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### Fitness Equipment Installments in Tularosa

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## Fitness Equipment Installments in Tularosa

October 3, 2017

A years' work of planning and partnership culminated in a fitness equipment site build at both Vigil Park and Higuera Park in Tularosa NM, Otero County this week. This is due to a collaboration between *Keep Tularosa Beautiful*, *Eco-Servants*, and *Tulie Trails Planning Group*. Maureen Schmittle, Otero Health Promotion Specialist, helped establish the *Tulie Trails Planning Group* in June of 2016, with the support of UNM-Prevention Research Center VIVA Communities program, and Otero Healthy Eating Active Living committee. *Tulie Trails* continues to work on its goals of establishing walking paths in Tularosa and hosting community walks, as well as encouraging mitigation for safer pedestrian access throughout this lovely, rural village. On Thursday and Friday, September 28 & 29<sup>th</sup>, Maureen worked with Otero County Commissioner Susan Flores, and Eco-Servants (a non-profit trail building program staffed by Americorps workers) to install 8 fitness equipment stations at two local parks approximately one half mile apart, which will be linked by a designated walking path and trailhead signs. Additional assistance was provided by local contractor Lancon; Village of Tularosa and Otero County employees; and an NMSU intern. The equipment was purchased by a grant from Keep America Beautiful. Tularosa Rotary provided lunch for the work crew. This fitness equipment is ready to use, A grand opening will be planned for November when final signs are installed, and will be accompanied by a community walk event.

