New Mexico’s death rates from substance use disorders (SUD) have consistently ranked above the national average\(^1\). The state of New Mexico has numerous organizations that help individuals living with SUD. University of New Mexico Hospital (UNMH) social workers had previously compiled a list of these resources; however, it was neither updated nor used often\(^2\).

In this quality improvement project, we aim to improve the quality, awareness, and distribution of this list in UNMH internal medicine (IM) inpatient units.

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**Background**

New Mexico has numerous organizations that help individuals living with SUD. University of New Mexico Hospital (UNMH) social workers had previously compiled a list of these resources; however, it was neither updated nor used often\(^2\).

**Methods**

1. Preexisting SUD resource document was used to create a concise list with format changes.
2. A qualitative survey was used to assess best features of the two lists.
3. Changes were implemented to list to reflect this feedback.

Surveys administered biweekly via REDCap assessed attitudes on importance of SUD resource list, knowledge of existence of list and accessibility to list.

- **Period of Surveying for Before Data**
  - 4/11/19-4/23/19
- **Period of Surveying for After Data**
  - 5/13/19-5/23/19

<table>
<thead>
<tr>
<th>Awareness</th>
<th>Accessibility</th>
<th>Perceived Importance of SUD Resources</th>
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<tbody>
<tr>
<td>37</td>
<td>37</td>
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**Next steps:**

- Continue to spread awareness through biweekly education sessions with IM and additional UNMH departments
- Perform retrospective chart reviews to determine frequency of list use and list accessibility
- Design a method to determine if patients visit these resources

**Limitations:**

- Maintenance of resource list updating and continued education
- Feedback from patients for resource list satisfaction

**Take Home Points**

- Electronic SUD resource list now available on the UNMH EMR system in English and Spanish
- List can be added to a patient’s discharge paperwork by any member of their care team
- Social workers at UNMH will update the list biannually
- Project increased awareness of the substance use resource list and knowledge of how to access the list
- Plan to expand education sessions to different departments and target wider variety of providers

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