Neuro Life Online. A live and interactive discussion and Q&A session with a movement disorder neurologist.

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PMD Alliance. (2016). Neuro Life Online. Socially connected people live nearly 20% longer lives than those who are isolated.


PMD Alliance. (2016). Parkinson & Movement Disorder Alliance. Movement Disorder Care and Support Ecosystem®

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